



Mediumship Matters Podcast Transcripts

Season 6 Episode 12 - Do We Experience Spirit Energy Differently?

Different Mediums, Different Connections: How Spirit Communicates Through Us

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, we're diving into a fascinating question from one of my students, Tamsin. She asked:

“Do we tap into different parts of spirit depending on how we connect? Does a medium's connection with my loved one differ from my own?”

The short answer? Yes. The long answer? It's a bit more complicated—but absolutely incredible. Let's get into it.

Mediumship is Filtered Through Us

Mediumship isn't one-size-fits-all. The information that comes through is shaped by:

- ◆ The medium's knowledge & experiences
- ◆ Their dominant psychic senses (clairvoyance, clairsentience, clairaudience, etc.)
- ◆ The spirit's intelligence & how they choose to communicate
- ◆ The needs of the sitter

For example:

- If a spirit wants to show a place, they'll work best with a clairvoyant medium.
- If they want to express emotion, they'll connect better with someone strong in clairsentience.
- If they need to deliver specific words, a clairaudient medium is ideal.

Each connection is unique because it's filtered through the medium's abilities, personal references, and even personality.

This is why different mediums bring through different pieces of evidence for the same spirit. It doesn't mean one is right and the other is wrong—it just means spirit is working with what's available.

Your Personal Connection vs. a Medium's Connection

When you connect with your loved one in spirit, it's a completely different experience from when a medium does. Why?

- ◆ You have a lifelong emotional bond—spirit works with that connection.
- ◆ You're not looking for “evidence”—you're seeking comfort, love, and messages.
- ◆ Your communication may be more subtle—through feelings, dreams, or signs.

Whereas a medium is focused on: ◆ Providing validation of the afterlife. ◆ Offering proof of personality, shared memories, and specific details. ◆ Bridging the communication gap between you and spirit.

Both connections are equally real—but serve different purposes.

Mediumship Matters Podcast Transcripts

A Personal Example: My Grandmother's Spirit

At a recent retreat, a medium brought through my grandmother. My sister was there too. The reading was spot on, but something interesting happened:

- ◆ The medium described my grandmother as kind, loving, and warm.
- ◆ My sister immediately agreed—but I hesitated.
- ◆ My experience of our grandmother was more complicated. She had a sharp edge, and towards the end of her life, she became difficult and critical.

So, who was right? Both of us.

◆ My sister's relationship with our grandmother was locked in time—she remembered the good parts. ◆ I had spent more time with her later in life and had a different perspective. ◆ Spirit knew my sister needed comfort, so my grandmother presented in a way that felt safe and warm to her.

This is the intelligence of spirit. They know what we need and how to communicate it in the most impactful way.

Why Spirit Presents Differently to Different People

This isn't just about mediumship—it's about how spirit shows up for each of us.

When you journal, meditate, or sit with spirit:

- You're not asking for evidential proof.
- You're looking for connection, love, and wisdom.
- Your energy is tuned to receiving personal guidance.

When a medium connects:

- They are tuned to evidence & validation.
- Spirit knows they need to deliver specifics.
- The energy is different—it's focused, structured, and requires interpretation.

One isn't better than the other—they're just different aspects of the same connection.

Are Spirits Always With Us?

Tamsin also asked:

“My husband has said that spirit can't access us unless we invite them in—but I thought they were always here?”

Great question! Spirit is always around us—but we have to open our energy to feel them.

- ◆ Imagine spirit like WiFi—it's always there, but you have to connect to the network to access it.
- ◆ Mediumship is like tuning into a radio station—you need to choose the right frequency. ◆ Your intention is what shifts your awareness to different aspects of spirit.

This is why different spirit frequencies feel so distinct. Spirit guides feel different than loved ones. Angels feel different than spirit guides. You are shifting your own energy to meet them where they are.

Mediumship Matters Podcast Transcripts

How to Improve Your Own Connection

If you want to strengthen your personal connection with spirit:

- ✔ Set clear intentions—Decide who or what you want to connect with.
- ✔ Pay attention to subtle signs—Spirit often communicates through thoughts, feelings, and symbols.
- ✔ Practice stillness—Meditation, journaling, and quiet reflection help you receive more clearly.
- ✔ Trust what you get—Doubt blocks the flow of communication. Believe in your connection.
- ✔ Know that it evolves—Your relationship with spirit changes just as it would if they were still here in the physical world.

Final Thoughts: Spirit Knows What You Need

Spirit communication is never one-size-fits-all. It is dynamic, intelligent, and personal.

- ☀ Different mediums will perceive different aspects of the same spirit.
- ☀ Your own connection will always feel different than a reading from a medium.
- ☀ Spirit knows what you need, and they communicate accordingly.

I hope this episode has given you a new perspective on how spirit works through us. If you have any questions or experiences to share, let me know!

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Mediumship explained, how spirit communicates, personal connection vs. mediumship, spirit intelligence, energy frequencies in mediumship, spirit guide messages, evidential mediumship techniques, different types of spirit connections, intuitive vs. mediumistic messages, how to open up to spirit.