

# S4 Ep 35

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## SPEAKERS

Hannah Macintyre

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### H Hannah Macintyre 00:00

Hello, and welcome to medium ship matters with me, Hannah MacIntyre. How are you doing? So another week, and I've just done the week ahead reading ma know, what a year? What, what a four, five year period? Why why did we choose to incarnate at this time? Bloody hell. Anyway, I wanted to just tell you a little funny. Well, funny, not funny experience that I've had recently. So obviously, you know, I've been very vocal about the fact that I've had a bit of a hard time energetically recently. And it's been a bit tough. Well, with last week, we did all experience that lifting of the energy, well, I think most of us did, if you didn't, I'm sorry, it's coming, I promise. And I decided to try and really not sit in the old energy. So one of the problems that we have being energy beings is when we've sat in a certain frequency, we can create more of that frequency by expectation, you know, you're well, it's been really tough and you expect it to carry on and we do create some of our journey. And I think some of our journey is, you know, movements of energy and time and planetary things and humanity, things that we have to deal with. Anyway. So I'm driving along in my car, listening to God Squad music, trying to elevate my vibration, focusing on things to bring me joy, the sun is shining, I've got the nice car I've ever had in my life. God's God is playing, I've got a really sort of strong idea and direction back again of what I want. And where I want to be, I feel like I've come home to myself and really appreciating that feeling good. And there's this van, flatbed van driving towards me, and it's got half a forest of conifers on the back of it. And I think that's wide. I think, gosh, they're going fast. And I pull over and slow down, they don't slow down. And I think Oh, my goodness, they seem really close. And I'm like, You're just nervous. You're just nervous. I'm in the bush, I can hear it like scraping along the side of the left hand side of my car. And I'm like, Okay, I can't go anywhere, they'll slow down, they don't. And they just ram into my wing mirror at such speed and velocity that my entire wing mirror is obliterated. My son and I go back to look for parts to see if there's anything we can retrieve. And there is it looks like confetti on the road that's just shredded. And of course, as you can guess they don't stop, they just keep driving. They do leave some fronds of cauliflower, cauliflower, conifer, in my wing mirror, which I was very grateful for what a gift. So that was shit, to be honest. And this is my first time having a nice new car. And nice new cars have very expensive replacement parts. So that is 500 pounds for a new wing mirror. And I just find it a fascinating thing to think about. Because this is where manifestation and pre empting something because you know it's coming kind of merge. Because I've been having this thought, for the last three weeks, this car is too

