



Mediumship Matters Podcast Transcripts

Season 2 Episode 78 - Interview with Psychic Nic

Hannah Macintyre: Hello and welcome to Mediumship Matters! I'm Hannah Macintyre, and today, I'm joined by the lovely Nic from Psychic Readings by Nic. She's here to share her journey into psychic readings, spiritual awakening, and the importance of integrity in mediumship. Nic, welcome!

Nic: Thank you so much for having me, Hannah! I'm really excited to be here.

Nic's Early Experiences with Spirit

Hannah: Let's start at the beginning—how did you first realize you had psychic abilities?

Nic: Looking back, my journey started from a very young age. I was an anxious child, highly sensitive, and always felt different from those around me. My parents had strict Mediterranean and Asian upbringings, so emotions weren't openly expressed, but I always felt things deeply. One of my earliest spiritual experiences was when I saw a spirit at the age of six. It was a vivid image of a man standing at the end of a corridor. Later, I became convinced it was my biological grandfather, even though I'd never seen a picture of him. That experience stuck with me, but I didn't grow up in a spiritual household, so I had no framework for understanding it at the time. By the time I was a teenager, I was picking up on energies, having vivid dreams, and hearing voices—but I didn't know what was happening. It wasn't until my early 20s, after a traumatic experience, that my spiritual awakening truly began.

A Spiritual Awakening Through Trauma

Nic: At 22, I went through an incredibly difficult experience that triggered a classic spiritual awakening. Suddenly, I couldn't sleep, I felt disconnected from my old life, and I was drawn toward solitude and self-discovery.

Through a series of synchronistic events, I found a mentor who helped me understand my abilities and develop them properly. My journey unfolded naturally—I never sought out mediumship, but it kept finding me.

The Role of Trauma in Spiritual Development

Hannah: So many mediums and psychics I meet have experienced deep trauma before stepping into their gifts. Why do you think that is?

Nic: I believe trauma heightens our sensitivity and awareness. Mediums are naturally empathic, and we feel things more deeply than others. Often, what others perceive as anxiety, sensitivity, or even medical conditions can sometimes be energetic overwhelm.

When I was younger, I'd have strong gut feelings and premonitions that I didn't understand. For example, I remember feeling an overwhelming sense of panic about my mum one day—only to later realize I was picking up on something else entirely.

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Hannah: Exactly! One person's "bad day" can be an energetic wound for someone deeply sensitive. That's why so many mediums struggle with fitting in before they find their path.

Developing Psychic Abilities

Hannah: Once you started developing your abilities, how did your mediumship unfold?

Nic: It happened very naturally. The moment I accepted my gift, everything accelerated. I became hungry for knowledge, eager to understand what was happening to me.

One of my first ever psychic readings was done for me—and the reader told me, "You'll be doing what I do one day." I completely dismissed it at the time! But once I embraced my calling, my abilities strengthened rapidly.

At one point, I worked briefly on psychic hotlines as a way to gain experience. It wasn't my long-term goal, but it helped me build confidence and sharpen my skills.

Trusting the Spirit World & Setting Boundaries

Hannah: One of the hardest lessons for mediums is learning to trust spirit and set boundaries. How did you navigate that?

Nic: It was a process! I had to learn to trust my readings, even when the evidence seemed small. For example, I once kept seeing an image of a lemon cake and thought it was nonsense. But when I mentioned it, the client's last name was Baker!

The more I trusted, the clearer spirit became. I also had to set firm boundaries with clients—not everyone understands how readings work, and some people try to push for certain answers instead of trusting the process.

The Challenges of Being a Professional Medium

Hannah: There's so much misconception about what we do. What's been your biggest challenge as a professional psychic?

Nic: Without a doubt—scammers and unethical practices.

- Scammers impersonating psychics online are a massive problem. I've reported countless fake accounts pretending to be me.
- Cold readers are damaging the industry. Some big-name mediums copy and paste readings or work purely on psychology rather than spiritual connection.
- Client expectations can sometimes be unrealistic. Some people demand passwords, lottery numbers, or 100% accuracy, which isn't how spirit works.

Hannah: Agreed! It's heartbreaking when people are scammed by fake mediums, but it makes it harder for ethical practitioners to be trusted.

Modern Psychic Readings: Remote vs. In-Person

Hannah: You work mostly remotely. How do you explain to clients that psychic readings don't require in-person contact?

Nic: Energy isn't bound by physical presence.

Spirit and energy don't need to be in the same room to connect. I always tell clients: "Your energy and guides exist beyond the physical. I don't need to touch you or hold an object to tune in."

That said, not every psychic works the same way. Some prefer in-person, and that's fine! But if a psychic insists they can't read remotely, I start questioning if they rely on cold reading techniques.

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Final Thoughts & Where to Find Nic

Hannah: Nic, this has been such an insightful conversation! Where can people find you for readings?

Nic: You can find me on Instagram, Facebook, and my website (linked in the show notes). I offer a variety of readings, from mediumship to life guidance, at different price points to make them accessible to all.

Hannah: Amazing! And to all our listeners, if you enjoyed this episode, please share, review, and keep the conversation going!

Until next time—keep shining your light! ✨