



# Mediumship Matters Podcast Transcripts

Season 2 Episode 6

## Interview with Medium Mari

### Welcome & Introduction

Hannah Macintyre: Hello and welcome to Mediumship Matters! I'm Hannah Macintyre, and today, I have a fantastic guest joining me—Medium Mari. If you're on TikTok or Instagram, you've probably seen her sharing incredible insights on mediumship and animal communication. Mari, welcome to the show!

Mari: Hi, Hannah! Thank you so much for having me. I'm really excited to be here.

Hannah: Oh, it's such a pleasure. I know you're incredibly busy, so I appreciate you taking the time to chat. Let's start with an introduction—tell our listeners a bit about who you are and what you do.

Mari: Absolutely! I'm Mari Cartagena, but since my last name is a bit tricky, people just call me Medium Mari. I'm a psychic medium, animal communicator, and healer. I also specialize in finding lost pets with Spirit's help, which is something I know we'll talk about today. I started my journey as a licensed therapist, so my passion has always been helping people heal, whether it's through therapy, mediumship, or connecting with animals.

### Animal Communication & Lost Pets

Hannah: I love that! So many people ask me about animal communication, and I always say, not my area!. But you do it regularly—how did that start for you?

Mari: It's funny because, in the beginning, I was told that animal communication was really difficult, and I just accepted that. But over time, I thought, Why should it be different? A soul is a soul—whether in a human body or a furry body!. So I decided to give it a go and realized that animals communicate just as beautifully as people in Spirit do.

Hannah: That makes total sense! When you're connecting with animals, is it similar to connecting with a person in Spirit?

Mari: Exactly. It's not like a dog comes through and says, "Hi Mari, it's me, Rover". But I receive images, sensations, and emotions—like a movie playing in my mind. Sometimes Spirit will even spell things out for me. When I work on lost pet cases, it feels like the animal has a GoPro camera on their head, showing me where they are. I ask them questions like "What do you need?" or "Where have you been?", and they respond through symbols, feelings, and visuals.

### Finding a Lost Dog in Ireland

- Hannah: That's absolutely fascinating. Can you share a story about finding a lost pet?

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Mari: Oh, absolutely! A few years ago, I helped someone find their lost dog in Ireland—a place I've never even been to. The dog kept showing me the number six and a red string tied to something. Turns out, he had been lost near Cabin 6 in a logging area. That red string? It was what the workers used to mark an area that had been searched. On the sixth day at 6 PM, they found the dog—right near the string!

Hannah: Wow. That is just amazing! The level of detail Spirit provides is incredible.

Mari: Yes! And for the pet parent, it's life-changing. Being able to reunite them with their beloved animal is one of the most rewarding things I do.

## Mediumship & Spiritual Journey

Hannah: Let's talk about your journey into mediumship. How did Spirit finally get you on board?

Mari: Laughs They were persistent! I was born seeing and talking to angels and spirits, but like many people, I pushed it away for years. I became a therapist, got a master's degree, had a family, and thought I was set. But Spirit kept nudging me!

One day, a medium from the UK told me I was meant to be doing this work. I brushed it off... until the universe decided to be a bit more direct.

I was at an airport, went into a restroom, and sitting on the toilet paper holder was a single tarot card—it said TRUST. That was my moment. I literally looked up and said, "Okay, I get it!" and that's when I fully committed to my development.

Hannah: laughs That is incredible! Spirit was not giving up on you.

Mari: Not at all! They'll work as hard as they need to, to get the message through!

## Training & Development

Hannah: Once you accepted your path, how did you start training?

Mari: I went all in—I took courses, read books, and trained with incredible teachers like Tony Stockwell, John Holland, James Van Praagh, and Thomas John. I also sat in development circles and did as much practical work as possible. The key is practice, practice, practice!

Hannah: Absolutely. People think mediums just wake up one day fully formed, but it's years of dedication and study.

Mari: Exactly. It's like being an athlete or musician—you have to train your abilities to be at your best.

## Advice for Developing Mediums

Hannah: What advice would you give someone just starting their spiritual journey?

Mari: ✓ Read as much as you can. Books are a great foundation. Janet Nohavec's book is fantastic! ✓ Find a great teacher. With Zoom, you can learn from anyone worldwide. ✓ Join a development circle. Practicing in a safe space is invaluable. ✓ Trust yourself. Fear and self-doubt are the biggest blockers. ✓ Be patient. Growth takes time—enjoy the process!

## Spirit Chat – A New YouTube Show!

Hannah: Tell us about your new project—Spirit Chat!

Mari: Oh, I'm so excited! I'm launching a YouTube show called Spirit Chat with my friend Winter Brook. We'll talk about mediumship, spiritual development, and take audience questions. We'll even do live readings and invite special guests—so maybe we'll have you on, Hannah!

Hannah: Yes, please! That sounds fantastic. Where can people tune in?

Mari: Our first episode is on February 25th at 2 PM Eastern. Initially, it will stream on Facebook Live, but we'll soon expand to YouTube and other platforms. You can find all the details on my website, [mediummari.com](http://mediummari.com).

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Final Thoughts & Where to Find Mari

Hannah: This has been such an amazing conversation. Where can people find you and book a session?

Mari: My website is [mediummari.com](https://mediummari.com)—there you can book readings, lost pet sessions, and soul guidance sessions. I'm also active on TikTok & Instagram (@mediummari) where I share insights and tips.

Hannah: Thank you so much for joining me, Mari! This has been absolutely fascinating.

Mari: Thank you, Hannah! I've loved every minute of it.

Hannah: And to our listeners—thank you for tuning in! If you enjoyed this episode, please leave a review and share it. See you next time!