



Mediumship Matters Podcast Transcripts

Season 1 Episode 26

Failure

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Welcome to Mediumship Matters

Hannah Macintyre: Hello, lovely listeners! Welcome back to Mediumship Matters with me, Hannah Macintyre. If you're the kind of person who listens as soon as these drop, you'll notice a flurry of episodes recently. That's because once I open the floodgates, the ideas pour in, and I can't sleep until I get them out. So, let's ride the wave while it lasts!

Today's topic is failure. Yep, the big F-word. This came to me at 3 AM (because, of course, it did), and I realized it's something we don't talk about enough—especially in the spiritual and mediumship world. So, I'm going to share some of my top failures with you. Not because I love airing my awkward moments, but because failure is the unsung hero of growth.

The Spiritual Journey: Not All Rainbows and Unicorns

We often romanticize the spiritual path like it's all love, light, and cosmic hugs. Spoiler alert: it's not. The truth is, growth happens in the mess, the heartbreaks, and the “what-was-I-thinking” moments.

When I first started my development circle, I was ridiculously dedicated. Like, rain-or-shine, no-excuses dedicated. I thought if I just showed up, worked hard, and meditated enough, the spirit world would tap me on the shoulder and say, “You're ready!”

Spoiler alert #2: They didn't.

I waited. And waited. Until I finally asked my teacher, “When do you think I'll be ready to read for others?” She blinked at me and said, “I thought you already were.”

Wait, what? I was sitting there waiting for permission when all along, I just needed to give it to myself. Lesson learned: sometimes, the biggest barrier is you.

Holding Myself Back (Like a Pro)

For years, I had an amazing connection with spirit guides, which I cherished. But I felt a pull toward evidential mediumship—you know, connecting with loved ones in spirit and delivering specific, verifiable information. Yet, I told myself it was greedy to want more when I already had such a strong connection to my guides.

It took me five years to realize that wasn't gratitude; it was fear dressed up as humility. I watched my students pursue evidential mediumship, feeling a twinge of jealousy, knowing I could do it too... if I'd just let myself.

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Evidential Mediumship: Where Fear Meets Growth

Working with spirit guides feels like a cozy chat with friends. It's uplifting, supportive, and warm. But evidential mediumship? That's where the rubber meets the road. It's black and white. Either the person you're reading for had a granddad who was a plumber, or they didn't. No gray areas.

I remember one particularly brutal demonstration where every spirit link I gave was met with a "No." Every. Single. One. It was like a cosmic comedy, except I wasn't laughing. I went home, cried, contemplated quitting... and then got back up again.

And you know what? That night freed me. Once you survive your worst-case scenario, there's nothing left to fear.

Lessons in Boundaries (a.k.a., Don't Let People Treat You Like a Doormat)

One of my biggest lessons came from a student who, let's say, had opinions. During a spirit board session, she told me I was doing it wrong... in front of everyone. And instead of standing my ground, I let her. Why? Because I didn't want to rock the boat.

Looking back, I wish I'd said, "Actually, I'm the teacher here. Sit down." But I didn't. And that failure taught me the importance of boundaries, which I've carried with me ever since.

Manifestation Mishaps (Be Careful What You Wish For)

Oh, the joys of manifestation. I used to manifest "sell-out events." And I got them! But they weren't always filled with the right people. Now, I manifest the right people—those ready to learn, grow, and vibe with my energy. Quality over quantity, every time.

Friendship Failures & Business Blunders

I once went into business with a dear friend, despite knowing deep down it wasn't the right fit. I ignored my intuition, and it cost me the friendship. That heartbreak taught me to trust my gut, even when it's uncomfortable.

Arthur Findlay Fiasco (Or: How Not to Raise Your Hand)

At Arthur Findlay College, I was determined to get on stage. But days passed, and I kept getting overlooked. My friend Sue finally pointed out why: I was half-raising my hand like the Queen doing a royal wave... while hiding behind a curtain. Subtle, right?

Once I actually raised my hand with confidence, guess what? I got picked immediately. The lesson? If you want to be seen, you have to show up fully—no half-hearted curtain peeking.

Final Thoughts: Failure as a Spiritual Teacher

Failure isn't the opposite of success; it's part of it. Every misstep, every "no," every cringe-worthy moment has shaped who I am today. And I wouldn't trade any of it.

So, how is the spirit world refining you? What lessons are hidden in your own failures?

Remember, we don't grow in comfort; we grow in the stretch.

Thanks for listening, and as always, I'll catch up with you soon. Keep failing forward, friends!