



Mediumship Matters Podcast Transcripts

Season 3 Episode 21 - Episode 21

Welcome to Mediumship Matters!

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? I hope you're well. It's the last podcast of January 2023, and I hope you've enjoyed this season so far. As always, I love hearing your thoughts—your reviews and feedback really mean the world to me!

So, last week, I did my first evidential mediumship demonstration of the year, and honestly? I think it went pretty well! Demonstrating mediumship is always an experience—it's exhilarating, challenging, and not for the faint of heart. You're standing in front of a room full of people, feeling their needs as an empath, sensing what they hope to receive while also trying to surrender completely to spirit. And that's the tricky bit, isn't it? Shutting down the part of your brain that wants to please everyone, while fully trusting the process.

Why Doesn't My Loved One Come Through?

During the demonstration, I opened the floor for audience questions—I always do, because I think it's so important. Many people at these events are experiencing mediumship for the first time, and they don't have the knowledge that we, as developing mediums, take for granted. One lovely woman raised her hand and asked something I hear all too often: Why does my loved one never come through? Why don't I ever get a message?

My heart went out to her. She said she had been to six or eight demonstrations and never received a message. That's hard. And I want to say this to anyone who's felt the same way: If you have a deep, urgent need to hear from someone specific—if your heart is breaking for that connection—don't expect a demonstration to fulfil that need. Not because your loved one doesn't want to come through, but because it's simply not possible for mediums to give every single attendee a message. In my last event, there were 118 people in the audience! That's a lot of spirits trying to communicate in a very limited time.

I believe that in a one-to-one reading, you should be able to ask for who you want to hear from. But even then, there are no guarantees. Mediums are not magicians pulling spirits out of hats! When I used to offer readings where people could request specific loved ones, I found that about 99% of the time, it worked. But even then, some sitters resisted asking and then felt disappointed when the person they truly wanted to connect with didn't step forward.

This brings up an important question: Whose responsibility is it to ensure the right spirit comes through? Is it the medium's job? The sitter's? Spirit's? It's a complex dynamic, and I don't think mediums should be held solely responsible. What I do know is that demonstrations aren't the best setting for that kind of deeply personal connection—you're much better off booking a one-to-one reading.

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The Reality of Demonstrating Mediumship

A demonstration is meant to be engaging, uplifting, and evidential. But let's be real—it's also nerve-racking. When you're standing in front of an audience, you're battling nerves, energy, and expectations all at once. The spirit world needs to bring forward communicators who can break through that fear and make an impact. That's why, at the start of a demonstration, I often connect with big, vibrant personalities—they help build momentum. If a quiet, gentle spirit stepped forward first, it would be much harder for me to feel them.

And that's something to consider if you're attending a demonstration, hoping to hear from a loved one. If they were a quiet, reserved person in life, their energy might be more challenging for a medium to perceive in that setting. It's not personal, and it doesn't mean they're not there—it just means there are a lot of factors at play that we don't always consider.

Why Are So Many Mediums Stepping Back from Evidential Readings?

Lately, I've noticed a trend: more and more mediums are stepping away from evidential mediumship. Why? Is it the pressure? The exhaustion? The fear of getting it wrong? I've been reflecting on this a lot because, as many of you know, I've also stopped offering one-on-one evidential readings.

When I started, I worked with spirit guides. I didn't think evidential mediumship was possible for me. Then, as I developed, I fell in love with it—but I also found it incredibly draining. It takes an immense amount of energy to connect at that level, and over time, I realized it was affecting my quality of life.

So, I transitioned to offering spirit guide readings instead. But guess what happened? People booked them expecting evidential connections anyway! It became clear that many sitters don't actually read the description of what they're booking—they just assume all mediumship is the same. That misalignment made things even more challenging, so I decided to step back completely to reassess.

I've spoken with other mediums who have done the same, and it's something we need to talk about. Because if the most dedicated, ethical, and passionate mediums are stepping away due to burnout, who's left? Are we going to be left with people who are more confident than they are competent?

The Rise of Overconfidence in Mediumship

I've come across a few mediums recently who have huge confidence. They say things like, "I never doubt what I get from spirit." And part of me envies that! But then I watch them work, and they keep giving information that doesn't land. They're getting spirit connections that nobody can take—again and again.

And yet, they don't question themselves. They just keep going. And I wonder... is that a healthier mindset? Are those of us who strive for excellence, who analyse, refine, and push ourselves, actually making our own mediumship harder? Are we draining the joy from it?

I've been searching for mediums who inspire me—who wow me—and honestly? It's been tough. So much of what's out there now is just social media hype, filled with "Like and share!" speeches rather than actual spirit communication. It makes me wonder if our own expectations of mediumship have been shaped by unrealistic portrayals in media.

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What's Next?

Right now, I'm focusing on demonstrations, teaching, my podcast, and my talks. I'm allowing myself to follow what feels right, without guilt. Because one of the biggest lessons in mediumship—and in life—is giving yourself permission to adapt and evolve.

I know there are mediums out there who love doing one-on-one evidential readings, and I truly hope they keep going. This episode isn't about doom and gloom—it's about recognizing where we are, where we want to be, and making adjustments accordingly.

So, what do you think? Have you noticed this shift in mediumship? Are you stepping back, or stepping forward? Let me know! You can email me at podcast@hannahmedium.co.uk—I'd love to hear your thoughts.

Have a bloody marvelous day, and I'll catch up with you tomorrow. Bye for now!