



Mediumship Matters Podcast Transcripts

Season 2 Episode 62

What Makes A Good Teacher?

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, we're diving into an important topic: What makes a good teacher in mediumship? This has been on my mind for a while, and it ties in with a recent email from Kate, who shared her frustrations about feeling blocked in her mediumship circle.

So, let's get into it—what makes a teacher great, what to look out for, and, most importantly, how to find the right teacher for you.

Are You Learning What You Actually Want to Learn?

One of the biggest mistakes I see students make is passively accepting their mediumship training rather than actively choosing it.

- If you want to develop evidential mediumship, don't sign up for a spirit guide workshop and expect to get messages from loved ones in spirit.
- If you want to focus on healing, don't sit in a circle that mainly works with tarot.
- If you want to develop platform mediumship, make sure your course actually includes opportunities to practice in a demonstration setting.

It's your development, so be clear about what you want!

A Good Mediumship Teacher Demonstrates Their Own Work

I believe if someone teaches evidential mediumship, they should actively demonstrate it.

Whether they work in person or online, students should have the opportunity to see them in action.

This is where I get a bit skeptical of “teachers” who only talk about mediumship but never actually do it. Mediumship is constantly evolving, and a teacher who isn't actively working with spirit risks teaching outdated techniques.

It's like following a social media guru with 200 followers or a life coach who's still living in their parents' basement—if they're not doing what they're teaching, it raises questions!

Does Your Teacher Want You to Succeed?

A great teacher wants their students to flourish.

Unfortunately, I've encountered teachers who changed their attitude towards me the moment they realized I had a large social media following. Others seemed to hold back key insights, almost as if they didn't want their students to reach their level.

The best teachers share freely and lift their students up. My dream is to see my students grow to a level where we can work together—not for them to stay in my shadow.

- If you ever feel like your teacher is more interested in keeping you dependent rather than helping you evolve, trust your gut—it might be time to move on.

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The Balance Between Teaching and Talking

Every good teacher tells stories—relatable anecdotes help us learn. But there's a balance!

I've sat in courses where the instructor spent 50 out of 90 minutes talking about themselves, leaving barely any time for us to practice. And that's just not acceptable.

In a teaching environment, your teacher should:

✓ Provide enough hands-on experience ✓ Share useful feedback ✓ Keep personal stories relevant to the lesson

If you leave class feeling like you've spent more time listening than actually doing, that's a problem.

The Power of Personalized Feedback

One of the biggest benefits of a great teacher is direct, personalized feedback. If you want one-to-one guidance, mentorship is the way to go. But if you're in a group course with 30 students, be realistic—there's only so much individual attention you'll get.

What you don't want is vague, unhelpful feedback like:

✗ "Just keep going, you're doing great!" ✗ "That was really nice."

Instead, you need honest, constructive feedback:

✓ "Your evidence is strong, but your delivery is too hesitant. Work on your confidence." ✓ "You're getting great messages, but you're rushing through them. Take your time."

Mediumship development isn't about hearing "Well done!" over and over—it's about real growth.

Teachers Who Hold You Back

Some students remain in perpetual student mode, never stepping into their power as mediums because their teacher allows them to stay stuck.

I've met students who have been training for decades without ever feeling "ready" to work. And often, it's because they've been surrounded by teachers who coddle them instead of pushing them forward.

At some point, a good teacher will say:

◆ "Enough with the self-doubt—get on stage and do it!" ◆ "Next time, I don't want to hear you say 'I can't do this'—just trust yourself and go for it!"

A great teacher supports both your struggles and your breakthroughs. They won't push you off a cliff—but they will encourage you to take the leap when you're ready.

The Importance of Boundaries in Teaching

Not all students are easy to teach. Some:

- Talk too much during practice instead of just doing the work
- Don't listen to instructions
- Expect instant success without putting in the effort

But the best teachers set boundaries while still creating a safe, supportive space.

If you're in a group where students constantly interrupt, over-talk, or disrupt sessions, and the teacher doesn't manage it—that's an issue. Learning should be structured and productive, not chaotic!

Finding the Right Teacher for You

If you feel like your development has stalled, ask yourself:

- Is my teacher actively demonstrating what they teach?
- Am I getting real, constructive feedback?
- Do I feel challenged in a positive way?
- Does my teacher genuinely want me to succeed?

If the answer to any of these is no, it may be time to move on. The right teacher will challenge you, support you, and help you become the best medium you can be.

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See you next time!