



Mediumship Matters Podcast Transcripts

Season 3 Episode Episode 66 - Being Real

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, I want to talk about something that all mediums experience but nobody talks about enough—wobbles, imposter syndrome, and the evolution of mediumship.

Podcast Changes & Trusting the Flow

◆ I've been feeling resistance around my podcast schedule, so I'm switching things up. ◆ No more Wednesday or Friday episodes—I'm focusing on Mediumship Minis and Week Ahead episodes on Mondays, plus new episodes on Tuesdays and Thursdays. ◆ Sometimes, pushing too hard creates resistance—so I'm letting go and trusting what needs to unfold.

💡 "It's not about quitting—it's about aligning with what feels right."

The Reality of Mediumship Wobbles

◆ No matter how long you've been a medium, you'll still have moments of doubt. ◆ I used to believe that one day I'd reach a point where I felt completely confident—but that's not how it works! ◆ Even now, I experience waves of self-doubt and imposter syndrome, especially when I'm in a holding space, waiting for things to unfold.

💡 "You can be confident and still have wobbles—that's just the nature of mediumship."

Are Trained Mediums at a Disadvantage?

A student recently asked me:

👉 Are those of us who have trained as mediums at a disadvantage compared to 'natural mediums' who have always been aware of spirit?

◆ There's a belief that some people are just born gifted, but I don't buy into that. ◆ Training strengthens your connection, builds structure, and helps you refine your abilities. ◆ I've had readings from 'natural mediums' that were terrible—just because someone senses spirit doesn't mean they can deliver a meaningful message.

💡 "It's not about being 'born with it'—it's about how much effort you put into developing your skills."

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The Language of Mediumship—Does it Need to Change?

◆ I've been questioning the way we describe mediumship and whether some of our language is misleading. ◆ If a medium says, "I hear spirit," does that mean they are literally hearing a voice? If so, shouldn't their accuracy be 100%? ◆ If someone says, "I see spirit," does that mean they physically see them like a person standing in the room, or just in their mind's eye? ◆ If we say, "Spirit speaks through me," then why do mediums get things wrong? If spirit is in full control, shouldn't it be flawless?

💡 "We need to be honest about how spirit communication actually works—because misleading language creates unrealistic expectations."

The Problem with Trance Mediumship Expectations

◆ I once had a trance mediumship reading where spirit's only message was, "You've been on a journey, and you can do mediumship if you want to." ◆ Was that really spirit, or was it just vague guidance dressed up as something profound? ◆ Another trance medium once said, "Your guide is handing you a string of their own teeth to wear for protection." ...Erm, what?!

💡 "Shouldn't trance messages be deeply meaningful rather than obscure nonsense?"

Social Media Mediumship—Why We Need More Integrity

◆ If you edit out pauses, mistakes, and 'nos' from your public readings, you are misrepresenting mediumship. ◆ Some mediums stage social media videos—and then people come to real readings expecting TV-style drama. ◆ Integrity matters. If we want to shift the perception of mediumship, we have to be honest about the reality of spirit communication.

💡 "If you're faking perfection, you're making it harder for every genuine medium out there."

Where's the Evolution in Mediumship?

◆ Why are so many mediums teaching the same things that were taught 20 years ago? ◆ If spirit is infinite wisdom, shouldn't we constantly be expanding, questioning, and evolving? ◆ If we're really tuning into spirit, we should be bringing new insights and fresh perspectives—not just repeating the past.

💡 "If mediumship is evolving, let's actually show that in our work."

Final Thoughts—Holding Ourselves to a Higher Standard

💡 Key takeaways: ✓ Mediumship wobbles are NORMAL—even experienced mediums have them.

✓ Trained mediums are NOT at a disadvantage—practice builds skill.

✓ We need to be honest about how spirit communication really works—no more misleading language.

✓ Social media mediums need to stop editing out the real process—integrity matters.

✓ Mediumship should evolve, not repeat itself—let's push for growth and higher standards.

What do you think? Are we holding ourselves accountable as mediums? Let me know your thoughts!

And as always—have a bloody marvellous day! 🚀