



Mediumship Matters Podcast Transcripts

Season 2 Episode 45

Recruiting for the Spirit World

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! I hope you're doing well. Before we dive into today's topic, I want to give a big shout-out to my lovely friend Amanda for sponsoring this episode. Thank you, Amanda! You must be getting bored of me by now, but hey, here you are again—soul contract, perhaps? I've got some brilliant emails to go through today, and yes, I'm still catching up! So let's jump straight in.

Listener Email: Reincarnation and Save Points

Steve Smith wrote in with an intriguing thought about reincarnation. Here's what he said:

Hi Hannah, as a new listener to your podcast, I felt I needed to message you after listening to your recent 'Mediumship Matters' episode. I'm a 60-year-old man who attended development circles in my late teens but stopped due to life's busyness.

During your podcast, you discussed whether we come back after death. One thought I've always had is that life is like a video game—we have save points at particular moments. I have recurring memories that are seemingly unimportant yet keep surfacing throughout my life. My theory is that if we choose to return, we might pick up from one of these save points rather than starting from birth. Hope that makes sense!

What a concept! This is exactly the kind of thing I love to chew over. Who's to say our souls don't work like that? Maybe we don't always start from scratch but instead return at pivotal moments. And before you dismiss it, ask yourself—why does it feel uncomfortable? What about this idea challenges you?

I had a similar reaction when someone suggested that all souls are actually one being. That thought rattled a few listeners, and I get it! We live in a world that values individuality, but what if we're all just different aspects of the same soul?

Anyway, Steve, thanks for keeping me up at night thinking about this one! If anyone else has thoughts, let me know.

Listener Email: Can You Open Someone Up to Spirituality?

Sue Kent sent in this brilliant question:

Hi Hannah, I'd love your thoughts on this. Is there any way we can help someone open up to the spirit world if they're not ready? I find spirituality fascinating and can't get enough, but I struggle to understand why others don't feel the same. Will they never be ready until they're ready? Or can we fast-forward their journey?

Great question, Sue! And first off—go you! Attending a spiritualist church, sitting in circles, enrolling in a healing course—love it!

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Now, my honest opinion? You can't force spiritual awakening. People find it when they're meant to, and for some, that might be never. And that's okay! The number of spirits I connect with who say they thought mediumship was nonsense while they were alive—it's a lot! And they're totally fine now.

Trying to push someone towards spirituality can actually have the opposite effect. People have to be open and ready for it. If they're not, they'll reject it even harder. And let's be honest—mediumship has been misrepresented over the years, making it easy for people to dismiss or mock. That doesn't mean you should dim your light, though! Shine brightly. Be yourself. Share your journey. People who are meant to resonate with it will. The best way to inspire others is by simply being who you are. They'll see your peace, your growth, and maybe—just maybe—it'll spark something in them.

Spiritual Free Will and Ethical Healing

Another important point—never, ever, ever heal or send spiritual energy to someone without their consent.

I see this a lot in spiritual circles. Someone's husband isn't spiritual, so they ask a group to send him healing to “wake him up.” That's a massive invasion of free will. We don't get to decide what someone else needs on their soul's journey.

A great example of well-intentioned actions going wrong? A group in the UK collected sanitary products to send to impoverished communities in Africa, thinking they were helping. But those areas lacked waste disposal systems, so the plastic products created massive environmental and hygiene problems.

Intentions matter, but so does understanding the full picture. When it comes to spirituality, rather than assuming someone needs awakening, let them have their own experience. If they ask questions, be there. If they don't, trust their journey.

Final Thoughts: Shine Your Light Unapologetically

Sue, and everyone listening—don't shrink yourself to make others comfortable. Share your experiences, live your truth, and let your light shine. Some people will be drawn in, and some won't. That's not your responsibility.

And wouldn't it be nice if we could all just respect different viewpoints? A world where we could simply say, “I see it differently, but that's okay.” Maybe in the next lifetime! Or knowing my luck, I'll be reborn in the Stone Age with a fur blanket and a cave.

If you have thoughts on today's topics—reincarnation, spiritual readiness, or anything else—drop me an email at podcast@hannahmedium.co.uk. You don't need a question—just your thoughts! I love hearing from you.

Take care, and I'll catch you next time!