big. I'm not comfortable driving it, it feels too wide. And thinking about that. And then someone was giving me a lift the other day. And this is somebody that I know is a great driver, really, really, you know, really good driver. And I was in their car and I kept flinching because I kept thinking they were going to hit a wing mirror. And I didn't know where it came from. Now, was that a premonition? Did I know that that was going to happen to my car? Was my warning system kicking in? Or did I manifest that happening to my car? Because I was thinking about how big my calf felt and not trusting it. And there's the rub. How do we know? Funny? So even after all this time of working with energy and working with Spirit this is it's not an exact science. That's what I mean. Sometimes you just can't tell where the information comes from. And whether Yeah, whether it was a warning or whether you created it by being a fussy, negative worrier, but I was just like Yay for me. And that really definitely, hopefully, is the cherry on the top. And we finished with all of this stuff for now. But we'll see. I keep singing Chumbawamba to myself, I get knocked down, but I'll get up again, because that's what it's felt like for the last six months, slash year. I've got knocked down, and I've got up again, I've got knocked down, and I've got up again, I've got knocked down, and I've got up again, I've got knocked down, and I've got up again, I've got knocked down. I've cried for a bit, and then I've got back up again. How much more Jeez. I mean, it really is just one nonstop shamanic experience here, isn't it? brutality. At least we have each other. So I thought today, I would, we've got an extra session, you've got me yabing. Today, because I have finished my run of interviews. I've got one more that I'm recording this week. And then we'll we'll start opening up for bookings for more interviewees. I just want to say one thing to you guys, if you're listening, if you want to be on my podcast, that is great. I would, I love to have guests with interesting stories. So please, when you're emailing me, email, email me like you're a real person, don't Google, or I don't know what it is I keep getting these emails, they're from different email addresses, but they follow a format. And they just, they don't have any, any energy behind them. It just feels really is either like an AI is written it or like you've all followed the same, you know, create your own document have, I listened to this episode with so and so and so and so. And I really enjoyed it or, and it's always got the title of whatever episode has been out in the last two weeks. And it made me think I'd be a great guest for your podcast. Here's some topics I can talk about. And it just I want real people. So if you're a real person, I would love to hear from you. Equally, you've got to have got had some experience. And if I go on your social media, and you're not doing any videos, and I can't tell if you are a good presenter, and you speak well, and you look good on a screen, and you know you have those basic attributes that I need for my professional podcast, then I'm not going to contact you back either. So start with building your library of content on your social media, if your social media is just essentially sharing other people's quotes, which I know I do, but I just mean a no content from you, I can't even see what you look like, you've only got 600 followers, and you're not actually doing any work. So anyone can see you and everything that you are sharing is not your own than I don't really get an idea of the essence of who you are. And I don't care about numbers, but I do care about quality. And I do care about people that have done the work and have integrated the work and have a story to tell. So when you're applying to me, that's what I want to know. At one stage, I was asking people to submit a video so that I would have an idea of the essence of them. And that's something you can still do if you're feeling brave. But yeah, just I need to know who you are. And if I can't tell who you are, then you're not going to get a callback. Because I can't risk it. This is my baby. It's precious to me. Hope that that makes sense. Okay, so questions. Now I've got myself in a bit of a tizzy here. And I honestly I'm lost in some sort of

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I don't know. I feel like I've fallen down the rabbit hole and I'm going off and on again. But hey,

how is my podcast? I can do what I like there. I do not know what happened to Amanda and I when we were at that fair, but more happened than should have happened from just sitting in a room at a fair even if it was uncomfortable. There was something energetically that happened to us. And since that happened, I have had to acclimatise. It honestly feels. I don't know how many of you have done a Reiki course or signed up for a course. But there's that kind of thing when you know the course is coming. Something happens to your energy and it starts to shift. And then like when you do a Reiki course and you go out in the world you feel like you don't really fit in in the same way that you did. So on the Friday, you're one person, you do a Reiki course over the weekend you go, it's just a little course. On the Monday, you are a different person. And you don't know how or why, but you are. Well, it's that. But it's that times 100. And I was talking to lovely Nicole the other day, and just saying if Spirit said to me that your existence in that fair in that timeline ended. And so we moved you in a wormhole through to another existence, but it's not quite the same. And you've got to reapply my ties. I wouldn't be surprised. That's how bad it's been. I don't, I feel like I'm trying to work out how I fit in this space. And I think that that is happening for a lot of us. And this is that shifting energy on Earth that we're in, something is moving. And yeah, it's a bit nuts. I'm aware. But that's how it feels to me, something's going on. Anyway, what I mean to say is that some of these questions I might have already answered, because I can't I honestly, I'm dreaming such crazy dreams. I can't tell what's happened and what hasn't and what I've dreamt. At the moment, that's where I'm at. And so past the coffee, everybody, we've just got to hang in there until this energy passes. So if I've missed your question, I apologise. Please admit it again. It doesn't surprise me. If I've answered a question twice. There might be a different answer, because I'm a different person now than I was a week ago. What can I say? And we'll work through that together. So first up is Emma. And Emma says, Hi, Hannah. I'm in early development of my mediumship and I'm considering trying to find other mediums that I can practice with, but I'm struggling to find a group. Can you recommend ways I can search out people in my local area? Bournemouth also, I'm a concerned about being taken in by fake mediums. So is there a way to spot fakes? Many thanks. Okay. Emma, it's always really hard. When I was looking in my local area, Kent, there was nothing. Only churches and I really just had a Evert aversion to churches for whatever reason. So Emma, in short, I had to create my own. And it was hard. And it was really difficult, because then I ended up with people that needed me to teach them at the same time as wanting to practice. So it is really, really difficult. I mean, as I think I've said, on this podcast, I was driving an hour and a half plus round trip every week to the circle that I first began to learn in. And that was a spirit guide circle. So when I wanted to do evidential mediumship, I was absolutely stuffed. And that is in honestly, MO. Part of the inspiration for the mediumship matter school is because people were messaging me saying I want to practice and I was saying, You need to practice you want to develop your mediumship practice, you want to do this practice. And then there's nowhere I did a post on my Facebook page saying, if you've got a circle, could you pop it on here so that people can join it? And it just, there wasn't that many. There wasn't that many that got advertised. There was a few but not many. So it is tough. Don't let that stop you but figure out where you want to be. I know that, Nicole again. She really recommends going on Reddit and places like that to do practice readings. But that's obviously much harder. And you need to have some knowledge before you work with people who aren't developing themselves. So I would suggest finding an online group that works for you if there isn't one locally. Now concern about being taken in by fake mediums. There's always difficulty with this. I don't think that there are that many people that start mediumship and set up businesses as mediums as outright frauds anymore. I think but I do think there are a lot of people out there who think they're doing a good job, but haven't done very much integration, and are very trapped in their ego. Now, don't get me wrong, I have an ego, I'm not pretending I don't my ego gets in the way all the time. But there are people that some of the teachers I've had, didn't really want me to do well, they wanted that the energy hit from teaching and having

