



Mediumship Matters Podcast Transcripts

Series 1 Episode 14

Signs

Mediumship Matters - Episode 14

Hannah Macintyre:

Hello and welcome to Mediumship Matters with me, clairvoyant medium Hannah Macintyre. We're on episode 14, and what an interesting week it's been energetically! Strange times for us light workers, eh? I know I touched on this last episode, so don't worry, I won't go down that rabbit hole again.

But let me tell you, this shift into new energies and frequencies has been giving me a proper ride. One minute, I'm buzzing with ideas and motivation, the next, I'm like, "Nah, can't be bothered." It's been an energetic Hokey Cokey—one foot in, one foot out, shake it all about. Anyone else feeling this way? It's like inspiration is knocking, but action isn't quite ready to answer the door.

Signs from Spirit

This week, I want to talk about signs. You hear a lot about them when it comes to spirit communication, and let's be honest, we all want to know our loved ones are with us. The spirit world understands that we're human, wrapped up in this physical existence, and sometimes we need a bit of reassurance.

Wouldn't it be great if I could give you a nice, neat list of every sign spirit has ever given? But it doesn't work like that. Spirit knows exactly what will resonate with you. That's why signs are so personal. Of course, there are the classics—angel numbers, feathers, music, smells, orbs—but the key is to notice what's meaningful to you.

Feathers

Feathers are a big one. Now, let me just say, I don't believe angels have wings. I think it's a case of how their energy refracts light, making them look winged, and that's just become part of our collective expectation. But spirit doesn't care if we get the details right—they just want us to feel comforted.

I've had some profound moments with feathers. Once, I was having a bad day, got into my car, turned on the engine, and—bam!—a feather shot out of the air vents and hit me in the face. Another time, I was stressing over money during an exercise class, opened my bag, and out floated a feather. And when my grandmother was dying, I asked spirit to show me they were with me. As I walked into the hospital, a feather materialised mid-air and floated alongside me for several metres. I nearly grabbed one of those patients puffing away on their drips to ask, "Do you see this?!"

Now, that being said, I once walked outside to find my driveway absolutely covered in feathers—turns out a pigeon had met an unfortunate end. So no, not every feather is a sign. Spirit's feathers come with an energy. You'll feel it when it's them.

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Angel Numbers

You know the ones—111, 222, 333, all that jazz. I used to obsessively look up their meanings in Doreen Virtue's books, but eventually, I realised they all boil down to the same thing: Cooeey! We're here! We love you!

I see angel numbers everywhere—on clocks, receipts, car number plates. Once, my daughter and I were on a long car journey, and I asked spirit to show us they were with us. Every single car that overtook us had an angel number in its plate. Every. Single. One. For over an hour. We were screeching with laughter, and I could feel spirit having fun with us.

Music

Ever had a song follow you around? You turn on the radio, and there it is. You walk into a shop, and there it is again. Switch on the telly—oh look, it's playing in the background of EastEnders. That's spirit, making sure you get the message.

Smells

The other day, I walked downstairs and smelled my grandfather. I'd forgotten what he smelled like, but there it was, filling the room. It lingered for ages. He's been in spirit a long time and has never come through before, but in that moment, he was there. Just amazing.

Robins

You can't talk about signs without mentioning robins. They pop up unexpectedly, come just that little bit closer, and you know it's a visit.

Some Standout Moments

I've had some beltters when it comes to signs. Once, I was listening to Iggy Azalea's Change Your Life in the car, feeling frustrated with my work, and as the chorus played, a lorry drove past with IGGY on the cab and CHANGE YOUR LIFE in massive letters on the trailer. Absolutely gobsmacked.

Then there was the time my friend Nina and I were talking about fox spirit guides. I asked spirit to confirm it, and when we got back to my house, a fox walked into the road, sat in front of us, and stared at the car. Another time, Nina mentioned it was her mum's birthday in spirit, and within 30 seconds, six ducklings waddled up to us, climbed into our laps, and settled down. Her mum loved ducks.

Mediumship & Expectations

As mediums, we're always developing. I like to think of myself as an Atari from the '80s, constantly trying to upgrade. But expectations can be a killer. At the beginning, everything is mind-blowing. Then, you start expecting to be blown away every time, and suddenly, it's not as fun. Don't rush ahead—enjoy the process.

Different mediums get different information because spirit works with what we're able to receive. Your loved ones know the best way to communicate through my system, just like they'd use another medium differently. That's why you can't go into a reading demanding specific things—spirit knows best.

Distance Readings – How Do They Work?

People often ask how readings work via email or Zoom. Simple—time and space don't exist in the spirit world. We're all connected energetically, so it doesn't matter whether I'm in the UK and you're in Spain. It's all about intention. Think of it like The Matrix, but hopefully without evil robots.

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Wrapping Up

Alright, I've waffled on for ages today! Thanks for sticking with me. I want to give a special shoutout to Carmel, Carol, and Madeleine for their lovely messages, and to Jeanette, who wrote in asking about distance readings—I hope my answer made some sense!

If you've got a question or a story to share, drop me an email at podcast@hannahmedium.co.uk. And if you're listening before 30th March 2021, I'll be doing a live episode where you can ask questions in real time—check out Mediumship Matters on Facebook for details.

Have a wonderful day, and I'll see you next time. Bye!!!