



Mediumship Matters Podcast Transcripts

Season 2 Episode 99 - Getting It Wrong to Get It Right

Hannah Macintyre: Hello and welcome to Mediumship Matters! How are you doing? Before we dive into today's episode, I have a small favour to ask.

If you're listening on iTunes, could you please follow the podcast and leave a review? If you're on Spotify, could you give it a rating? I know it's tedious, but it really helps keep this podcast ad-free.

We've now hit over 100,000 downloads, which is incredible, but I only have 60 reviews—so please, if you love this podcast, take a moment to support it. 🙏

Right, let's get into it! Today, I want to talk about the spiritual journey—your development, growth, and what it really means to move forward.

Spiritual Growth: Why It's Not a Straight Line

So many people have this romanticised idea that if something is meant for them, the path will be clear, easy, and bump-free.

But that's not how it works.

- We need to learn.
- We need to experience.
- We need to evolve to match the things we're calling in.

If spirit just dropped everything into our laps, we wouldn't be ready for it—we wouldn't have the tools, the resilience, or the understanding to handle it properly.

You are in control of your journey.

- You set the intention.
- Spirit works with you to help you grow into it.

But the key thing is—you have to be willing to walk the path.

Trusting the Process & Learning From Experience

A lot of people get stuck because they are waiting for permission to move forward.

But here's the reality:

- You don't just wake up as a fully enlightened spiritual teacher.
- You don't suddenly receive all the wisdom of the universe in one moment.
- You have to integrate, apply, and live your lessons.

This is something I've learned through my own journey with mediumship.

I've had to try different things, get it wrong, adjust, and keep moving forward.

- I've performed at venues that didn't align with me.
- I've worked with audiences that weren't the right fit.
- I've had nights where I thought, "What on earth am I doing?"

But all of it was valuable. Every experience taught me something important.

- You learn what you want by experiencing what you don't want.

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Reflecting on Your Year: A Self-Review Exercise

Since we're approaching the end of the year, I want to set you a homework task.

Yes, homework! Don't switch off yet. 😊

Take some time to do a yearly review of your journey.

- Look back at your diary, calendar, or even your phone photos.
- Reflect on the moments of growth, challenges, and breakthroughs.
- Ask yourself:
 - What lessons did I learn this year?
 - How have I changed because of them?
 - Where did I face resistance, and what did that teach me?

This isn't about judging yourself. It's about understanding your evolution.

The Reality of Mediumship Demonstrations

This year has been a huge learning curve for me in my demonstrating work.

Some nights have been incredible. Others have been excruciating.

But I've realised that even the tough nights are important because they push me to refine what I want, how I work, and who I work with.

For example:

- Some venues just don't feel right energetically.
- Some audiences are harder to work with.
- Some nights, no matter how strong the evidence is, people still won't engage.

And that's okay. That's the journey.

I've had to learn:

- Not every space is for me.
- Not every audience is my audience.
- I can only do my best—and that has to be enough.

And honestly, there's a freedom in that realisation.

You Have to Be Willing to Get It Wrong

One of the biggest things that holds people back in their spiritual and personal growth is this fear of getting it wrong.

- We don't want to make mistakes.
- We don't want to feel embarrassed.
- We don't want to fail.

But failure is part of the process.

- You have to be willing to misinterpret signs before you learn to read them clearly.
- You have to be willing to mess up a demonstration to refine your skills.
- You have to be willing to take action, even if you're not sure it's the "perfect" decision.

Nothing about this journey is about being perfect. It's about being brave enough to keep going.

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Final Thoughts & Takeaways

🌟 Key Lessons from This Episode:

- Your path isn't meant to be easy. Growth happens in the challenges.
- You are in control. Spirit works with you, but you have to take the steps.
- Reflection is important. Looking back helps you see how far you've come.
- Every experience teaches you something. Even the tough ones.
- You have to be willing to get it wrong. That's how you eventually get it right.

So, here's my challenge for you: Do your year in review. Look back, reflect, and celebrate your progress—because I promise you, you've grown more than you realise.

Thank you for listening! If you enjoyed this episode, please leave a review and share it!

And if you're ready to step up your mediumship journey, check out my courses and mentorship programme at www.hannahmedium.co.uk.

Until next time—keep shining your light! ✨