people in need and the money from it. But they didn't actually really want any of their students to do as well as they were. Because if they haven't done the inner work, and so really, rather than worrying about fakes, I would feel into vibration and energy and whether it feels aligned to you. So whether the teachers in the group are really helping people, or they're making them feel small and holding them back. Now, I know I've spoken about this on the potty quite a lot. But things for me that are red flags are when they keep saying things like, I'm going to teach you how to do this, and then you're on the course and they don't teach you how to do that. And then they you get to the end of the signup area, and they're like, Oh, I still need to teach you this. If you sign up for the next course, I'll teach you how to do that. If they talk about themselves too much. So there's a balance because I do share stories about my journey. And things that have happened to me because it helps people understand the lessons and the integrations. But if you're in a two hour class, and they've spent an hour and a quarter, and essentially all they're doing is showing off, then that's something I would be concerned about. Another red flag is just that feeling in some of the with some of the teachers I've had is that feeling that they're like talking about you behind your back, like you're at school, and they're the mean girls, and you've got to walk past them in the corridor. Now, as they self confessed people pleaser, that's something I really struggle with. Because if I feel like someone, especially when I've put them on a pedestal of being my teacher doesn't like me, I'll work double hard, like a little puppy dog to try and make you like me. But that has damaged me time and time again. So you need to feel like they are keeping you safe. Another red flag for me with teaching is if they don't show you what they can do, there's no examples of their work anywhere. So there is a difference here. It's always a hard balance as a teacher between showing everybody what you can do, and not wanting to show off and squash them. And you have to find the space in between that. But if you're doing examples of how your mediumship works, I was doing a practice session on this on my school the other day. And I've been talking to some people demonstrated for me for personalised feedback, shout out if you're one of those people, you're so brave, I'm so proud of you. And then Spirit said to me, you know, we want you to show them all what you mean, because I keep talking about all these examples of things that will help their mediumship. And I wanted them to see what it's like in action. And so I did it, then I don't always do it. So it really does depend on the teacher and where they're at. But there should be examples of their work out there. And if they're just telling you how to do something and never showing you how they do it, something to be worried about. And I know Charlie Kelly mentioned that on the podcast.

