



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 23 - Interview with Debs Kiely

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, I'm joined by the wonderful Debs Kiely, who has kindly agreed to share her story and insights with us.

### Debs' Journey into Mediumship

Like many mediums, Debs experienced spirit communication from childhood. She recalls playing with spirit children, not realizing at the time that they weren't physically there.

◆ Unlike many, Debs was lucky to have supportive parents who never dismissed her experiences. ◆ She attended boarding school, where she often felt lonely—drawing spirit even closer to bring her comfort.

💡 Key takeaway: Spirit often steps in when we need them most, offering love, reassurance, and companionship.

### From Childhood Awareness to Professional Medium

Debs first claimed the title of “medium” at 18, a powerful moment of self-recognition. Her first real test came when her then-husband challenged her abilities.

💡 She spontaneously delivered a piece of dialogue from a BBC play, later learning it was a famous monologue performed by his late uncle, an actor!

This validation ignited her confidence, and she began offering readings. As a self-taught medium, she started with cards, gradually shifting into pure psychic and mediumship readings as her skills grew.

### Is Mediumship a Gift, or Can Anyone Develop It?

Debs firmly believes everyone is born mediumistic—but not everyone maintains the ability.

◆ Between ages 6-8, a child's mind is still highly subconscious-driven, making them naturally open to spirit. ◆ Over time, fear, scepticism, and societal conditioning can cause these abilities to fade. ◆ However, mediumship can be rekindled later in life—a journey many people take when they feel called to spirit work.

💡 “We fear what we don't understand. But mediumship is an innate ability within all of us.”

### Teaching Mediumship—Debs' Passion

Debs is a dedicated teacher, traveling far and wide to help others unfold their potential.

💡 “Teaching isn't selfless—it's a privilege to witness a student's growth.”

◆ She loves the “aha” moments when students break through their own doubts. ◆ She believes development is ongoing—even experienced mediums continue evolving. ◆ Her approach is hands-on, experimental, and empowering.

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## Common Pitfalls in Mediumship

Debs believes ethical responsibility is crucial for professional mediums.

◆ A big concern is when people work psychically, not mediumistically, on a public platform—either unknowingly or intentionally. ◆ She believes self-awareness and development should be prerequisites before stepping into professional work.

💡 “We have a duty to spirit and the people we serve. Ethics in mediumship should be a top priority.”

## Should Mediums Be Certified?

Debs has a controversial opinion—she believes mediumship should require some form of assessment before working with the public.

◆ Just as therapists, life coaches, and even drivers need training, mediums hold great responsibility when working with vulnerable people. ◆ She’s not suggesting expensive courses, but rather basic competency checks to ensure ethical and responsible practice.

💡 “We wouldn’t let an untrained therapist counsel someone—so why is mediumship any different?”

## Debs’ Experience with Scientific Testing

Debs was part of a scientific study at Northampton University, where mediumship was tested using an EEG cap.

📊 The study measured brain activity during:  Storytelling (imagination)  Recalling memories  Performing mediumship

💡 The findings? Mediumship activated areas of the brain that neither memory nor imagination did.

Even more exciting—scientists are now moving on to MRI scans, offering deeper insights into how mediumship works neurologically.

## How to Develop Your Own Mediumship

Debs’ advice to new students: Enjoy the process!

Be patient—your development will ebb and flow.  Don’t compare yourself to others—everyone’s journey is unique.  Trust that change means progress—if your mediumship shifts, it’s a sign of growth.  Have fun! Spirit wants you to enjoy working with them.

💡 “Enjoy the journey—don’t just endure it.”

## Unforgettable Spirit Encounters

💡 First public demonstration: Spirit reassured her in the car on the way there, promising she’d do well. She asked for a real-world sign, and moments before arriving, a huge billboard appeared: “7777 CONNECT”—a direct confirmation from spirit!

💡 Physical mediumship experiences: Heavy mirrors levitating and flipping onto the floor. A spirit doctor appeared at her bedside for “research,” followed by a sitter reporting the exact same vision!

💡 Proof of spirit’s organization: A student in her physical mediumship circle was visited by spirit before even signing up!

💡 Biggest lesson? Spirit’s intelligence goes far beyond what we can comprehend.

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## Upcoming Courses & Events

Debs offers workshops, mentorship, and live demonstrations in-person and online.

📅 March Zoom Workshop – Open to all levels, focusing on evidential mediumship. 📅 February Yorkshire Workshop – Limited spaces remaining! 📅 Live Demonstrations – Including an event with fizz before the show! 🍷

📅 Visit her Facebook page to book and learn more!

## Final Thoughts—Trust the Process

💡 “Spirit is there for everyone—whether you want to work publicly or simply feel their presence more deeply.”

Thank you so much to Debs Kiely for sharing her incredible journey and wisdom. If you're looking to develop your mediumship, check out her workshops and events!

✉️ Questions? Email me at [podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk).

As always—have a bloody marvellous day!