



Mediumship Matters Podcast Transcripts

Season 2 Episode 68

Sending Spirits Away

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? Today, I want to talk about a massive lesson I learned at a recent demonstration—something that happens to all mediums at some point. What do you do when you bring through a spirit that no one in the audience claims? Do you send them away? Do you keep going? Let's get into it.

Holding Space for Spirit – Even When It's Uncomfortable

At my demonstration last Thursday, everything was flowing beautifully. The audience was engaged, the evidence was landing, and I was in my power. Then, midway through, I felt the presence of a little baby boy in spirit.

I started bringing through his details—

👶 Full-term birth but passed shortly after.

🧸 A blue teddy at his resting place.

📅 About 25 years ago.

👩 His mum still talks to his picture every day.

And... silence. No one raised their hand.

Now, here's what I've seen some mediums do in this situation: They make a joke about spirit getting the wrong show, send the spirit away, and move on. And I get it—it's awkward. You feel vulnerable. Everyone in the audience is staring at you, and it's tempting to just pretend it never happened.

But I refuse to send spirit away.

Trusting Spirit's Intelligence

Here's the thing: The spirit world does not make mistakes. If a spirit comes through, it's because they are meant to be there.

So, I kept going. I gave more evidence. I reassured the audience that this baby's message would reach his mum, even if she wasn't acknowledging it in the moment.

And then, after the demonstration ended, a woman approached me in tears.

💔 "That was my friend's son. She was in the audience, but she was too upset to raise her hand. She's outside in the car park, sobbing."

I went outside, hugged her, and she sobbed in my arms. She had waited 25 years for a sign from her son, and that night, she got it. If I had sent him away, if I had brushed him off as a mistake, she would have missed that moment.

Why Sitters Sometimes Don't Acknowledge Spirit Right Away

If you're a developing medium, it's crucial to understand that sitters don't always claim spirit immediately. Why?

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- ◆ Shock & Emotion – Some are too overwhelmed to respond.
- ◆ Expectation vs. Reality – They may have expected someone else to come through.
- ◆ Processing the Evidence – They're still trying to work it out in their heads.

That's why holding your power as a medium is so important. It's not about you—it's about trusting spirit and knowing the message will land where it's meant to.

Mediumship is About Faith, Not Ego

A teacher once told me, "If you keep working with a spirit that no one claims, you're in your ego." And at the time, I believed them.

But after this experience? I completely disagree.

Mediumship is about faith in spirit, not faith in your audience. If you cut off a connection too quickly because you're afraid of looking silly, that's your ego talking. Your job is to be a bridge between two worlds, even when it feels uncomfortable.

What to Do When No One Claims Spirit

If you ever find yourself in this position, here's what I recommend:

- 1 Stay Calm & Grounded – Don't panic or rush to move on.
- 2 Give More Evidence – Keep working with spirit and see what else they can share.
- 3 Acknowledge the Situation – Say, "I trust this message will reach the right person."
- 4 Release the Message with Love – Even if no one claims them, give their message anyway.

And if you're in the audience and think a spirit might be for you, don't overthink it! Trust your intuition and acknowledge them.

Final Thoughts: Mediumship is a Lifelong Learning Journey

Every medium—no matter how experienced—will face moments of doubt. But the spirit world is infinitely intelligent. They know what they're doing, even when we don't.

If you're a developing medium, I encourage you: Stand strong in your faith. Hold space for spirit. And never, ever send them away.

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See you next time!

Transcribed & adapted for accessibility & SEO.