



# Mediumship Matters Podcast Transcripts

Season 2 Episode 24

## Mediumship Natters Episode 1

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today is an exciting episode because we're launching a brand-new concept: Mediumship Natters! This is a group podcast where I bring together some incredible lightworkers to discuss all things spiritual, mediumship, and energy work. I'm so excited to introduce you to today's amazing guests—each of whom brings their own unique perspective to this journey.

### Meet Today's Panel

I've invited four incredible spiritual practitioners to join me:

- Sue Quigley – A color intuitive energy healer and psychic medium who works with color to interpret energy and assist with healing.
- Lisa Jesswein – A motivational medium and spiritual cheerleader with over 30 years of experience in energy work and mediumship.
- Reverend Lori Sheridan – A spiritual psychic medium dedicated to bringing healing connections through evidential mediumship.
- Jennifer Fezio – An evidential medium based in Houston, Texas, committed to spreading spiritual awareness in areas where it's less commonly embraced.

We're missing Laurie this time, but she's with us in spirit (pun intended)!

### Why Do Some People Receive Messages at Mediumship Demonstrations—And Others Don't?

This is a fascinating question that doesn't have just one answer. In mediumship demonstrations, some attendees receive clear, detailed messages while others may leave feeling overlooked. Why does this happen?

#### 1. The Energy of the Audience Matters

Laurie kicks things off by explaining that energy plays a significant role. Open, engaged, and receptive audiences tend to make spirit communication flow more easily. Smiling, sitting with an open heart, and participating actively can all make a difference.

Jennifer adds that a spirit communicator must also feel comfortable. If they weren't expressive in life, they might be hesitant to come through in a group setting. Some messages require deep emotional healing, and not every spirit is comfortable making an apology or sharing personal emotions in front of an audience.

Lisa emphasizes that mediumship is a collaboration between three parties: the medium, the spirit, and the sitter. Audience members should release expectations and trust that even if their loved one doesn't come through directly, they are still present.

Sue reminds us that demonstrations have practical limitations. If 40 people are in a room, not everyone will receive a message. The best way to ensure a personal connection with spirit is to book a one-on-one reading.

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## The Role of Spirit in Choosing Who Gets Messages

Jennifer believes that spirit plays a huge role in deciding who gets messages. Healing is the priority—both for the audience and for those in the spirit world. Sometimes, spirit knows that a particular loved one isn't ready to receive a message yet and holds back for their emotional well-being.

Lisa brings up an important point: people should focus less on who comes through and more on why. Spirit might bring forward an unexpected communicator because they are a bridge to the person you truly wish to hear from.

Sue shares an experience where a distant relative came through first, only to pave the way for a deeper message from a closer loved one. Spirit orchestrates these moments in ways we don't always understand in the moment.

## Audience Preparation & Expectations

Lisa shares a funny but true observation—some people expect a mediumship event to work like a fast-food service. “You can't just order up a spirit contact like a Big Mac,” she jokes. The experience is fluid and unpredictable, and sometimes messages arrive in ways we don't expect.

Sue encourages attendees to be open to any message, not just the one they're hoping for. Being too fixated on a specific loved one can block the ability to receive other meaningful communications.

Jennifer agrees and recalls a recent demonstration where a woman was waiting to hear from her best friend who had passed in a car accident. Instead, her father came through. It turned out that she wasn't emotionally ready for her friend's message yet. Spirit knows what we need before we do.

## What About Message Grabbers?

We all know them—the audience members who claim every message as their own! Lisa breaks down two types:

- Overenthusiastic Sitters – People who genuinely feel every message applies to them.
- Spirit Magnets – Some people have strong, outspoken family members in spirit who tend to dominate readings.

Sue shares a story about a medium who had to pause a demonstration just to acknowledge how “loud” one particular spirit was—proving that personalities don't change in the afterlife!

## How Sitters Can Best Prepare for a Demonstration

Laurie suggests simple but effective ways to prepare:

- Say a small prayer or invitation to your loved ones before attending.
- Bring a meaningful object that connects you to them.
- Keep an open mind and embrace curiosity rather than control.

Jennifer reminds us that spirit will bring forward what we need, not necessarily what we expect. The best approach? Let go of the outcome and trust in the intelligence of spirit.

Lisa adds a few practical tips:

- Use the bathroom beforehand!
- Wear comfortable clothes.
- Be physically and emotionally present—leave stress and distractions at the door.

Sue closes with a beautiful thought: Come to a demonstration with a sense of wonder. Instead of demanding a message, ask yourself: “I wonder who will come through?” That openness can make all the difference.

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## Final Thoughts

The magic of mediumship lies in its unpredictability. While not everyone may receive a direct message, just being in the presence of spirit is a powerful experience.

Lisa sums it up best: “Nobody wants you to get a message more than the medium does. But we also don’t control spirit—we are simply the messengers.”

So next time you attend a demonstration, come with an open heart, a sense of curiosity, and the trust that the right message will always find the right person.