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I don't know if he mentioned the the story I've heard about him, which could well be a story, but is a teacher that was at college was telling students to get the person spirits phone number. And he just had enough and Charlie Kelly's quite outspoken, I don't know if you noticed that on the podcast. I love it. I'm here for it. And he said to them, Well, you do it first, and then I'll do it. And they couldn't do it. So you need teachers that will show you they can do it. That's part of the reason that there are example demonstrations and readings on this podcast for people to listen to. In fact, I need to do another demonstration that's on the list. So that would be a red flag for me if there's no examples of their work. So it's very much I'm telling you how to do this, but I'm not touring or demonstrating. I only do two demonstrations. Again, I don't do any online. You have no examples of my work to reference well. Great. So that can also be a problem. And there was something else that was popping in before I went down this rabbit hole. Oh, yeah, you want meaningful feedback that feels clear and make sense. If you're not getting meaningful feedback, what are you supposed to do with that? If they're just going oh, yeah, brilliant, really good. It's not actually going to help you to learn. And this is the thing

about teaching, sometimes you have to be tough. And sometimes you have to say, don't do that don't do like this. And you can see people go. But if you really believe in people, and you really want them to be the best medium they can be, that doesn't come from keeping them safe. And still, it comes from showing them that you believe in them, and then a few little tweaks can make a massive difference. So I hope that that helps Emma, good luck on your search. Just trust your gut. If it doesn't feel right to you, and you've given it a few goes, and that's enough for your nerves to have settled, it's not the right place for you. Find another, try working online if you can't find any others. And if that's not right for you, you will have to hold your nose and jump and create your own group. Good luck. Okay, next up, we have a question from Susie. And Susie says, Hi, Hannah, I know you're busy in America at the moment. Not anymore. But I have a question and I thought you'd be the best person to put this to. I know when we go home to spirit, we will meet our loved ones and ancestors. But do you think that we will get a chance to meet our guides, I would absolutely love to connect with them when I leave my earthly incarnation. And it brings me such a hopeful, happy feeling visualising them waiting to meet me as well. What are your thoughts sending love, Susie? Absolutely, Susie. Now, I think that some of our guides are actually our own soul. And I know I've mentioned that before. I think that sometimes our guides present to us as separate from us for our own comfort. And I think it's easy in our human incarnation to forget how wonderful it will feel just to be back completely with your own self. Once more. I think we go yeah, yeah, but what about the others, but actually, there's a whole expanded array of team of just ourselves to go back to and feel that love with. But yes, I do think that we get to hang out with our guides, and be with them. One of my long term friends and students CC recommended that I read the shack. And I read the shack, and I loved the shack, if any of you want a really good book, and for those of you that know me, you will know that I've had a bit of an affinity with Jesus on my journey, even though I had a lot of resistance to it because of the religious dogma around Jesus. And it really put me off him. And once I work past that, and just worked with him. As as I receive him, I have to say that for me, he is one of the energies that my heart waits for calls to. I don't know, I That for me is he is one of the ones where I just cannot wait to get to the other side to hang out with. And I honestly, honestly, 10 years ago, if you had said to me, I'd be saying that on a podcast for the whole world to hear. I would have said that will be my kidnappers sign. I have been taken. Please send help. But honestly, that is how I feel. So I absolutely get that Susie and I do believe it. Yes. I think that we will incarnate in some lifetimes with some of our guides and sometimes they stay over there and sometimes we are a guide to them. That's how I think it works. I've I've got all these bloody podcasts lined up to talk about where I'm gonna delve into all of this but Um, yes, I do. And I think for some people, those guides are a bigger source of unconditional love than the people they incarnate with physically here. So yeah, they might be the even the ones that come to get you. And how incredible will that be? Right, next up some questions from Daisy. And Daisy says, Hi, Hannah, just a brief email as I know you are inundated. I have two questions for you. Number one, is it possible to move a pendulum psychically? I am worried whether I'm connecting to my higher self or spirit guides, or whether it is somehow me moving the pendulum to give the answers I want or expect to what is the difference between an orb and a graced greyish mist shadow, my daughter seen both. And I'd like to know if it depends on how recently the spirit passed away. For example, I love the show. Daisy. pendulums are fascinating to me, Daisy. Now, I use pendulums to read and assess the energy. I don't personally use them to communicate with spirit so much, because I know that there's better ways to communicate with spirit. Now, I'm trying to think of the best way to describe it. So for example, one of my favourite things to do with people is to have a load of cards laid out oracle cards facedown on a table. And then you ask the pendulum to guide you to the cards that you need. Now, I believe that the cards that you need, they have an energy which is in part built by your spirit guides and your your higher self and you trying to create, you know, this is where I need to be, this is the message I need to have, like when you're

