



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 110

### Spiritual Downloads, Navigating Readings & The Mystery of Otherworldly Beings

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today's episode is packed with listener questions, deep spiritual insights, and a bit of mind-blowing existential pondering (because why not?). We're diving into spiritual downloads, why some readings don't hit the mark, and whether ETs and other dimensional beings fit into the world of spirit. Let's get into it!

### A Beautiful Story of Spirit's Presence in Passing

I want to start with an email from Sarah, a self-proclaimed super fan (love you already, Sarah!). She shared a powerful experience about her father's passing and how her stepmother in spirit guided him over.

Sarah struggled with guilt and worry over her dad's final moments, but about a year into her spiritual journey, she received a spiritual download—a vivid, undeniable knowing of exactly what happened. She saw her stepmother standing in the hospital room, taking his hand, and leading him with pure joy.

Her sister, who was deep in grief, was overwhelmed with relief when Sarah shared this experience. This is why we share our stories! They give hope, they validate, and they remind us that we are never alone.

Sarah, thank you for sharing. And if you're listening and have had a similar experience—share it! The more we talk about these moments, the more we break down fear and open people's hearts to spirit's love.

### “Did Spirit Block My Reading?” – A Curious Question from Aaron

Aaron sent in an email about a peculiar psychic reading experience. He went to see a trusted local psychic—one who had given spot-on readings to his family before. But when it was his turn? It was terrible.

Nothing resonated. It felt off. And yet, his mum's reading was terrifyingly accurate.

So Aaron asked: Would spirit purposely block a reading to push me toward self-discovery?

Answer: Absolutely, they would!

I've experienced this myself. I've had moments where I wanted answers from outside sources, ignored my own intuition, and booked readings anyway. And what happened? The readings were vague, unhelpful, or just plain bad.

- Once, I saw three different mediums for clarity. One saw smoke, the next saw mist, and the last saw fog. If that's not a message, I don't know what is! Spirit was telling me to stop seeking and start listening within.

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Aaron, your experience is a spiritual slap (we've all had them!). Sometimes, the most empowering message is realizing you don't need external validation—you already have the answers.

“How Do I Keep My Energy Up for Back-to-Back Readings?” – Kelly's Burning Question

Kelly left a hilarious voice note (seriously, Kelly, you are a ray of sunshine!). She's been doing back-to-back readings and noticed a pattern:

- First reading? Incredible.
- Second reading? Flop.

She asked: How do I keep my energy at the same level for both? Or is this a sign I'm not ready?

Kelly, here's the truth: Even experienced mediums don't do back-to-back readings easily!

My advice?

- Reduce the time. Instead of two 45-minute readings, try two 25-minute readings. A deep, evidential connection doesn't need to be long.
- Take breaks. If I do a long demo, I take days off to recover. Pushing too hard leads to burnout.
- Avoid multiple sitters in a reading. If two people are present, their energy bounces between them instead of anchoring into you, making it harder to maintain the connection.
- Respect your limits. Even Spider-Man runs out of webbing if he overuses it! Honor your energy, and don't force it.

Trust yourself. Your mediumship is strong. You just need to find the right rhythm for your energy.

ETs, UFOs & Otherworldly Beings – Do They Fit Into the Spirit World?

Karen asked an amazing question: Do you believe in ETs, Sasquatch, and interdimensional beings?

And if so, do they fit into the spirit realm?

My answer: Yes. Yes. And also... yes.

I don't believe our souls are exclusively human. I believe our souls are spirit energy that can incarnate in many different dimensions, forms, and realities.

A wild experience? During a Reiki session, I became aware of a non-human guide stepping in. He had:

- Mustard-yellow glittery skin (very Twilight, but make it cosmic).
- Caveman-style hair.
- A long wooden staff covered in symbols.

He stood in red sand on a planet that wasn't Earth and etched symbols into the ground around my client, activating some deep healing.

When I looked at my hands, they were twice as long, yellow, and moving differently. When I looked at my feet, they were long and strange. It was a full-body experience—one I'll never forget.

I believe the universe is teeming with life—physical, energetic, and everything in between. We are not alone, and spirit encompasses so much more than we can comprehend.

AI, Robots & The Soul – A Thought Experiment

One more mind-bender before we wrap up: Do robots have souls?

I've been thinking about AI and consciousness. If we create advanced robots, who are we to say they don't have souls?

If a tree can communicate, if energy exists in infinite forms, then why would a machine—crafted by us, infused with intelligence—not be capable of carrying spirit?

- I have no answers. Just questions. And I love sitting in the unknown.

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Final Thoughts: Keep Exploring, Keep Questioning

This episode has been a wild ride—from spiritual downloads and blocked readings to aliens and AI souls. I LOVE these conversations, and I want to hear from you!

- Have you had a spirit download about a loved one's passing?
- Have you ever received a deliberately bad reading from spirit?
- Do you believe aliens fit into the spirit world?

Send me your thoughts, stories, and voice notes! Let's keep the conversation going.

Until next time, trust your intuition, honor your energy, and stay curious.

Love,

Hannah x

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