



# Mediumship Matters Podcast Transcripts

Season 2 Episode 28

## Calling Out The Crap!

### Calling Out the Crap: Empowering Your Mediumship

Hannah Macintyre:

Hello and welcome to Mediumship Matters! Today's episode is all about calling out the crap—because let's be honest, there's plenty of it in the world of spirituality, and it's holding people back.

Now, before we dive in, I have to admit something. I had grand intentions of sounding all professional today, but I've just devoured half a block of mango and ginger Stilton and washed it down with a cappuccino. So if my voice is claggy, you have my deepest apologies. 😅

Let's get into it!

### Signs from Spirit: The Sparrow's Message

So, I was making my cappuccino and staring out of the kitchen window when I saw a sparrow hopping around on the garden furniture. At first, I thought, Oh, wow, that's so close—maybe Spirit is sending me a sign!

I asked, "Spirit, if that's you, give me a sign."

And guess what? The sparrow took a giant crap on my freshly cleaned furniture.

Yep. There's my sign. Thanks, Spirit!

That moment made me think about how often we get caught up in overanalysing signs instead of just trusting our intuition. Not every bird is an angel in disguise, and not every weird moment is divine intervention. Sometimes, life is just life, and Spirit has a wicked sense of humour.

### Do We Need a "Calling" to Develop Mediumship?

A lot of people ask me, "How did you know mediumship was your calling?"

Here's the thing—I don't actually believe in callings the way people imagine them. No booming voice from the heavens said, "Hannah, thou shalt be a medium."

Instead, it was something I was drawn to. The more I learned, the more I wanted to learn. It fascinated me, uplifted me, and changed me.

I think the idea of a "calling" can sometimes be disempowering—it makes people wait around for Spirit to give them permission. But what if you just pursued mediumship because you love it?

No need for grand signs. No need for Spirit to rubber-stamp your journey. Just do it because it brings you joy.

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## The Fear-Based Nonsense in Mediumship

Lately, I've been seeing so much misinformation online about the spirit world, and it's frustrating.

- "Spirit will only work with you if you share this post 10 times."
- "Your spirit guides will abandon you if you don't meditate daily."
- "If you see this message, it was meant for you!" (No, it wasn't. The algorithm put it in front of you.)

These fear-based narratives are absolute rubbish. Spirit doesn't work like that.

The spirit world is one of unconditional love, not conditions and ultimatums. If Spirit has a message for you, they will find a way to deliver it—whether you shared a post or not!

## Are You Waiting for Permission?

One of the biggest things holding people back is the idea that they need some big spiritual event to validate their abilities.

But here's the truth:

- You don't need Spirit's approval to develop your gifts.
- You don't need to wait for a grand awakening before you start practicing.
- You don't have to justify your interest in mediumship.

Imagine if we treated hobbies like we treat mediumship:

- "I really love painting, but I'm waiting for the universe to give me a sign before I buy a brush."
- "I'd love to do yoga, but no mystical voice has told me to yet."

Sounds ridiculous, right? Stop waiting. Just start.

## Do Spirits Get Angry?

A listener, Jacqueline, sent in a great question:

"I had a difficult relationship with someone who has passed. I'm worried they might be angry or try to come through. Can spirits hold grudges?"

Short answer? No.

Spirit exists in a state of love and understanding. When people pass, they gain clarity—they see things from a higher perspective. That doesn't mean they excuse bad behavior, but it means they understand why they acted the way they did and why you felt the way you did.

If a spirit ever comes through in a reading, you always have a choice. You can set the boundary and say, "I don't want to hear from this person." Spirit respects that.

## Beware of Dodgy Mediumship "Business Coaches"

This one's a little ranty, but I have to say it: If someone slides into your DMs promising to help you build a six-figure spiritual business, run.

- If you're manifesting a six-figure business, why are you cold messaging strangers?
- If you're truly aligned with abundance, why are you using pyramid-scheme tactics?

I will never message people asking them to join my courses or mentorships. Good, ethical work doesn't require manipulation.

So if someone is aggressively recruiting, question their integrity. Spirit-led work should feel authentic, not salesy.

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Final Thoughts: Own Your Path

To wrap things up:

- Stop waiting for a calling. Just do what lights you up.
- Don't fall for fear-based nonsense. Spirit is love, not ultimatums.
- You don't need permission to develop your gifts. Start today.
- Mediumship is for everyone. Yes, even you.

And if Spirit ever does send you a sign, hopefully, it's something a little less messy than a bird crapping on your garden furniture. 😂

Thanks for listening! If you have questions, email me at [podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk).

Until next time, trust yourself, follow your joy, and call out the crap!

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