



Mediumship Matters Podcast Transcripts

Season 2 Episode 4

Predetermined, Predestined, Predicted?

Welcome Back to Mediumship Matters!

Hello, lovely listeners! It's me, Hannah Macintyre, back with Season 2, Episode 4 of Mediumship Matters. Today, we're diving deep into a topic that stirs up a lot of questions—Predetermined, Predestined, Predicted. Are our lives mapped out? Can mediums really predict the future? And how does the Law of Attraction fit into all of this? Let's unpack it together.

What Is Clairvoyance, Really?

If you Google “clairvoyant,” you'll likely find a definition that says it means “seeing the future.” But that's not quite the full story. Clairvoyance, as taught by both earthly teachers and spirit guides, is about seeing spirit—whether through mental imagery, symbols, or energetic impressions. It's not a crystal ball predicting next week's lottery numbers.

There are different "Clairs":

- Clairvoyance: Seeing (with the mind's eye or occasionally the physical eyes).
- Clairaudience: Hearing spirit.
- Clairgustance: Tasting energy (yes, really!).
- Clairsentience: Feeling energy.

So, can clairvoyants predict the future? Not exactly. Let me explain why.

The Law of Attraction & The Myth of Predestination

I firmly believe in the Law of Attraction—that we create our own realities based on our thoughts, emotions, and energetic frequencies. Your future isn't set in stone because you are constantly shaping it. Every choice, every shift in your emotional state, changes your trajectory. Imagine your energy like a barrel of water. Your emotions ripple through that water, influencing its flow. When you're joyful and aligned, your energy attracts positive experiences. When you're stuck in self-doubt or fear, you attract more of the same. Simple? Yes. Easy? Not always.

So, when someone comes to me for a reading, my role isn't to say, "This will happen, and that won't." Instead, I work with spirit guides to:

- Highlight patterns in your energy.
- Identify where healing is needed.
- Empower you to align with the life you want to create.

The Problem with Future Predictions

1. You've probably seen readers claiming they can predict exactly when you'll meet your soulmate or land your dream job. But here's the catch:

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- If a reader tells you, "You'll meet the love of your life in April," you might unconsciously delay meeting anyone before then because you're waiting for April.
- Or, you might meet someone in April and convince yourself they're "the one" just because it matches the prediction.

See the problem? It's disempowering.

A better approach? Focus on your energy. For example, if someone named Penny wants to find love but struggles with self-worth, the real work isn't about predicting when love will arrive. It's about helping Penny heal, raise her vibration, and believe she deserves love. Then, the right person naturally aligns with her energy—without needing a specific date on the calendar.

Life Isn't a Predetermined Path

We often like the idea of fate because it removes responsibility. "It was meant to happen." But that mindset can keep us stuck. Yes, we cross paths with certain souls for growth, but those connections happen through energetic alignment, not pre-written scripts.

Spirit won't tell you:

- When to move house.
- Whether to change jobs.
- If you should dump your dodgy ex.

Why? Because you are in control. Spirit guides will gently nudge you to reflect, but they won't make decisions for you. Their job isn't to hand out roadmaps—it's to help you read your own inner compass.

The Real Purpose of Readings

So, if mediums can't predict the future, what's the point of a reading?

- Clarity: Readings reflect what you already know deep down but might be ignoring.
- Empowerment: They help you identify blocks in your energy and suggest ways to shift them.
- Validation: Sometimes, you just need to hear it from someone else to believe it.

But remember: a reading is a snapshot of your current energy. Your future shifts with every thought, belief, and choice you make.

The Key to Manifestation: Self-Love

Here's the truth that underpins everything:

All roads lead to self-love.

If you don't believe you deserve abundance, love, or success, you won't allow yourself to receive it—no matter how many readings you book.

- Want more money? Start by valuing yourself.
- Want love? Cultivate a loving relationship with you first.
- Want a dream job? Believe you're worthy of it.

And yes, this isn't a quick fix. Shifting your vibration takes time, consistency, and radical self-compassion.

Practical Tips for Changing Your Energy

- Prioritise Yourself: When was the last time you did something just for you?
- Set Boundaries: Say no when something doesn't feel right.
- Gratitude Practice: A simple "thank you" each day shifts your vibration.
- Self-Care: Light that fancy candle. Drink the good wine. Stop waiting for a special occasion—you are the occasion.
- Listen to Your Instincts: You know more than you think you do.

Final Thoughts

If you've made it this far, thank you. Whether you agree with me or not, I hope this episode has sparked some reflection. Got thoughts, questions, or just want to tell me I'm full of it? Email me at podcast@hannahmedium.co.uk. Your feedback means the world to me, and I genuinely love hearing from you.

If you enjoyed this episode, please consider leaving a review on Spotify, Apple Podcasts, or wherever you're listening. It really helps me reach more people.

Until next time, remember: you are the creator of your life. Choose wisely, love deeply, and don't forget to treat yourself along the way.

With spirit (but never "love and light"),

Hannah Macintyre