



Mediumship Matters Podcast Transcripts

Season 2 Episode 100 - Being a Medium with a Muggle Job

Introduction

Hannah Macintyre: Hello and welcome to Mediumship Matters! Can you believe it? Episode 100!



First of all, I just want to say a huge thank you to each and every one of you who listens, shares, and supports this podcast. It truly means the world to me.

Today's question comes from Graham Mitchell, who writes:

“Love the podcast. I've picked up so much knowledge through it—thank you! I also love how consistent you are. There's nothing worse than finding a great podcast and realizing it only has six episodes and hasn't been updated in a year. Keep it up as long as you can—it's much appreciated!

My question is this: How do you believe being a medium affects working a 9-to-5 job? Can the two exist hand in hand? Of course, most people's ideal would be to go full-time, but that isn't always an option in the early days. I worry that when I go public, it will impact my current role, especially if I'm posting my face and name online. Do you have any advice?”

Graham, this is such a brilliant question—let's dive into it!

Balancing Mediumship & a 9-to-5 Job

First of all, I completely understand your concern. Many developing mediums find themselves in this tricky situation—wanting to build their spiritual business while still needing the stability of a day job.

Here's my honest take:

- ◆ Having another income stream is helpful.
 - When you're reliant on readings to pay the bills, it can create pressure and misalignment.
 - If you're tired or energetically off, but you still have to work for financial reasons, it can affect your connection.
 - A stable income allows you to stay in integrity—reading only when you feel aligned, not out of necessity.
- ◆ But working a 9-to-5 job while developing your mediumship is exhausting.
 - Mediumship takes a massive energetic toll.
 - If you're working all day and then doing readings at night, it can quickly lead to burnout.
 - It's also mentally challenging—switching between the “muggle” world and the spiritual world gets harder as you deepen your connection.

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For example, I've found that the more I immerse myself in spirit, the harder it is to have normal conversations.

- “Hello, how are you? Nice weather today!” feels so mundane compared to the infinite wisdom of the spirit world.
- I sometimes just want to grab people and say, “Have you felt it? Have you seen how incredible it is out there?” 🌀

So yes, it's a balancing act, and it's okay to take your time transitioning into full-time spiritual work.

The Vulnerability of Going Public as a Medium

One of the biggest concerns people have is putting themselves out there.

◆ Using Your Real Name vs. a Pseudonym

- I know some mediums who use a different name online to keep their professional and spiritual lives separate.
- If I had known when I started what I know now, would I have done the same? Honestly... I don't know.
- I like to be authentic, and using my real name felt right for me—but there have been moments where I've wondered if a bit more privacy would have helped.

◆ Facing Judgment

- The school run was brutal for me.
- When I “came out” as a medium, people on the school run suddenly felt entitled to tell me they thought I was a fraud—while I was just trying to pick up my kids!
- I even had a friend's husband say to my face at a party, “I think you're a fraud, and you only do this for money.”
- My response? “Well, where's the money then?” 😊

The reality is:

- People don't understand mediumship, and there's a lot of misinformation out there.
- Some will judge you, but most people will be fascinated and supportive.
- You have to decide how much public exposure feels right for you and your family.

Building Resilience & Integrity in Mediumship

◆ Integrity is Everything

- As long as you know you're working with integrity, that's what matters.
- People will always have opinions, but your truth is your power.

◆ Developing a Thick Skin

- If you ever do public demonstrations, you'll need emotional resilience.
- You can't let every sceptic or critic knock you off your path.
- Mediumship is about serving spirit—not seeking validation from others.

◆ Finding What Works for You

- There's no one-size-fits-all approach.
- Some mediums keep their work private until they feel ready.
- Others jump straight in and go public.
- The key is doing what feels right for you.

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Final Thoughts & Takeaways

🌟 Key Lessons from This Episode:

- Keeping a 9-to-5 job while developing mediumship is possible but exhausting. Balance is key.
- Having a stable income helps you stay in integrity—you won't feel forced to do readings when you're not in alignment.
- Going public as a medium comes with challenges. You may face judgment, but you'll also find support.
- Using your real name vs. a pseudonym is a personal choice. Do what feels right for you.
- Mediumship requires resilience. If you plan to demonstrate publicly, you'll need emotional strength.

Graham, I hope this helps! Thank you for your fantastic question.

And to everyone listening—if you enjoyed this episode, please leave a review and share it!

If you're ready to deepen your spiritual journey, check out my courses and mentorship programme at www.hannahmedium.co.uk.

Until next time—keep shining your light! ✨