



Mediumship Matters Podcast Transcripts

Season 2 Episode 61

Listener Questions

Hello, and welcome to Mediumship Matters with me, Hannah Macintyre! Episode 61 already—I can't believe how quickly time is flying. Thank you so much for all the shares, reviews, and interactions. I know I say this every week, but I genuinely appreciate it. Your support helps keep this podcast going, so thank you!

Today, we're diving into some fantastic listener questions, covering everything from venue energy to mediumship development and spirit communication. Let's get started!

Does the Venue Impact Mediumship Demonstrations?

Kelly sent in a great question about the energy of venues and how they affect my demonstrations.

“Has anyone ever asked you about the setting? You work in a variety of places—does the energy of the venue impact your work?”

Kelly, you are absolutely spot on! Venue energy makes a huge difference in mediumship.

Amanda (my friend and event assistant) and I talk about this all the time, and it's a real challenge when trying to book the right locations.

Some venues naturally enhance spirit communication, while others feel heavy or sluggish. For example:

- Chilham Village Hall – Beautiful venue, but for some reason, the energy always feels slow and tired. I've got one more event there in September, and if I can't shift the vibe, I'm moving on!
- Maidstone Venue – Lovely space, but I didn't realise the bar was open to the public during my event! The rowdy energy, background noise, and people peering in through the windows made it a distracting place to work.
- Deal Theatre – Amazing atmosphere! Someone commented after a recent event, “I'm still buzzing from last night!” That's what I want—uplifting, vibrant, and fun mediumship!

What Makes a Great Mediumship Venue?

Through trial and error, I've learned that the best venues for my style of demonstrating have:

- ✓ A separate space (so random people aren't wandering in!)
- ✓ Comfortable seating without me having to set up or pack away chairs (because, honestly, who wants to do that after a full event?)
- ✓ A bar—not because I want people wasted, but because a relaxed drink helps some attendees feel like they're on a night out, which sets the right tone
- ✓ The right lighting—dimmed, warm, and inviting, rather than stark overhead strip lights that make the place feel like a hospital ward!

The dream? Having venues approach me instead of endlessly chasing bookings. But for now, the search continues!

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Feeling Stuck in Mediumship Development

Kate wrote in about her struggles with mediumship development and feeling like spirit is calling her, yet she's not sure if it's truly her path.

"I've been in a development circle for a year, but I don't feel like I have a natural affinity for mediumship. If spirit keeps bringing this into my life, why am I struggling?"

Kate, I completely understand. When I started, I sat in a development circle for three years without actually doing evidential mediumship! I kept waiting for a sign that I was "ready" or "good enough."

Here's what I've learned:

- Mediumship isn't just for the 'chosen few.' It's a skill that anyone can develop with practice.
- Some circles focus on spiritual connection rather than evidential mediumship. Check if your teacher actively demonstrates mediumship, because if they don't, they may not be teaching evidential work.
- You have to give yourself permission. The spirit world won't suddenly drop a neon sign saying "Now you're ready!" You have to claim it, step up, and start practicing.

If you truly love it and want it, that's enough reason to pursue it. Maybe it's time to try a mediumship class or workshop where you can be pushed outside your comfort zone.

Spirit Communication & Setting Boundaries

John from Australia wrote in about his experiences with spirit and feeling overwhelmed by sudden, intense encounters.

"I've had spirit come to me at unexpected times, including feeling a spirit's emotions as they passed. How do I regain control over my connection?"

John, this is such an important topic. You are in control of your connection to spirit. Many people assume mediumship means being completely open all the time, but boundaries are crucial.

Try this:

- Set Clear Office Hours – Tell spirit when you are available. I say, "I'm open during readings or practice sessions, but not at night."
- Control Your Frequency – Imagine an old-fashioned radio dial in your mind. Tune into the "spirit guide" frequency when you want peaceful communication, and turn off the dial when you need space.
- Use Firm Language – If spirit comes through uninvited, say "Not now." They will listen!

The spirit world respects boundaries. You don't need to be "on" all the time—you decide how and when you connect.

Final Thoughts: Mediumship is a Journey

No matter where you are on your path—whether you're struggling to find the right venues, wondering if you're "meant" for mediumship, or trying to manage unexpected spirit connections—you are not alone.

Mediumship is not about perfection. It's about growth, learning, and trusting yourself. You will have doubts, off days, and moments where you want to pack it all in. But if you love it, if it calls to you, keep going.

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If you're ready to deepen your connection with spirit and grow your confidence, The Gateway is here for you! We offer live workshops, practice sessions, and a supportive community to help you develop your mediumship.

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