



Mediumship Matters Podcast Transcripts

Season 2 Episode 77 - Interview with Kerry Alderuccio

Hannah Macintyre: Hello and welcome to Mediumship Matters! I'm your host, Hannah Macintyre, and today, I am joined by the wonderful Kerry Alderuccio—a medium, author, and all-around inspirational human. I first met Kerry at Arthur Findlay College back in 2018, and we worked together again in 2022. She has an incredible story about her journey with spirit, grief, and how she came to be a working medium.

Kerry, welcome!

Kerry Alderuccio: Hi, Hannah! Thanks so much for having me.

Kerry's Journey into Mediumship

Hannah: Let's start at the beginning—how did you first connect with spirit?

Kerry: Like many mediums, I had early experiences as a child—feeling presences, seeing shapes, and sensing movement in my bedroom. I'd feel the bed shift as if someone had sat down. But I was never scared. I just accepted it as normal.

I always had a deep knowing that life continued after death. Even when my father tragically passed away in a workplace accident when I was 18, I never felt like he was truly gone. I still spoke to him and felt his presence, though I never openly shared this with my family.

Then, 34 years later, everything changed.

A Life-Changing Loss & Awakening

On May 3, 2012, exactly 34 years to the day after losing my father, my 19-year-old son, Sam, was killed in a car accident. It was the single most devastating moment of my life. But on the very day of his passing, I felt his presence so clearly. That night, as my husband and I went to sleep, I physically felt Sam lay between us in bed.

That was the moment my spiritual awareness truly switched on. It was the start of a deeply personal journey of understanding, healing, and eventually, mediumship.

Discovering Mediumship Through a Reading

A few weeks later, my sister-in-law told me she had seen a medium who had brought Sam through. I was blown away. At that point, I had no idea what a medium actually did!

I knew immediately that I needed to find my own medium. I Googled one in Melbourne, booked a session, and didn't give her any details—just my first name.

When my husband, Sergio, found out, he was skeptical but asked to come with me. So, we struck a deal:

- In the morning, we'd go to grief counseling together.
- In the afternoon, we'd visit the medium.

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That morning, the grief counselling session was awful—it dismissed the idea of an afterlife completely, which went against everything I knew to be true. I left feeling worse than when I arrived.

But that afternoon, everything changed. The medium, Lorraine, told me she had a spirit waiting all morning—which was unusual.

She then said: “I know you are a mother grieving the loss of your son, who was between 18-20 years old.”

I burst into tears.

Sam came through so clearly, and my father was there with him, along with my husband’s late mother. The evidence was undeniable. My husband, who had been completely sceptical, left saying, “I can’t deny what I just witnessed.”

The Path to Mediumship Development

That reading changed everything. I started reading everything I could on mediumship, the afterlife, and spiritual development. But I struggled to find the specific answers I was looking for.

In 2014, I joined a spiritual development circle and discovered that I could naturally work with energy, tarot cards, and psychic tools. It felt completely right.

A year later, I heard about Arthur Findlay College and booked a trip to the UK. That first experience was life-changing. I attended multiple times, deepening my connection to spirit and refining my skills.

By 2017, I knew I needed to write a book—because I couldn’t find the one I had been searching for.

Becoming a Published Author

1. A Mother’s Journey

My first book, *A Mother’s Journey: A Story of Everlasting Love and Evidence of Life After Death*, was published in 2018. It shares my personal story of loss, healing, and discovering the reality of the afterlife.

The book has touched so many grieving parents and was even chosen by *Helping Parents Heal* as a recommended read. It’s sold worldwide and has been available at Arthur Findlay College, Simon & Schuster, and major retailers like Target and Walmart.

2. Demystifying Mediumship

My second book, *Demystifying Mediumship: What Makes a Medium?*, was published in 2021. It brings together stories from 17 mediums worldwide—including Paul Jacobs, Angie Morris, Sharon Harvey, and other tutors from Arthur Findlay College.

The goal? To break down misconceptions about mediumship and show that mediums are just ordinary people with extraordinary abilities.

Expanding Mediumship Work

While mediumship is different in Australia compared to the UK, I still:

- Offer private readings from my home in Melbourne.
- Work with *Helping Parents Heal*, supporting bereaved families.
- Train regularly with top mediums via Zoom and in-person workshops.
- Attend Arthur Findlay College annually for continued development.

I know I need to start demonstrating publicly—and that’s my next step!

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What Makes a Good Medium?

A great medium is:

- Honest – No embellishing or stretching evidence.
- Empathetic – Sensitivity is key.
- Authentic – Working with integrity and care.

A good medium brings healing, clarity, and validation—not just messages.

Final Thoughts & Where to Find Kerry

Hannah: Kerry, thank you so much for sharing your journey. Where can people find you and your books?

Kerry: My website is www.kerryalderuccio.com. My books are available worldwide through Amazon, Barnes & Noble, Target, Walmart, and more.

Hannah: Amazing! And to all our listeners—if you enjoyed this episode, please leave a review and share it! Thank you for being part of Mediumship Matters!

Until next time—keep shining your light! ✨