



# Mediumship Matters Podcast Transcripts

Season 2 Episode 49

## Asking Spirit Questions

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, we're diving into an interesting question that came up recently—can you ask spirit specific questions and get direct answers? Plus, we'll explore what happens when people seek precise guidance from their loved ones in spirit.

Let's get into it!

### 1. Can You Ask Spirit Specific Questions?

A listener recently asked if you can ask spirit a direct question and get a clear, specific answer. The short answer? It depends.

Mediumship involves a delicate energetic balance between three key components:

- The sitter (you, the person receiving the message)
- The spirit world (the loved ones communicating)
- The medium (who facilitates the connection)

If the energy is aligned, yes—amazing, clear information can come through. However, spirits aren't always able (or willing) to answer the way we expect. They come from a space of unconditional love, where judgment and earthly concerns often fade away.

For example, if someone asks, "Did Aunt Sheila really take Grandma's wedding ring?"—spirit may not answer directly. Instead, they may offer insight into why that situation unfolded, focusing on the emotional dynamics rather than assigning blame.

### 2. When Spirit Withholds Information

There are times when spirit chooses not to give an answer—not because they don't know, but because knowing wouldn't serve the highest good.

One of the most emotional experiences I had was with a mother whose son had been murdered. She wanted to know exactly who was responsible, but her son wouldn't tell her. Not because he didn't know—but because he didn't want her to chase revenge. Instead, he urged her to focus on raising his daughter, emphasizing healing over anger.

The spirit world works from a place of growth and love, not retaliation. They guide us toward what we need to experience, not necessarily what we want to hear.

### 3. Seeking Answers in Grief & Tragedy

When we lose someone, it's natural to crave answers—especially in cases of sudden loss or tragedy. However, spirits don't always have (or share) a grand reason for why things happened the way they did.

Many spirits who took their own lives or made life-altering mistakes don't always have deep explanations. They often express regret, but more importantly, they want their loved ones to heal and find peace.

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## 4. Can Mediums Connect with Their Own Loved Ones?

A listener, Emily, asked whether mediums can communicate with their own loved ones, as she heard another medium on TikTok say they couldn't.

Here's my take: Yes, but it's harder.

- You can sense your loved ones, feel their presence, and even communicate with them.
- However, getting an evidential connection (specific, verifiable details) is tricky because your brain gets in the way—you already know them, so you second-guess the information.
- Your own emotional connection can also cloud the messages, making it harder to differentiate between spiritual communication and personal memories.

That's why many mediums prefer to get readings from other mediums when seeking evidence about their own loved ones.

## 5. Spirit Guides vs. Loved Ones

Another point I want to emphasize—while your loved ones are always around, it's your spirit guides who help you on your spiritual journey.

- Loved ones offer comfort and validation but don't necessarily provide deep spiritual guidance.
- Spirit guides help with personal growth, soul lessons, and evolving your path.

So while it's wonderful to feel your grandmother's presence, she may not be the one leading you toward your next big life lesson—that's more likely your guides.

## 6. Expanding Your Spiritual Perspective

Instead of always asking spirit for answers, try this:

👉 Ask them what **THEY** want to tell you.

We often focus on what we want from spirit, but spirit has its own wisdom to share. Being open to their messages—without controlling the narrative—leads to the most powerful and profound connections.

## Final Thoughts & Get in Touch

I hope today's discussion gave you insight into how spirit communicates, why they may withhold certain information, and how to approach questions in mediumship.

If you have a question you'd like me to answer in a future episode, email me at [podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk). I love hearing from you!

Thanks for listening, and I'll catch you next time!