



Mediumship Matters Podcast Transcripts

Season 2 Episode 1

Welcome to Season 2!

Welcome Back to Mediumship Matters!

Hello, lovely listeners! It's me, Hannah Macintyre, welcoming you to Season 2 of Mediumship Matters. Can you believe it? A new season for a new year, and here we are. First off, thank you. Seriously—thank you. Your support, shares, reviews, and listens have helped us hit nearly 13,500 downloads and even land in the top 20 spiritual podcasts in New Zealand. Mind-blowing! I started this podcast inspired by Catherine Ryan's funny, slightly rude podcast, but let's be honest—it was probably Spirit giving me a nudge. And here we are, growing together.

Catching Up: Emails, Energy, and a Bit of Chaos

Let's talk about the elephant in the inbox. Some of you have emailed me and crickets... no reply. I'm so sorry! I read every single email at podcast@hannahmedium.co.uk. Life just gets in the way sometimes, but please know your words matter to me.

Lately, I've been in a weird energy space—positive but uncertain. I've paused my membership program, taken a break from readings, and focused on teaching and demonstrating. And then, just as I found my groove, COVID restrictions hit again. The hall for my in-person circle tightened its rules, so no more circles for now.

It feels like the Tower card in tarot—everything crumbling to rebuild stronger. But I'm still mid-crumble. Thanks for sticking with me.

Real Talk: You Already Have What You Need

Let's bust a myth: You don't need fancy gear to start something meaningful. Yes, I have a mic, but this podcast is recorded in my office, with cars zooming past outside. My jingle? Made on my phone. No studio. No producer.

If I'd known this podcast would reach 51 countries, I might've talked myself out of it, thinking it had to be "perfect." But perfection is overrated. Authenticity connects. When I teach card reading, the first lesson is: You don't need the cards. Spirit communication starts with you—your connection, your energy. The tools are just extras.

So, if you're waiting for the perfect setup to start your spiritual work, stop waiting. You already have everything you need.

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Listener Emails: Your Stories, Spirit's Magic

1. Carl's Beautiful Encounter

Carl emailed me (back in October... sorry, Carl!) sharing a lovely story. As a housing surveyor, he met a tenant whose husband had passed. Feeling a nudge from Spirit, Carl gently engaged in conversation. The tenant shared how she felt static energy and heard her husband's voice saying, "I've been allowed to come back to see you. Don't be scared."

Carl, despite doubting his mediumship abilities, shared a simple message: Your husband loves it when you acknowledge him. That small act changed her day, maybe even her life. Carl, you were her sign. Bravo!

2. Penny's Lost-and-Found Spirit Guidance

Penny wrote about misplacing things and suddenly "just knowing" where to find them. Is it Spirit? Absolutely! Often, when we stop trying to control and simply surrender, Spirit slides in with gentle guidance. Your mum and Spirit guides are with you, Penny, whispering those helpful nudges.

3. Katrina's Question About Calling Spirits Forward

Katrina asked if mediums can request specific spirits. Short answer: Yes, but it's complicated. Sometimes, spirits need an invitation, especially with recent passings. Your grandmother might create the energy needed for your friend to come through. Spirit communication is complex—no strict rules, just flow.

4. Lorelli's Take on Evidence in Readings

Lorelli shared how evidence in readings helps identify her loved ones. It's not about names and dates; it's the details, the essence that resonates. Her heartfelt words remind us that mediumship isn't just about proving Spirit exists—it's about connection.

Reflection: Rediscovering My Connection

Stepping back from readings, I asked Spirit, "Why can't I feel you like I used to?" The answer hit me on a dog walk: I do feel them. I've just stopped noticing.

Like a long-term relationship, I'd taken Spirit's presence for granted. They're always with me—guiding, nudging, orchestrating. Sometimes, we forget to be grateful for what we already have.

Final Thoughts & How to Get Involved

Season 2 is off to a heartfelt start. Got a story, question, or reflection? Email me at podcast@hannahmedium.co.uk. Share your Spirit encounters, your "a-ha" moments, or even your doubts. Let's learn and grow together.

Stay tuned for upcoming guest interviews. Got questions for them? Send those in too!

Thanks for being part of this journey. Here's to Season 2 and all the magic to come.

With spirit (but never "love and light"),