



Mediumship Matters Podcast Transcripts

Series 1 Episode 19

Interview with Louise Walton

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Hannah Macintyre:

Hello and welcome back to Mediumship Matters with me, Hannah Macintyre! I am absolutely thrilled today because I'm joined by the amazing Louise Walton. I've been following her on Instagram for ages, and I love her approach to mediumship—so I knew we had to make this chat happen!

Louise, welcome!

Louise Walton:

Oh, thank you, Hannah! It's so lovely to finally connect with you properly. I've been looking forward to this for ages!

Hannah:

Me too! Now, for anyone who doesn't know you yet, can you tell us a bit about who you are and what you do?

Louise:

Absolutely. I'm a spiritual medium and psychic medium, but I also call myself a spiritual counsellor because my work goes beyond just readings. I help people find guidance and clarity, connecting them with their loved ones in spirit and supporting them on their journey. I've been working as a medium for just over 10 years now.

Hannah:

That's amazing. And one of the reasons I was so keen to have you on is that you really champion ethical mediumship, which, as my regular listeners know, is something I am very passionate about. You share so much wisdom on Instagram about what it really means to work with spirit—no fluff, no nonsense, just truth and integrity. And I love that.

Louise:

Thank you, Hannah! Yeah, it's really important to me. There are, unfortunately, a lot of people out there who aren't working ethically, and it can give mediumship a bad name. I think education is key—helping people understand what genuine mediumship is, what's possible, and what isn't.

Hannah:

Absolutely! Now, tell me—how did your journey with spirit begin?

Louise:

Oh wow, where do I even start? I've always been fascinated by mediumship and the spirit world, even as a teenager. But I never thought I'd end up doing this work. I had a successful career in banking, I was earning great money, and on the surface, everything looked perfect. But deep down, I always felt like something was missing.

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Then, I went through a really difficult period in my life—a divorce, some personal struggles—and during that time, I had what I can only describe as a full-blown awakening. It all kicked off when my now-husband took me on a surprise holiday to Egypt. The moment I stepped off the plane, it was like a switch had flipped. I started picking up on people's emotions, I could hear their thoughts, I just knew things. It was overwhelming at first!

Hannah:

That's incredible! Like spirit just said, 'Right, Louise, time to wake up!'

Louise:

Exactly! And it wasn't just random thoughts—I was getting really specific, personal details about complete strangers. My husband, who has a degree in psychology, thought I was losing it! But when I started sharing what I was picking up, and it was being validated over and over again, even he had to admit something was happening.

Hannah:

Wow! So from that moment, did you dive straight into working as a medium?

Louise:

Not quite! I was still sceptical and trying to make sense of it all. But then friends started asking me for readings, and before I knew it, word spread, and my phone didn't stop ringing. It was like spirit had a plan, and I just had to go with it.

Hannah:

I love that! Now, have you done formal training, or has your development been more spirit-led?

Louise:

A bit of both. I did a development course when I was 17, but it scared me at the time, so I stepped away from it. When my abilities really opened up later in life, it was more of a self-taught journey. I've learned so much just through experience—spirit has been my greatest teacher.

Hannah:

That makes so much sense. Mediumship really is like learning a new language, isn't it? You build up your own personal dictionary of symbols and meanings over time.

Louise:

Exactly! Spirit will show me symbols, and I've learned what they mean through repetition. For example, if I see a green cross, I now know that person works in the medical field. It's about experience and trust.

Hannah:

So, can you share one of your most profound readings? The kind that really sticks with you?

Louise:

Oh, there have been so many, but one that really stands out was an early reading I did for a young man named Harry. He came to see me after his father passed away, and the moment he walked in, I heard 'Army's dad' loud and clear. I don't normally hear spirit like that, so it took me by surprise. But I trusted it, and everything I shared with him—his dad's name, details about his passing, personal memories—was spot on.

Seeing his energy shift from complete devastation to comfort and connection was one of the most powerful experiences I've had. And that reading ended up opening the door to me reading for his whole family.

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Hannah:

That gave me chills! It's amazing how mediumship can bring so much healing.

Louise:

Absolutely. That's the best part of this work—seeing how it changes people's lives.

Hannah:

So, for anyone listening who is just starting their journey with spirit, what advice would you give?

Louise:

Trust yourself! Confidence is key. It's normal to doubt, but the more you trust, the stronger your connection becomes. Also, meditate! It's so important. It doesn't have to be complicated—just 10 minutes a day can make a massive difference.

Hannah:

Couldn't agree more. And what about people thinking of having their first reading but feeling nervous?

Louise:

Go in with an open mind and no expectations! Spirit will always give you what you need, not necessarily what you want. And remember, there's nothing to fear—spirit communication is full of love and healing.

Hannah:

Beautifully said. So, what's next for you?

Louise:

I'm working on a book! It's not just about mediumship—it's about life, the soul's journey, and letting go of ego. Spirit has been guiding me to write it, and I can't wait to share it.

Hannah:

That sounds incredible! You'll have to come back on when it's out! For anyone who wants to connect with you, where can they find you?

Louise:

My website is www.beyondthecLOUDS.me.uk, and you can find me on Instagram @thespiritualcounsellor_louise

Hannah:

Thank you so much for this conversation, Louise—it's been amazing!

Louise:

Thank you, Hannah! I've loved it!