



# Mediumship Matters Podcast Transcripts

## Season 5 Episode 9 - Mediumship Manners

Mediumship Manners: The “Pink Flags” of Spiritual Etiquette

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Can you tell how proud I am of this episode title? Mediumship Manners—it’s got a nice ring to it, doesn’t it?

Now, we’ve talked about red flags before—the major issues in spiritual practice and business. But today, I want to talk about something slightly different: the little things that people do that are unintentionally rude or disruptive. These aren’t deal-breakers, but they are pink flags—things that, if you’re not aware of them, could upset others or create unnecessary challenges in mediumship spaces.

And let’s be honest—I’m British. I’m a Capricorn. I love a rule. And if you don’t follow the unwritten social guidelines, I will absolutely notice and silently judge you (while also reminding myself to be spiritually compassionate, of course).

So, let’s dive into mediumship manners!

Online Demonstration Etiquette: Are You Being Rude Without Realising?

Ah, online demonstrations—the beauty of modern mediumship. But with this new format comes a whole new level of disruptive behaviours that people might not even realise are problematic.

### 1. The Zoom “Chaos Cam”

If you’re attending an online dem, please, for the love of spirit, sit still!

- If you’re watching on your phone while walking around the house, it’s distracting for everyone.
- If you’re laying in bed in your pyjamas, that’s... well, just weird. Would you turn up to an in-person demonstration that way? No? Then don’t do it online either.
- And if your TV is flickering on your face, we can all see it. We can see you watching Netflix while simultaneously hoping for a message from Nan.

Just hold the space properly for the medium and the spirit world.

### 2. Background Noise & The Mute Button Mystery

Every Zoom dem or class has that one person—the one who unmutes their mic while:

- The TV is blaring in the background
- Their dog is losing its mind at the postman
- Their family is having a full-blown domestic in the kitchen

Listen—if the medium asks for interaction, fine. But if it’s not your turn, mute yourself. You don’t want to be the reason the entire audience hears an unexpected, awkward background soundtrack.

Oh, and here’s a pro tip: Zoom shows you if you’re the one making noise! If your box is highlighted in yellow every time your partner coughs, your mic is on, and you need to fix that.

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## Social Media & Inbox Etiquette: Don't Be That Person

Social media has changed everything—including how people communicate with mediums. But just because you can slide into someone's DMs doesn't mean you should.

### 1. The "Silent Follower" Who Suddenly Needs a Favour

You've never liked a post. You've never shared a podcast episode. You've never engaged in any way.

And then—boom! One day, you pop up in my inbox asking for a huge favour.

"Hey, can I come on your podcast?"

Mate, I didn't even know you existed before this message.

It's just... odd. Social media is a two-way street—if you want people to support you, engage with their work first.

### 2. Personal vs. Business Messages

If you have a business inquiry, don't message my personal Facebook account.

- It's one thing to send a friendly message or give feedback—love that!
- But if you want something for your business, message my business page.

If we've never spoken before and you're in my personal inbox asking for a big favour, it's a bit like walking into someone's house uninvited and sitting down at their dinner table.

## Student Etiquette: How to Be a Good Learner

If you're developing your mediumship, how you show up matters. Here are some things to consider:

### 1. Arrive on Time—And Be Ready to Work

- If a class starts at 7:00, don't roll in at 7:10, making a fuss as you join.
- Use your break time wisely—don't decide you need the loo the moment the next session starts.
- Be present and prepared—it's about respecting your teacher, your classmates, and the spirit world.

### 2. Respect the Time Limits

If you're given 10 minutes to do a reading in a practice session, stop at 10 minutes.

- Don't keep going just because you've "finally found your flow."
- Don't assume your reading is more important than your partner's.

A student who consistently oversteps their time is showing bad manners. It's not just about your development—it's about respecting your fellow mediums.

### 3. Don't Be the Talker Who Kills the Vibe

Ever been in a practice session where the sitter talks more than the medium?

- If you're a sitter, keep your responses short: Yes, no, maybe, don't know.
- If you're explaining too much, you're accidentally leading the medium.

A good rule of thumb? If you're talking more than the medium, zip it!

## Mediums & Demonstrations: Stage Manners Matter

If you're a working medium, professionalism is key—and there are a few things that will instantly make your colleagues cringe.

### 1. Never Jump in on Someone Else's Reading

If another medium is working and you "get" additional information, keep it to yourself.

- Don't add onto their reading. It's not a competition.
- Don't swoop in and try to "fix" their connection. It's rude.
- If they miss something, that's their journey—not yours.

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## 2. Don't Overshare Personal Details in Readings

I once saw a medium announce someone's affair, pregnancy, and depression in front of a whole audience. What on earth?! Mediumship should be healing, not humiliating.

- If something is deeply personal, deliver it with care.
- Use discernment. Not everything is meant for public airing.

### Final Thoughts: Keep It Kind, Keep It Respectful

Mediumship, whether you're a student, a teacher, or a working medium, is all about energy, respect, and presence.

So, what do you think? Have you seen (or done!) any of these pink flag behaviours? I'd love to hear from you—send me your thoughts, and let's keep the conversation going!

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Mediumship etiquette, online demonstration manners, how to behave in a psychic reading, spiritual student conduct, mediumship pink flags, professional mediumship, how to be a good psychic student, social media etiquette for spiritual businesses, how to hold space in a mediumship demo.