shuffling cards, and you just have that little nudge that says stop there, pull that one, stop there, pull this one, there's a process and energy that builds to get the messages that need to come to you. So in that scenario, I think that the pendulum is drawn to the energy that is building. Because sometimes when you hold a pendulum over a card, it's just flat, there's no movement at all. And that's because there's no energy built there. It's just enough, it's just a mess, so it doesn't move. So there I think it's actually psychically working, it's work reacting to the energy that is built upon the cards that you need to pick. And you could do the same thing with your hand and hold your hand over the cards and feel where you get a feeling that you need to pick those cards. Now, when you're asking a pendulum for yes, no questions and you're holding it and you're moving, it is important to understand that yes, you can get in the way you can. You can move the pendulum through your expectation.

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And through your beliefs. And this is a problem. I have had somebody come to me to tell me that they know their partner is cheating on them. Because the pendulum told them, the pendulum didn't tell them that they told themselves that because they were expecting that answer. When I did the pendulum for them in front of them from a neutral space. He wasn't. And this is the problem. It is the problem with pendulums. Now, I love them because they're fun. But it's important to bear in mind. It's also important to bear in mind if you say to a pendulum, Will I ever be happy? And it says no. It doesn't mean you will never be happy. It means on a reading of the energy in the space you are in right now. The answer is a no. So you need to do stuff and take action to make it happen. Just like if you say to the pendulum will I be happy for the rest of my life? And it says yes, what it means is you will need to maintain your current vibrational alignment and not allow yourself to be pulled out of it. So it only reads the energy if you if you can get out of the way enough. It only reads the energy for right now in this moment. And in 30 seconds time your energy could be completely different. It's important to understand. And so yeah, people get in the way with pendulums all the time and it's really hard to read for yourself. Because when do we ever come at anything from a space of neutrality? And this is part of my problem with law of attraction. You know what you need to not care about the outcome. Just know that it's coming Well, if you're in a really shit space, and you don't know, if you've got enough money to eat next week, that's very hard to be neutral. And I understand faith and I understand trust in the universe. But I also understand that it's difficult here, it's hard to be neutral. So when you're using a pendulum, if it's for the big stuff, you probably are going to get in the way. And that's the irony. Till you get very, very good at finding just that stillness within you. But I in honesty can only really find that for other people, I find it hard to find it for myself. I'd like to pretend I'm more spiritual than I am. But that would be a lie. And an orbit, a greyish shadow. I just think it's the energy of how that spirit is presenting. I don't think it has any factor because there's no time in the spirit world. So how long ago they passed has no impact on the soul once it's in the soul state because there is no time is just is. And so I think it's just more to do with the energy that they are drawing to them in that moment, physically manifest so that you can see them. I was having great fun with all this the other night for the first time in ages, I've had nothing nada. I did have an orb. The other day that I got really excited about it turned out was a mosquito. But apart from that I've had nothing. And the other night I was sat at home on my own. And I just suddenly felt the nudge and I tried and they were dancing and I different coloured ones. And it made me cry a bit because it's been such a long time. They're still there. They're still with me. They haven't given up on me yet. So yeah, hope that that helps. Next question is for Cheryl who asked it on the school. I know Cheryl I asked you if you read Cheryl or Cheryl. And I know you told me and I can't remember I don't even know why I asked because it just creates this use because you'll

