



Mediumship Matters Podcast Transcripts

Season 4 Episode 14 - Interview with Nicole Pope

A Conversation with Nicole Pope: Mediumship, Integrity & Embracing Your Gifts

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

I am so excited to welcome Nicole Pope to the podcast today. Nicole is a brilliant medium, teacher, and platform demonstrator who works alongside me in the Mediumship Matters school. Her classes have been wildly popular, and today, we're diving into her journey, her approach to mediumship, and her passion for teaching and demonstrating.

Nicole's Unexpected Journey into Mediumship

Unlike many mediums who sense spirit from childhood, Nicole's journey started differently.

- She was obsessed with mediumship TV shows as a child, watching demonstrations with total awe.
- Raised Catholic, she always believed in the afterlife but found traditional ideas of heaven a bit... dull.
- It wasn't until years later, after the birth of her daughter, that she had a life-changing reading with a medium that confirmed—without a doubt—that the spirit world is real.

This reading planted the seed, but it wasn't until her son started seeing spirit that Nicole fully stepped into mediumship.

- He was terrified to go upstairs or downstairs alone.
- He finally admitted he was seeing shadow figures in their house.
- Nicole's logical mind kicked in—if spirit is real, how can I help him feel safe?

A local medium gave her advice and then dropped a bombshell:

“You know you can do this too, right?”

Within weeks, Nicole was in her first mediumship class, and on day one, she connected with spirit. From there, her journey took off.

Teaching Her Son Spiritual Boundaries

At the same time Nicole was learning mediumship, she was teaching her son how to manage his connection to spirit.

- She showed him how to set boundaries with spirit visitors.
- She encouraged him to ask for names, and when he started hearing responses, she validated them.
- Over time, he became comfortable with his gift and learned how to control the energy around him.
- This experience gave Nicole an even deeper understanding of how mediumship works and how we can empower others—no matter their age.

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Integrity & Professionalism in Mediumship

Nicole is passionate about high standards in mediumship. When I asked her what makes a great medium, she answered without hesitation:

“Integrity.”

- A good medium should always work from the heart.
- Readings should be about the sitter and their healing—not the medium’s ego.
- Strong ethics ensure clients feel safe, seen, and supported.

I also noted that Nicole’s professionalism is something I deeply admire. She brings her STEM background and corporate experience into her mediumship, treating it with the same level of commitment and discipline.

- She has clear boundaries and expectations.
- She values structure and ethics in her readings.
- She believes that being a good medium also means being a professional.

Why Nicole Loves Platform Demonstrations

While many mediums feel more comfortable in private readings, Nicole thrives on stage.

- She has spent years in corporate roles presenting to large audiences.
- Public speaking energizes her, and she finds that platform mediumship flows more easily.
- She loves the way audience energy enhances spirit communication.

She describes platform work as fast-paced, dynamic, and deeply rewarding:

- Not everyone needs a full one-on-one reading—sometimes they just need a quick hello.
- Demonstrations are more affordable and accessible for many people.
- It allows her to serve multiple people at once, making the experience communal and uplifting.

Advice for Developing Platform Mediums

Nicole believes platform mediumship requires practice, confidence, and stage presence. If you’re feeling called to it, here’s her advice:

- Master One-on-One Readings First – You need to understand energy, spirit communication, and evidence before taking it to the stage.
- Work on Public Speaking – Join groups like Toastmasters or drama clubs to get comfortable addressing a crowd.
- Learn the Technical Side – Know how to use a microphone, project your voice, and manage a room full of energy.

And, as we both agree:

“If you can’t stand in front of a group of people and talk, you won’t be able to stand in front of a group and do mediumship.”

It’s about building confidence in yourself so you can trust spirit to do the rest.

Animal Communication & Evidential Messages

Nicole is also a fantastic animal communicator, something that developed later in her journey.

- Animals communicate just like human spirits, but with a unique energy and personality.
- She recently read for a woman’s horse, Dakota, and described its favourite treats and personality quirks with precision.
- She finds animal readings just as emotional and healing as human ones.

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One of her favourite parts of mediumship? Spirit validation AFTER the reading.

- She'll often see signs and synchronicities that confirm spirit's presence.
- If she's done a cat reading, she might suddenly see cat images everywhere.
- It's spirit's way of saying, "Good job, thank you for delivering that message."

Nicole's Top 3 Tips for Developing Mediums

If you're developing your mediumship, Nicole has three key pieces of advice:

- Believe in Yourself – Confidence is everything. Mediumship feels subtle, like imagination—but trust that spirit is real.
- Work on Your Own Healing – Unresolved trauma can interfere with readings. Work through your emotional blocks so you can show up for your clients.
- Have Fun! – Spirit is joyful and playful. If you're constantly overthinking and stressing, you block the connection.

"The more fun you have with spirit, the clearer the connection becomes."

Final Thoughts: Anyone Can Develop Mediumship

Nicole firmly believes anyone can develop mediumship.

- Some people have a natural talent, but everyone improves with practice.
- It's like basketball—you might not be the best, but if you practice every day, you'll surpass those who don't.
- It's all about consistency, trust, and embracing your own unique energy.

What's Next for Nicole?

Nicole has monthly virtual demonstrations, teaches in the Mediumship Matters school, and offers private readings. But looking ahead, she's also:

- Developing more classes to help people step into their own mediumship power.
- Bringing a fresh, no-nonsense approach to simplifying spiritual development.
- Expanding her work in platform mediumship.

I absolutely loved this conversation! Nicole is an incredible teacher, medium, and soul, and I'm so grateful she joined me today.

If you want to work with Nicole, check out the links in the show notes!

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Mediumship development, Nicole Pope medium, evidential mediumship, platform demonstrations, animal communication, spiritual integrity, mediumship ethics, public speaking for mediums, intuitive development, spiritual teaching, spirit validation, mediumship practice.