



Mediumship Matters Podcast Transcripts

Season 2 Episode 95 - Did Spirit Bring My Answer on a Live?

Introduction

Hannah Macintyre: Hello and welcome to Mediumship Matters! Another Mediumship Mini today, and I have a fantastic question from Lee.

Lee writes:

“I was watching a Facebook Live reading with Brandy Wells and Bronia West the other week. They asked viewers to post questions, and they picked some to read for. My question wasn’t picked, but the answer they gave to an unrelated question ended up answering mine perfectly! Then, in the next reading, the same thing happened with another question I had, and again in the one after that!

Do you think this was meant to happen? I stumbled upon the reading by chance, but it felt deeply relevant. I feel like my guides have been trying to give me signs for a while, but I struggle to interpret them. Can spirit be really specific with signs, or do we have to learn how to read them? I feel rubbish at interpreting signs and signals! Thanks so much.”

What a brilliant question, Lee! Let’s get into it.

Spirit’s Collaborative Energy

One of the most amazing things about spirit is how they work through collaboration.

- When I’m teaching, I always encourage students to ask their questions because their question might spark something for someone else.
- Often, when one person asks a question, it unlocks insight for many other people.
- This is exactly what happened to you, Lee—the answer wasn’t given directly to you, but it still reached you in the way you needed.

This is the cleverness of spirit! They work in ways we don’t always expect, and sometimes, the messages we need come through indirectly but perfectly.

The Problem with Facebook Live Readings

This also highlights one of the challenges with Facebook Live readings and short readings in general.

- These sessions can be great for quick insights, but they rarely give deep, personal clarity.
- If you had a one-on-one session, the message would be more specific to you.
- Spirit needs space to go deeper, and that’s difficult in a fast-paced, public setting.

If you’re really feeling drawn to work with healing, booking a full reading might give you the detailed direction you’re looking for.

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Interpreting Signs from Spirit

Now, let's talk about signs and signals from spirit.

Lee, you mentioned that you struggle with interpreting signs—you're not alone!

Here's the thing: We overcomplicate it.

- I see so many posts about angel numbers like 111 means this, 572 means that—but honestly? That's just tying yourself in knots.
- Spirit doesn't work through set formulas—they communicate in ways that are personal to you.
- The best way to understand signs is to trust your instincts.

Rather than trying to “figure out” a sign, ask yourself:

- ☞ How does this sign make me feel?
- ☞ What is my first instinct about this?
- ☞ Does this feel like confirmation of something I already know deep down?

Spirit's guidance is often felt more than understood.

Healing & Following Your Instincts

Lee, you mentioned that you feel like your guides are nudging you toward healing work but you're unsure how to start.

Here's my advice: Stop looking for exact instructions and start following your instincts.

- Healing isn't complicated. Sometimes, spirit wants us to rest, recharge, or simplify.
- Your guides won't send a checklist. They'll guide you through gentle nudges, repeated thoughts, and what you naturally feel drawn to.
- Even everyday things can be healing. Spirit has recently been making me heal by watching *The Good Wife* and having a cappuccino! ☕

Ask yourself: ☞ What am I being drawn to do right now?

- ☞ Do I need early nights, quiet time, or self-care?
- ☞ Am I resisting something that I feel called to do?

Healing is powerful, but also simple. The more you listen, the more spirit will guide you.

Final Thoughts

Lee, your experience was a perfect example of how spirit works in ways we don't expect.

🌟 Key Takeaways:

- Spirit communicates collaboratively. The messages we need often come in unexpected ways.
- Short readings have limitations. If you need deep clarity, a one-on-one session is better.
- Signs aren't about numbers or formulas. Trust your first instinct when a sign appears.
- Healing is about following what feels right. Your guides won't give you a to-do list—they'll nudge you toward what you already know.

I hope this helps, Lee! And to everyone listening—if you enjoyed this episode, please leave a review and share it!

Until next time—keep shining your light! ✨