



Mediumship Matters Podcast Transcripts

Season 2 Episode 43

Angel of Death

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! A big thank you to Carmel Burke for sponsoring today's episode through Buy Me a Coffee. Your support is truly appreciated!

Today, we're diving into listener questions, and I have some fantastic ones to cover. We'll be discussing why signs from spirit sometimes stop, how to ask for clear communication, the role of soul midwives, and maintaining boundaries in spiritual work. Let's get into it!

Why Do Signs from Spirit Stop?

One of the most frustrating experiences in grief is waiting for a sign that never comes. It's even harder when your social media feed is filled with people saying their loved ones constantly send them signs, yet you feel like yours have gone silent.

If this is happening to you, I want to say first—I'm so sorry. I know how heartbreaking that must feel.

There are a few possible reasons why this happens:

1. You Might Be Trying Too Hard

When we desperately want a sign, we create energetic resistance. It's like trying to remember a word—it's on the tip of your tongue, but the more you force it, the more it eludes you.

This ties in with the Law of Attraction. Abraham Hicks often talks about asking, then letting go—if you place a request with the universe but obsess over it, you block the flow.

👉 Tip: Ask your loved one for a sign, but then shift your focus elsewhere. Trust they will send it when the time is right.

2. Be Specific & Clear

Spirit loves clarity! If your request sounds like:

“If you could please, if it's not too much trouble, and you're not too busy, maybe send me something like a feather, or a song, or a butterfly... or anything really... but only if you want to... but also, I'd really like a sign, okay?”

Spirit's probably thinking, “Well, what the hell do you actually want?”

Instead, try this: “Mum, I'd love to see your initials somewhere today.”

Give them something concrete to work with. And remember—don't ask for a butterfly in January in the UK unless you want spirit to work overtime! 😊

3. Signs Can Become “Normal”

At first, every little sign feels mind-blowing. But as time passes, we start to expect them and stop noticing.

I used to find feathers and freak out with excitement. Now? I barely register them because I've come to expect them. It's human nature!

If you feel signs have stopped, consider whether they're still happening, but you've become used to them.

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4. Filming for Orbs – A Fun Way to See Spirit

One simple way to see spiritual activity? Film for orbs!

- Use your phone with the flash on.
- Ask your loved ones to show themselves.
- You might see orbs moving toward you!

Caution: Yes, some are dust. If you've just shaken out a blanket and your camera is full of orbs, well... that's probably housework calling. But I do believe spirit can use this as a way to be seen.

👉 Try asking the orb to move in a certain way. If it responds? That's spirit!

Soul Midwives & End-of-Life Support

Listener Tracy sent in a fascinating question about her spiritual path. A medium once told her she was an “Angel of Death”—not in a grim reaper way, but someone who helps souls transition. She's since found herself drawn to supporting grieving friends and wonders if this is her calling.

Firstly—wow, what a dramatic label! 😊 But let's break this down.

1. What Is a Soul Midwife?

Also called soul doulas, these are people who:

- Provide emotional and spiritual support for the dying.
- Advocate for the person's end-of-life wishes.
- Help families navigate the transition process.
- Hold sacred space at the time of passing.

It's incredible work, but it's not for everyone. And that's okay.

2. Do You Have a Calling?

I personally don't believe in “callings”. I believe we choose our paths. Just because you can do something doesn't mean you must.

- If this work lights you up, follow it.
- If it feels heavy and draining, you don't have to do it.

You're not obligated to follow a path just because a medium told you it was meant for you!

3. Boundaries Are Essential

Tracy mentioned feeling exhausted after helping grieving friends. This is huge.

- You cannot carry everyone's grief.
- It's okay to say no.
- Protect your energy! If supporting others is depleting you, reassess how much you're giving.

Final Thoughts: Ask, Trust & Follow What Feels Right

Some key takeaways from today's episode:

- Signs from spirit aren't withheld—sometimes we block them ourselves.
- Be clear in your requests for signs. Give spirit something to work with!
- Try filming for orbs—it's fun and interactive!
- Soul midwifery is a powerful path, but it's a choice, not a destiny.
- Boundaries are crucial. You can support others without draining yourself.

I'd love to hear your thoughts on this! Email me at podcast@hannahmedium.co.uk and let's keep the conversation going.

Until next time, keep trusting, keep asking, and keep shining. ✨