



Mediumship Matters Podcast Transcripts

Season 6 Episode 21 - Listener Questions

Free Will, Evidential Mediumship & Spiritual Responsibility

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

I am so bloody busy right now, guys. I threw the gauntlet down for myself and reopened readings, and now I remember why I stopped! Trying to record the podcast, teach, and organise demonstrations—it's a lot. The only reason I can record today? I've herniated a disc in my back from Pilates. Yes, I went to Pilates to give back to my body, and my body responded with a big fat NOPE.

But, silver linings! Since I can't go to the gym, I have time to catch up on some listener questions—and trust me, I'm very behind. Let's get into it!

“Spirit Told Me...” – The Problem With Giving Up Free Will

Lately, I've noticed something really irritating in spiritual circles—

People saying, “Spirit told me to...” when they really mean “I decided to...”

- ◆ “Spirit told me I was going to be a medium.”
- ◆ “Spirit told me evidential mediumship was no longer my path, and I should be a coach.”
- ◆ “Spirit told me to only do small audience readings.”

It might seem harmless, but when it becomes the norm, we start indoctrinating people to believe they have no choice.

Here's what I've learned:

- ◆ When I ask spirit if I'm meant to be a medium, they never say yes. They ask, “Do you want to be a medium?”
- ◆ When I say, “I don't know, it's really hard,” they just say, “We know.”
- ◆ No grand signs. No golden light of destiny. Just free will.

Spirit doesn't choose your journey—you do.

This isn't just theory. I see it all the time in spiritual assessments.

- People say they're waiting for a clear sign from spirit.
- They assume if it's hard, spirit must not want them to do it.
- They want spirit to pave the way, but that's not how it works.

Spirit won't choose for you. They'll support your choices, but you have to make them.

So if you find yourself saying, “Spirit told me,” stop and ask—

- Did they really?
- Or did you just want to do that thing, which is completely fine?
- Let's stop pretending spirit is controlling our every move. Own your decisions. It's so much more powerful.

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Audience Size & The “Ego-Led” Debate

Someone recently told me:

“Anyone with an audience over 100 people is being led by ego, not spirit.”

They were a friend, and I know they meant well. But it stung.

I had a moment of shame, questioning myself—

- “Am I ego-led?”
- “Am I doing this for the wrong reasons?”

But then I sat with it and realised:

- I love a big, buzzy audience.
- I choose to do bigger events.
- I don’t pretend my evenings are “intimate”—I market them as exactly what they are.

And here’s the thing— Big venues are expensive. I need enough tickets sold to cover costs.

I could book smaller venues—but I don’t want to.

Spirit didn’t tell me to do bigger events—I chose it.

It’s all about honesty. If you want to work in smaller groups, brilliant. But don’t shame those who enjoy reaching more people.

Was I Destined to Be a Medium?

At a recent Gateway lesson, Emily (from Emily and Her Stars) showed my astrology chart.

- ◆ My chart is all about communication.
- ◆ It suggests I’d be breaking down systems and shaking up the status quo.

And we all laughed, because—

✓ That’s exactly what I do!

✓ It fits perfectly with my mediumship journey.

So I asked spirit—

“Was I destined to do this?”

Their answer?

“You could have done lots of things. You chose mediumship.”

I could have used my skills for anything—

- A hospital manager, fixing broken systems.
- A teacher, challenging old-school learning methods.
- A farmer, revolutionising crop production (okay, maybe not—I know nothing about farming).

The point is, we all have gifts, but we choose how we use them.

The Myth of Spirit “Making It Easy”

I used to teach in-person circles, and I’d always start by warning people:

“Spirit won’t make this easy for you.”

- ◆ Your kids will suddenly need you every Thursday night.
- ◆ Your car will break down before a big practice session.
- ◆ You’ll feel exhausted and doubt everything.

It’s not because spirit is testing you. It’s because life is messy.

We all expect the golden cloud of spirit to drop blessings in our lap, but the truth is—

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You have to put the work in.

- If you want to be a medium, sign up for a course.
- If you want to do platform, practice relentlessly.
- If you want to write a book, write the damn book.

And stop waiting for spirit to give you permission.

Final Thoughts: Stop Waiting, Start Choosing

This episode is a call to action.

- ✓ You have free will—use it.
- ✓ Stop waiting for spirit to make the path easy.
- ✓ Own your choices—they are just as powerful as divine guidance.
- ✓ Success isn't luck—it's effort.

Mediumship is not about coasting. It's about showing up, doing the work, and deciding what you want.

So... what do you want? And what are you waiting for?

Let me know your thoughts—I'd love to hear from you!

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

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