be like I told you I was this and you keep calling me the wrong one. But I try. And Sheriff says Can I ask about healing? If someone needs some healing in any way? Can't the angels see this? And heal these people through their own unlimited energy? Why do they need us humans to be able to transfer it or transfer it through? Is this a silly question? It really is not a silly question. It is the sort of question that I wish everybody on their spiritual journey was asking. It's actually the same question that broke apart or my entity release stuff of why would spirit leave somebody here struggling? Why do they need me to help them move into the spirit world, they don't spoiler alert. And it's the same with energy. So, healing energy is available to everybody. Absolutely everybody, whether you have done a Reiki course or not, whether you have done a Rouhani Hawk course or not, whether you have done any other form of healing or not theatre, whatever it is, it's available, it's available to everyone, whether you are a deluxe smuggle or whether you are a super spiritual guru, healing energy is available to you, it is unlimited, it is infinite. But as human beings, we have free will and choice. And we have a choice of whether we will ask for except and work with healing energy. And so it is a case of asking to receive, Ask and you shall receive. If you don't ask. You may not get now obviously they're trying to help you spirit don't want you to fail. But also we need to think about why we're here. And I do think that some of us agree to come here for a life that is hampered by different physical problems. I don't believe that spiritual healing can fix every problem. Because I think some of those problems are signed up for before we get here. And so whilst everybody would benefit from healing energy, it's not a fix all things to all people. And I think for some people, and I can certainly only speak for myself here and the clients that I've met there is that when you're in a really bad place and you're really struggling and you're really finding it difficult. There is something about To the disempowered state that a lot of us humans are in including where I was, where if someone said to you, you can, you can heal yourself, you just wouldn't be able to believe it. So I think healers are absolutely crucially important. As long as they are not trying to keep their clients with them forever. What you want to be doing as a healer is getting people into a space where they believe that they can heal themselves, and they stop needing you. And that's where a lot of healers, I think struggle, because it's not a good business plan is it? It's not a good business business plan to be like, I'm gonna teach you how to heal yourself, then you won't need me be free. But I've still got a gas bill that needs paying. And that's why it's hard. It's hard to be a human and be here, you're trying to find your way within it. So I don't think anybody needs another human to transfer it through. Unless they are so disempowered and so lost to themselves, that actually, it'd be a great thing for them, to have somebody hold that space for them. And also, as someone who's a very busy minded champion, workaholic, there is something about being in that space where somebody else is holding that space for you, where it just feels easier to receive. You know, if you've got an appointment, and you've paid for it, you'll turn up, if you're at home, and you're thinking, I really need to do some health, self healing, you'll think Oh, but I'll just reply to that email. And I just put that doctor's appointment and I've got to walk the dogs or the washings in the machine, or haven't taken the chicken out the freezer for dinner, and all of a sudden the day's gone and you haven't done it. So there's definite psychological, and physical, physical things that might go into a healer better, but not necessary. And that is the difference. I hope that makes sense. Cheryl, if you've got any more questions, ask me more. I love your questions. You always ask the good questions. You should be really proud of that. I love how you think about it all. So what I want people to think, think about it. Does that make sense? Next up, I have some email from Kim and Kim says Hi Hannah, just emailing him with a few random thoughts series for episode 18. You spoke about the untethering of the spirit from the physical body in the final weeks of life when someone is very unwell or has dementia for example. I totally agree with this. In my mom's final weeks, she





