



# Mediumship Matters Podcast Transcripts

Season 2 Episode 17

## How To Read Oracle Cards

### Introduction

Hannah Macintyre:

Hello and welcome to Mediumship Matters! I'm Hannah Macintyre, and today, we're diving into the wonderful world of Oracle Cards—how to use them, connect with Spirit, and receive guidance.

First things first—Oracle Cards are addictive. You start with one deck, and before you know it, you've got a whole collection. I'd love to tell you that I source all mine from ancient, wise monks, but the truth is, most of them come from Amazon. So don't stress about how you get them—just pick a deck that speaks to you!

Traditionally, people believed your first deck had to be gifted to you, but honestly? If you feel drawn to Oracle Cards, go get yourself a deck. You don't need anyone's permission to start exploring your connection with Spirit.

### Getting Started with Oracle Cards

If you're new to this, I always recommend The Sacred Traveller Oracle Cards by Denise Linn—they're easy to work with and full of clear, supportive messages. But no matter which deck you choose, the key is to find one that resonates with you.

Now, let's talk about setting the scene for a great reading. You don't need to meditate for hours—just take a few deep breaths, clear your mind, and set an intention. Spirit communication isn't about going into a trance; it's about getting into a primed state where you're open and receptive. Imagine your mind as a snow globe—you want to let all the swirling thoughts settle so you can focus. Once you're in that state, send out a thought to your spirit team, inviting them to step forward. Whether or not you feel their presence, trust that they are there.

### Blending Your Energy with Spirit

When working with Spirit, energy blending is key. Think of it as two overlapping circles:

- You = Yellow Circle
- Spirit = Red Circle

As you connect, these circles start merging into orange. But this isn't an instant process—it moves in waves. Some days, you'll feel deeply connected; other times, it'll feel more distant. That's normal! Keep practicing, and over time, you'll strengthen that link.

The trick is to trust yourself. Spirit speaks to you in your own voice—no booming “Dumbledore-esque” pronouncements. It's the same voice that reminds you to buy milk or critiques your outfit in the mirror. Learning to differentiate between your thoughts and Spirit's messages takes time, but consistency is key.

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## How to Read Oracle Cards with Spirit

- Set Your Intention – Before shuffling, ask Spirit to give you the message you need most right now.
- Shuffle Your Cards – Oracle decks can be large, so try shuffling them in portrait mode instead of landscape.
- Draw a Card – Pick one intuitively, or use a spread (past-present-future, blockages, guidance, etc.).
- Avoid the Guidebook (for now) – Instead of reading the standard interpretation, turn to Spirit and ask, What do I need to know about this card?
- Receive the Message – It may come as a feeling, an image, or a knowing. Allow the information to flow without overanalyzing.
- Write It Down or Speak It Aloud – Journaling your readings can help strengthen your connection over time.

## Why Oracle Cards Work Best When You Trust Spirit

If you look at a card and immediately try to dissect the image or text, you're working from your thinking mind instead of your intuitive self. Instead of guessing what it means, ask Spirit to guide you. You'll be amazed at the personal, specific messages that come through when you surrender to the process.

And remember—Spirit is always positive. Your guides won't deliver doom and gloom; they see your limitless potential and will help you navigate challenges with love and encouragement.

## Making Oracle Cards Part of Your Daily Practice

Using Oracle Cards can be a wonderful daily ritual. Start by pulling a card each morning and journaling about what comes through. You'll begin to notice patterns and synchronicities, reinforcing Spirit's presence in your life.

And if you're someone who tends to second-guess yourself (hello, overthinkers!), recording voice notes while interpreting your cards can be a great way to practice speaking Spirit's messages while receiving them.

## Final Thoughts: Your Spiritual Connection is Unique

There's no "one-size-fits-all" approach to Oracle Card readings. The most important thing is to trust your own experiences. Your relationship with Spirit is personal—let it evolve in a way that feels right for you.

So, go grab your deck, have fun, and don't forget—Spirit wants to communicate with you. The more you open up, the more you'll receive.

Got questions or experiences to share? Drop me an email at [podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk)!

Thanks for listening to Mediumship Matters—see you next time!

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