



Mediumship Matters Podcast Transcripts

Season 3 Episode 62 - Does Intention Interfere With A Reading?

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? Today's episode features a brilliant question from Kim that explores psychometry, spirit signs, and how our intentions affect readings. If you've ever wondered why a reading might not align with your expectations, this one's for you!

Kim's Question – When a Reading Conflicts with Your Intuition

Kim writes:

“Hi, Hannah, I was recently chosen for a free psychometry reading. I sent in a photo of an object and asked my question. At the time, I strongly favoured Solution Number One and was hoping to be told it was the right decision. However, in the month I waited for the reading, I did more research, spoke with friends, and realised Solution One was risky, so I settled on Solution Number Two.

When my reading arrived, the reader said her guide strongly advised me to pursue Solution Number One. But since I had already moved on, I'm now completely conflicted. On the same day the reading arrived, I received multiple spirit signs, which makes me wonder if spirit was emphasising this message. My question is—could my original focus on Solution Number One have influenced the reading? Or was this truly a spirit message telling me to go back to my original plan? This decision is crucial for my future, and I really need to get it right.”

Was This a Psychic or Spirit Reading?

This is a fantastic question, and it all comes down to which frequency the reader was tuning into.

◆ Psychometry is psychic, not mediumistic. When a reader works with an object's energy, they are tapping into your energy field, not necessarily spirit. ◆ If a reader doesn't differentiate between psychic and spirit work, they may believe all their insights come from spirit when, in fact, they are reading your energy at the time of your question. ◆ This means the reader could have picked up on your strong attachment to Solution One at the time you submitted your request—not necessarily a spirit-guided answer.

💡 “If they were reading your energy at the time, they weren't communicating with spirit, but with your past thought process.”

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Why Did You Receive Spirit Signs When the Reading Arrived?

Kim also mentioned she received multiple spirit signs when the reading came in—so was this spirit confirming the message?

◆ Not necessarily! Spirit signs often come when they want to grab our attention, not always as a confirmation. ◆ Spirit might have been saying, “Look at this deeply, but trust yourself.” ◆ Instead of seeing signs as a strict yes/no answer, consider them a reminder to tune into your intuition.

💡 “Spirit guides through feeling—if something doesn’t feel right, don’t ignore that.”

How Our Intentions Affect Readings

Intentions are powerful, and we often underestimate how much they shape the outcome of a reading.

◆ Your strong focus on Solution One may have imprinted into your energy, influencing the reading. ◆ This happens with tools like pendulums—if you subconsciously expect an answer, the pendulum may move in that direction. ◆ This is why detachment is crucial when seeking guidance—we can accidentally push energy in a certain direction.

💡 “Sometimes, the best way to get the right answer is to step back and stop forcing it.”

The Law of Attraction & Energetic Resistance

◆ The more we push, the more resistance we create. ◆ If we fixate on a specific outcome, we may block ourselves from seeing other opportunities. ◆ The best approach? Trust the next step instead of forcing the entire path.

💡 “Manifestation isn’t about obsessing—it’s about trusting the process.”

The Nature of Readings—Nothing is Set in Stone

Readings offer insights based on your current energy—they do not dictate an unchangeable future.

◆ If your aura reading shows an energy shift, it means something is coming in, but it’s still your choice whether to embrace it. ◆ When doing photo readings, the energy of that exact moment is imprinted—not necessarily the person’s lifelong energy. ◆ Spirit guides may say, “This energy is available to you,” but you still have free will to decide how to act on it.

💡 “A reading is a snapshot in time, not a binding contract.”

Kim’s Best Approach—One Step at a Time

So, what should Kim do next?

✅ Follow Solution Two, but don’t rush it. Take it one step at a time and reassess as you go. ✅

Trust how you feel. If spirit is guiding you, you will feel it in your gut. ✅ Let the energy unfold. The right path will reveal itself if you allow space for it. ✅ Stop overthinking. Sometimes, clarity comes when we stop searching for it.

💡 “Spirit will always guide you—but they also trust you to make the right choice.”

Final Thoughts—Trust & Surrender

Kim, this was an amazing question, and I hope this helps!

💡 Key takeaways: ✅ Psychometry is psychic, not spirit-based, so the reading likely reflected your energy at the time. ✅ Spirit signs mean pay attention—but they aren’t always a direct instruction.

✅ Your intentions shape your energy, so detachment is key to clear guidance. ✅ Nothing is set in stone—trust yourself, take small steps, and let the right path unfold naturally.

Thank you so much for your question, Kim! And as always—have a bloody marvellous day! 🌈