



Mediumship Matters Podcast Transcripts

Season 4 Episode 6 - Yee-ha!

Lessons from Texas: Resilience, Kindness & the Power of Fearless Mediumship

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

I am freshly back from Texas, and let me tell you—it was an incredible, transformational experience. I wanted to take a moment to share how this trip came about, the lessons I learned, and the power of stepping outside your comfort zone.

How Texas Became a Reality

This trip happened thanks to the amazing Jennifer Fazio—a dear friend, fellow teacher in the Mediumship Matters school, and an incredible psychic. We met years ago in an online mediumship course, and, fun fact, that course nearly broke me.

I struggled massively with fear, self-doubt, and a brutal experience with a sitter who shut me down completely. I was on the verge of quitting mediumship entirely when I landed in a breakout room with Jennifer. I was so emotional, I told her “It’s all gone to shit. I don’t think I can do this.” And you know what she did? She refused to let me give up. She told me I could do it, pushed me through that moment, and helped me find my confidence again.

If she hadn’t done that, I honestly don’t know if I’d still be doing this work.

Never underestimate the power of kindness in a development circle. That moment of support led to a lasting friendship, and years later, Jennifer invited me to Texas to teach, demonstrate, and meet her incredible students.

Pushing Through Fear: My First Ever Solo Long-Haul Trip

This was a huge step for me. I’ve never flown long-haul alone before, and traveling to another country to work with people I’d never met in person was terrifying. But that’s where the real spiritual growth happens—

- It’s not just in blending with spirit, but in pushing yourself beyond fear.
- True development happens when you take a leap into the unknown.
- Every challenge prepares you for the next big moment.

And wow, did I have a moment of panic at customs. When they asked why I was in the U.S., I naively said, “I’m here to work with my friend Jennifer.” Turns out, that’s not what they want to hear.

- I was escorted to a back room by an armed officer.
- I was interrogated about mediumship (“What can you do that Jennifer can’t?” “Do you really think you can talk to the dead?”).
- They even questioned me for flying back on September 11th—as if I had control over flight schedules!

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For 30 minutes, I genuinely thought I was going to be deported. But thankfully, after what felt like forever, they let me in—probably because they realized I was just an awkward British woman and not an international threat.

A Soul Connection Bigger Than I Realized

When I finally met Jennifer in person, something amazing happened—we completely forgot that we'd never met before. From the moment I saw her, it felt like coming home.

This trip made me rethink my views on soul connections:

- I don't believe in the idea of "one true soulmate."
- But I do believe we recognize souls we've travelled with before.
- Some people come into our lives because they are meant to push us forward.

Jennifer has always felt like a safe space for me, and that energy carried throughout the trip. Her students were amazing, and I even got to meet some of YOU—listeners who flew out just to see me. UK listeners, take note—no more saying "It's too far" when people in the U.S. are flying for hours to attend events!

Demonstrating with Another Medium: A Powerful Experience

On Saturday night, Jennifer and I demonstrated together—and wow, it was something special.

- It's been years since I demonstrated with another medium.
- Our styles are completely different, yet they complemented each other perfectly.
- Seeing another medium work at the top of their game was so inspiring.

Jennifer's mediumship is gentle, nurturing, and deeply conversational. My style is high-energy, fast-paced, and momentum-driven. Watching how she naturally unfolds a connection was eye-opening for me. It reinforced something important:

Your mediumship should match your personality.

- There's no "one right way" to work with spirit.
- The best mediumship happens when you embrace your unique frequency.
- Don't try to imitate someone else—develop what feels natural to YOU.

Also, side note—Jennifer wears a cowboy hat while calling people in for a demo, and honestly, I think I need to start doing that.

Feel the Fear & Do It Anyway

I won't lie—I was terrified before this trip.

- I had nightmares for two weeks leading up to it.
- My subconscious threw every "what if" scenario at me.
- I worried about failing, embarrassing myself, and not living up to expectations.

But I went anyway.

- I pushed through the fear.
- I trusted spirit.
- And I proved to myself that I could do it.

And that's what I want for you, too. Spirit is always pushing you toward growth.

- You will never feel fully ready.
- The fear doesn't go away—you just learn to move through it.
- Every challenge prepares you for the next one.
- So whatever spirit is calling you to do—DO IT.

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Final Thoughts: Spirit's Plan is Bigger Than You Think

Looking back, I can see how spirit orchestrated all of this.

- If I hadn't had that terrible experience in that online course, I wouldn't have met Jennifer.
- If Jennifer hadn't supported me that day, I might have quit mediumship entirely.
- If we hadn't stayed connected, this Texas trip never would have happened.

Even when things feel dark, painful, or unfair, spirit is always working in the background.

- Trust the process.
- Know that every setback is part of the bigger plan.
- And when the opportunity comes, take the leap.

Thank you to Jennifer, her students, and everyone who made this trip unforgettable. And thank YOU for being here.

Until next time—trust spirit, trust yourself, and keep moving forward.

Love,

Hannah x

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