was in a hospice. And I remember her saying that she had gone to visit her consultant. This didn't happen. And she was very weak and immobile and an hour's drive from the hospital. But the wording wasn't I dreamt I went to speak to my consultants it was I went to see my consultant today. My mum may have been unwell, but she was lucid and her personality was very matter of fact. So I do believe she genuinely experienced this. I'm not even sure whether I would attribute this to astral projection because she believed they'd had a conversation. I wonder if this is an example of a time slip or an alternative timeline. could well be Kim. And isn't it fascinating. It could also be that her consultant was. See we're not when you were telling this story. I almost had this vision of her going to visit her spirit team. So she's consulting with her spirit team, even her consultants spirit, rather than her consultant in the physical realm. I just think there might be something in that too. And I love it. Thank you for sharing. On the same episode, you spoke about our souls choosing to reincarnate into lives where we suffer for our souls growth. I wonder if it's the other way round. Rather than choosing to suffer and a soulmate agreeing to give the difficult experience. Maybe instead, we choose to be the one causing the suffering. I'm not keen on the idea that suffering is the catalyst for growth as it feels a bit like religious indoctrination. To me. That idea that we suffer on Earth in order to experience better things after our earthly death has never sat well with me. It feels like a way to control people to be satisfied with a miserable experience. My personal philosophy leans towards making the most of our time here having fun being happy sharing our light. So I was thinking on this and went on to consider how difficult it is for us to embrace our shadow. And so maybe in our soul journey Our soul learns more from being the bad guy than the victim. Maybe we actively choose lives where we abuse positions of power, treat people badly and behave in ways that incongruent with our authentic self in order to learn from our mistakes, and maybe the soul pact is that our soul mates will be there to be our victims in order to allow us to experience and explore our shadow. None of us like to think of ourselves as the baddie. And when we know we have done something wrong, we often tried to blot it out or feel that we were powerless and had no choice but to do what we did. Some people regret their unpleasant behaviour whilst on this earthly plane and spend the remainder of their life in repentance while others don't face their bad deeds until they return to spirit. So then I was thinking, Do we really learn more or experience more soul growth from being the villain than the victim? And I think maybe both bring valuable lessons. Learning to rise from the ashes is as important as learning humility and repentance, isn't it. And so maybe there is no such thing as good and bad, they are just human constructs that are ego applied to our experiences in order to make sense of them. It is only because of our ego, making us of central importance in our own lives, that we experience our judgments and perceptions, and therefore our sense of right and what is wrong. And then you are giving some great examples of this, which I won't go into. But exactly that Kim, I didn't mean that we are only here, I don't, I don't believe that it's to score points for heaven. I believe that it is, and I'm going to be talking about this in the next episode. But I believe that we are here to have that experience of overcoming the negatives, and finding that joy in it. And working through that. I once did a reading for a lady who was one of the most incredible people I have ever been privileged to sit in front of. And she said to me, that her baby dying, was the greatest gift she could ever have received. Because although it broke her hearts, and destroyed her for such a long time. She made a pact to live her life to the fullest. Because of that, to experience as much as she could with joy in her heart for her baby that wouldn't get to do that. To choose to be good, and to be the light in honour of her child. And I often think about that woman, because the bravery to be able to even allow that in as a thought is quite incredible to me. And it's it's not about points. It's not about you know, being a good person so that you can get extra EQ. It is about Yeah, you're right, we play both parts. And in one lifetime, we will play both parts. I know that we like to think in this lifetime, we are the victim of all the shitty things. But we have also been the shitter. And we have to remember



that. So yes, it's about both. And then you asked me about a documentary, which I haven't watched, but I'm going to watch and I will get back to you on it. And then you just said, a lovely thing about me, which I'm too embarrassed to read, especially after getting all emotional about that amazing client I had, but you get the gist. So again, listeners, you guys rock my world. Keep sending in your questions, your thoughts, your feedbacks, your arguments, you know. Again, as I said the other day, I can only give you my opinion, from my experience in this incarnation in this moment right now, with what I am allowing myself to receive from spirit in this incredibly limited flash suit in which I reside. So I need your thoughts. We need to be working through it together. Thank you very much for listening. I'm going to just do a quick plea. If you could please just rate this and follow this podcast. You may be noticing that some adverts are creeping in on the podcast. I don't want to do adverts, but equally I need income. So what's happening now is any podcast that is over 30 days old will have adverts on it. So the best thing that you can do is listen sooner rather than later, and then you won't have to suffer through them. Because it's the only the best way that I can do it for now. And we'll see how that works but there you go that's life money is a pain in the I wish we didn't need it if you could leave me a review or rating that would be amazing it really really helps and I will catch up with you all again on Thursday Have a good one