



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 114 - Reading For Carmel

### A Real, Unedited Mediumship Reading: Connecting with Loved Ones in Spirit

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! How are you today? This episode is something special. You're about to hear a completely raw, unedited mediumship reading for the lovely Carmel.

Spirit has been nudging me lately to walk my talk—to show my readings as they truly are, not just the perfect highlights. It's a big lesson in vulnerability, but I'm embracing it. So, in this episode, you'll hear a full reading, including the moments where I second-guess myself, get frustrated, or miss something I should've said. Because let's be honest—that's what mediumship is really like!

### Why I'm Sharing Unpolished Mediumship Work

As mediums, we are so hard on ourselves. We get caught up in whether we were “good enough” instead of focusing on the emotional impact our words have on the sitter. But mediumship isn't about performance—it's about connection, healing, and love.

I recently had this lesson reinforced when I was interviewed by The Skeptic Metaphysician Podcast. I was exhausted after a big demonstration and honestly, my reading for them wasn't my best. But that's mediumship. Some readings flow beautifully, others feel like wading through treacle. And yet, they all have meaning.

So, let's dive into Carmel's reading.

### A Spirit Connection with Carmel's Father

Right away, I felt her father stepping forward. His presence was strong, and he immediately made me aware of chest pain and breathing difficulties. Carmel confirmed that he passed from heart and lung issues, which aligned with what I was feeling.

As I blended with his energy, his personality came through—stubborn but deeply loving, fiercely proud of his family, and quite traditional in his views. He was the kind of man who loved deeply but didn't always express it openly.

- He also showed me that he had ongoing health issues he kept quiet about—Carmel confirmed this. He didn't want to worry his family, so he downplayed things until the very end. Cheeky, wasn't he?

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## Big Family, Big Love

Carmel's dad came from a large family with connections overseas. He was a social man, keeping in touch with many people across different places. He also lived in the same home for years—his roots were strong.

One touching moment in the reading was when he acknowledged Carmel's mum. She had cared for him deeply, ensuring he was always looked after. He wanted her to know he appreciated her love and dedication.

He also brought up a watch—one that either had an engraving or a special case. Carmel wasn't sure, but she later realized her sister might know. Spirit loves to give homework!

## A Sense of Humor & A Love for the Sun

Carmel's dad had a playful sense of humor. He loved winding people up in a lighthearted way, never in a way that hurt.

And apparently, he loved the sunshine! He showed me images of himself enjoying the warmth, likely from his many holidays.

He also insisted on acknowledging a recent birthday. Initially, it seemed vague, but eventually, Carmel realized it was her great-niece's first birthday the day before!

And guess what? I saw the number one but doubted myself and didn't say it out loud. Classic mediumship lesson—say what you get! Spirit will always remind us when we overthink!

## A Sudden Passing & Missed Goodbyes

Her dad's passing was unexpected and hectic. He didn't like doctors or being fussed over, and in a way, he chose to leave without a long decline.

He acknowledged that some family members didn't make it in time to say goodbye, but he reassured them—he was never alone. He was at peace and surrounded by love as he transitioned. He also showed me his brother in spirit coming to greet him. And something truly beautiful? He mentioned healing and forgiveness—acknowledging past struggles with his parents and letting Carmel know that all was well on the other side.

## A Surprise Connection – Carmel's Ex-Husband

Unexpectedly, Carmel's ex-husband stepped forward, bringing a powerful moment of healing.

His presence was heavy with deep regret. He had been stubborn, selfish, and emotionally closed off in life, especially regarding their children. He now saw how much he missed out on, and he wholeheartedly apologized.

Carmel confirmed that he had little contact with their kids, and this had angered her. He now saw that he had every opportunity to step up and chose not to. In spirit, he was watching over them and witnessing what he had lost.

One beautiful validation? He mentioned showing up in orbs in family videos—and Carmel confirmed she'd seen them! Proof that even in spirit, he was trying to be present in the ways he could.

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## A Final Message from Dad: “Choose Yourself”

Before wrapping up, Carmel’s dad came forward once more with an important message: “It’s time to choose you.”

She had spent years putting others first, making sure everyone else was okay. But now, it was her turn. It’s time to embrace joy and live for herself.

To confirm his presence, he showed me a Robin visiting her garden—a classic sign from spirit! And, of course, Carmel had already noticed it.

## Final Thoughts & Listener Feedback

After the reading, Carmel sent me this beautiful email:

“I was blown away by the amount of accurate detail you gave about my dad, and doubly blown away when you got the personality of my ex-husband so perfectly. I often wondered if I did all I could, and it was reassuring to know that I did. My children and grandchildren are so important to me, and I’m relieved that I took them away from what could have been a potentially negative environment. You are amazing. Thank you.”

Wow. These are the moments that remind me why I do this work.

## Final Thoughts: Keep Trusting Spirit

I hope this episode reminds you that mediumship is not about perfection. It’s about being real, embracing the process, and trusting spirit—even when we doubt ourselves.

If you found this episode helpful, I’d love to hear your thoughts! Send me a message, share your experiences, or join me for a reading.

Until next time—keep trusting, keep growing, and remember: spirit is always with you.

Love, Hannah x

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