



# Mediumship Matters Podcast Transcripts

## Season 3 Episode 24 - Is My School Friend My Guide?

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today's Mediumship Mini features a fascinating question from Steve. He writes:

"Hi Hannah, fantastic podcast—please keep them coming! I have another question for you. I lost my best friend at the age of 14 in tragic circumstances back in 1977. Over the years, my wife and daughter have visited local mediums, and though they never knew him, he always seems to push in with a small message for me—which I find funny! A medium once described him and the circumstances of his passing in exact detail, something no one else could have known, and told me his mission since passing has been to guide me through my life. So, is it possible that he is my spiritual guide? I always wonder who my guide is, as I'd love to thank him by name. Never doubt what you do, Hannah!"

Thank you, Steve! And I love that last line—I'll try to hold on to it as long as I can! Let's dive into your question.

**Can a Loved One Become Your Spirit Guide?**

You might have heard me talk recently about spirit guides, the collective, and the oneness of the spirit world. If you haven't, I highly recommend giving those episodes a listen.

Now, here's my take: Spirit presents itself in the way that is most accessible and meaningful to us. Your team in the spirit world knew that you would receive guidance best from your friend because of the deep bond you shared. That connection, especially one formed through loss and tragedy, creates a powerful bridge between worlds.

And let's be honest—what a beautiful and comforting thought! Not only is your friend okay, but they're so okay that they've been guiding and supporting you from the other side. It's healing, reassuring, and magical all at once.

**The Oneness of the Spirit World**

Now, does that mean he is your guide in the way we traditionally think of spirit guides? Yes and no.

He is guiding you, but he is also part of the oneness—the vast, interconnected soul energy that we all return to. The spirit world isn't a strict hierarchy of individual guides and assigned roles; it's fluid, infinite, and expansive. So, your friend is guiding you, but he is also part of something much greater. It's both personal and universal.

**Do We Stay with Our Loved Ones in the Spirit World?**

This reminds me of a question I was asked at a recent demonstration: Do we stay in our family units in the spirit world?

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The answer is layered. Yes, we reunite with our loved ones—but we also reconnect with everyone we've ever loved, across all lifetimes. The love we experience in the spirit world isn't limited to just the souls we've known in this lifetime; it's expansive, limitless, and includes all the souls we've worked with throughout our spiritual journey.

However, this answer didn't sit well with everyone! Someone even queued up at the end of the night to complain that I'd said they wouldn't be with their loved ones—when that's absolutely not what I said or meant! It's a tough concept to explain, but as my own understanding evolves, I have to stay true to what spirit is showing me now.

Final Thoughts—And a Challenge for You

Steve, I hope this helps answer your question! And if it doesn't—well, you know where to find me. More than anything, I want to acknowledge how clever and wonderful spirit is in presenting guidance to you in a way that is so deeply personal and meaningful. That's the true magic of the spirit world.

And finally, shoutout to Sarah—because I almost said “Does that make sense?” at the end of this episode, but I caught myself! (Sort of.)

Lots of love to you, Steve. If you have more questions, drop me a message! And for everyone else—keep those amazing questions coming.

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Thanks for listening, and we'll catch up again soon.