



Mediumship Matters Podcast Transcripts

Season 1 Episode 29

Interview with Karen Kay

Key Topics:

Fairies, mermaids, oracle cards, nature connection, energy communication, fairy wisdom, and magical festivals.

Hannah Macintyre:

Good afternoon, lovely people! Welcome back to Mediumship Matters with me, Hannah Macintyre. I'm beyond excited today because I'm joined by the fabulous Karen Kay, the mermaid and fairy whisperer herself! Karen, hello and welcome!

Karen Kay:

Hi! Thanks for having me, Hannah. I'm thrilled to be here.

Hannah:

We're equally thrilled to have you. So, "mermaid and fairy whisperer" – what does that actually mean?

Karen:

Well, funny story! The title came from none other than Phillip Schofield when I appeared on This Morning. First, I was dubbed the "fairy whisperer," and then during a follow-up appearance, they called me the "mermaid whisperer." I thought, "Well, that sums up what I do perfectly!"

Hannah:

Honestly, if Phillip Schofield gave me a title, I'd take it and run with it too! So, you work with the energies of fairies and mermaids, and I have to say, I'm a big fan of your oracle decks—Oracle of the Fairies and Messages from the Mermaids. What led you to these magical beings? Was it fairies first?

Karen:

Yes, it all started with fairies when I was very young, living with my grandmother. I spent hours in her garden, enchanted by her beautiful roses. I used to make "perfume" from rose petals, believing it was a gift for the flower fairies. The next morning, the "perfume" would be gone... skeptics might say it evaporated, but I knew the fairies had enjoyed it.

Hannah:

I absolutely love that. It's hypnotising hearing your story. So, how do you communicate with fairies? Is it visual, telepathic, or something else?

Karen:

It's a mix! Fairies don't follow rules. Sometimes it's visual—little lights dancing around—sometimes it's scents like toffee apples when I'm in the woods, or even telepathic messages. I've even seen a giant fairy once, which blew my mind because I always thought they were tiny. Turns out, they can be as big as what they're protecting.

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Hannah:

I can't believe you managed to drive after seeing a giant fairy! Incredible. Do the fairies give you guidance in your everyday life?

Karen:

Oh, absolutely. When I was creating Oracle of the Fairies, I lived every card. The fairies inspired me at all hours—they don't care about human schedules! One card, the "Wisdom" card, even had an owl hooting outside my window as confirmation while I was writing about it.

Hannah:

Amazing. For someone new to working with fairies, where should they start?

Karen:

Start with your heart. Fairies are guardians of nature, so if you love and respect the natural world, you're already on the right track. Go outside, sit by a tree, and simply say, "Fairies, fairies, come to me, as I sit beneath this tree." Be open, patient, and look for signs.

Hannah:

I love that. Building trust with them, just like any relationship. Now, where do mermaids come into the picture?

Karen:

When I moved from London to Cornwall, I felt an instant connection to the ocean. I started drawing mermaids, even though I'm not an artist. They were powerful, regal beings. While I haven't seen a mermaid physically like I have fairies, I feel their presence strongly, especially when I'm near the sea.

Hannah:

You do so much! Tell us about the Three Wishes Fairy Festival.

Karen:

Ah, my baby! Co-founded with Michael Tingle, the idea came from a literal fairy whisper in my ear, telling me to organise a fairy festival at midsummer in Cornwall. I had no venue or plan, but I announced it anyway. Magically, everything fell into place. It's a three-day event with workshops, live music, vegan food, and, of course, lots of fairy fun!

Hannah:

It looks incredible! And you're also the founder and editor of Faeries and Enchantment Magazine.

Karen:

Yes! It started as a passion project, and now it's distributed worldwide. It's all about sharing the magic of fairies with a global community.

Hannah:

Karen, I could talk to you all day! Where can people find you online?

Karen:

My website is www.karenkay.co.uk, and I'm very active on Instagram at @karenkafairy. If you sign up for my newsletter, you'll get a free Fairy Door meditation too.

Hannah:

Thank you so much for joining us today. It's been magical, inspiring, and just plain fun!

Karen:

Thank you, Hannah! I've loved every minute of it.

Fairy whisperer, mermaid energy, oracle cards, fairy wisdom, connecting with fairies, mermaid messages, fairy festival Cornwall, spiritual connection, magical beings, nature guardians, vegan festival, fairy readings, fairy magazine, Karen Kay, mediumship podcast.