



# Mediumship Matters Podcast Transcripts

## Season 4 Episode 11 - Interview with Gordon Smith

A Conversation with Gordon Smith: Mediumship, Healing, and Emotional Resilience

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, I have an incredibly exciting guest—Gordon Smith, widely known as Britain’s most accurate medium. Gordon has authored 23 books, worked tirelessly in spiritual teaching, and has been an inspiration to countless people worldwide. I’m beyond thrilled to share this conversation with you, where we discuss his journey, the evolution of mediumship, the role of healing, and why emotional resilience is key to this work.

Let’s dive in!

### Gordon’s First Encounter with Spirit

Gordon’s journey into mediumship began unexpectedly at the age of 21 when a colleague’s brother, Brian, tragically passed away in a fire. At the exact moment of Brian’s passing, Gordon saw a full apparition of him standing in his bedroom, appearing as solid as any living person.

- The experience was so vivid that Gordon initially questioned whether it was a dream.
- Moments later, there was a knock at the door—two police officers had arrived with news of an accident.
- Later that morning, Gordon learned of Brian’s passing, marking the beginning of his mediumship journey.

From there, Gordon’s path led him to a spiritualist church, where he felt an overwhelming sense of being home.

### How Spirit Communicates: Beyond Apparitions

While Gordon has had occasional full apparitions, he explains that spirit prefers to communicate through a more refined, subtle language.

- Spirit isn’t there to keep “appearing” to us—they want us to develop our mind and understanding.
- The more we trust our connection, the more spirit can use different means to communicate.
- Mediumship is about learning spirit’s language, rather than expecting them to speak in ours.

### Gordon’s Latest Book: Where Two Worlds Meet

Gordon’s latest book, *Where Two Worlds Meet*, is written to help children and those in deep stages of grief.

- It provides a non-religious, gentle introduction to life after death.
- The book explains grief through the eyes of a child, helping young readers process loss.
- Interestingly, many adults are finding it just as valuable, as it reconnects them to their own childhood grief.

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One of the key themes in the book is a new language called ‘sense,’ which only children and animals can understand—reminding us that wisdom isn’t lost, only forgotten.

## Healing & Mediumship: Why Every Medium Should Learn Healing First

One of the most formative aspects of Gordon’s development was spending years focusing on healing before stepping into evidential mediumship.

- Healing helped Gordon process his own emotions and understand how to hold space for others.
- It allowed him to develop deep sensitivity, which later became a key part of his accuracy.
- Gordon believes mediumship without healing is incomplete—we must understand grief, emotions, and how to truly support others.

He also highlights that many mediums don’t study grief enough, and without this understanding, they risk unintentionally causing harm.

## Accuracy in Mediumship: The Gordon Smith Approach

Gordon is known for his razor-sharp accuracy. Unlike modern trends, he believes mediumship should be specific and direct.

- No vague messages. “Someone here lost a grandmother” isn’t good enough.
- No throwing out statements for multiple people to claim. Gordon is adamant that you should stick with the spirit you connect with.
- No changing spirit communicators mid-message. If a medium starts a reading with one spirit but then allows multiple sitters to claim the information, that’s not true mediumship.

His rule? Deliver the message properly—like a postman delivering the correct letter to the right address.

## Helping Parents Heal & Working with Grieving Families

Gordon works with Helping Parents Heal, a global organization that supports families who have lost children.

- He believes mediumship should provide tools for healing, not just messages.
- He has worked with grieving parents across the world, including in Italy and Japan, helping them find peace.
- One of the most profound moments in his career happened at a Helping Parents Heal event, where a father’s tattoo of Abbey Road matched a message Gordon delivered about The Beatles.

Gordon acknowledges that mediumship can’t take away grief, but it can provide hope and reassurance.

## Why Emotional Resilience is Essential for Mediums

One of Gordon’s strongest messages to developing mediums is the importance of emotional resilience.

- Many people come to mediumship because they are broken, but Gordon stresses that you must heal yourself first.
- Mediums carry the emotional weight of their sitters, and without resilience, they can become exhausted, overwhelmed, or even lose trust in spirit.
- His advice? Train your mind like an athlete trains their body—mediumship is a marathon, not a sprint.

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## Altered States & Trance: Unlocking Deeper Mediumship

Gordon encourages his students to explore altered states, including trance, as part of their development.

- Trance allows spirit to come closer, creating deeper, more profound connections.
- Many mediums fear altered states, but Gordon assures us that the worst that can happen is you fall asleep!
- He relates altered states to acting, explaining that just as actors immerse themselves in a role but return to themselves afterward, mediums must learn to enter and exit states with control.

## Animal Communication: The Unexpected Gift

While Gordon is best known for human spirit communication, animal spirit messages began appearing naturally in his work.

- He has brought through messages from dogs, cats, and even exotic animals.
- He describes the process as working through a language of 'sense,' rather than words.
- One of his most striking validations involved a Swiss man whose Dalmatian, Pongo, was accurately described—including the fact that the dog had a headstone in his garden.

## Destiny vs. Free Will: Are Mediums Born or Made?

Gordon believes mediumship is a mix of destiny and personal choice.

- Some people have a natural ability, but it's up to them to embrace and develop it.
- Life presents pivotal moments—we can either follow the calling or walk past it.
- He emphasizes that every choice shapes our path, but spirit is always present, waiting for us to listen.

## Final Thoughts: Teaching with Kindness & The Future of Mediumship

Gordon is a passionate advocate for teaching with kindness.

- A good teacher doesn't destroy confidence—they build it.
- Mediumship should be a service, not a performance.
- Spirit communication should always be about helping people, not just proving accuracy.

Gordon's journey is a testament to the power of dedication, self-awareness, and emotional intelligence in mediumship.

I hope you've enjoyed this conversation as much as I have! Thank you, Gordon, for sharing your wisdom, and thank YOU for listening.

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Mediumship development, Gordon Smith medium, spiritual healing, evidential mediumship, grief and spirit communication, altered states, animal communication, accurate psychic readings, emotional resilience, spiritual teaching, mediumship journey, Helping Parents Heal, trance mediumship.