



Mediumship Matters Podcast Transcripts

Series 1 Episode 7

Unethical Mediums & The Shamanic Journey

Mediumship Matters – Episode 7: Spiritual Lessons, Ethics & Shamanic Experiences

Introduction Hello, and welcome to Mediumship Matters! It's me, Hannah Macintyre, and I hope you're all doing well. It's been another wild week working with spirit, and I've got so much to share! Let's talk about spiritual growth, dodgy mediumship tactics, and my own shamanic experiences.

The Never-Ending Journey of Mediumship

One thing I truly believe is that as mediums, we're never "done." There's no point where we can sit back and say, "That's it, I know everything." The spirit world is vast, and our job is to constantly expand what we're open to receiving. The more we stretch ourselves, the more we can work with different spirits and bring through stronger evidence.

So, naturally, I thought, "Why do one development course when I can do three?" Because I love to make things easy for myself! It's been intense, but worth it. And as always, spirit has a way of giving me those spiritual slaps—lessons I can't ignore.

The Ethics of Mediumship – What's Not Okay

Right, this one got me riled up. Someone in my Facebook group tried to share a live stream of a well-known medium. Normally, I just delete those posts, but curiosity got the better of me, and I watched. And I wish I hadn't.

This medium was telling people that spirit would come through for the person who shared her post the most. EXCUSE ME?! That's not how it works! The spirit world does not operate on a Facebook engagement algorithm.

Here's the deal:

- Yes, mediums need exposure. I ask people to share my posts too—it's how social media works.
- BUT I will never manipulate grieving people into sharing just to increase my reach.
- Spirit decides who comes through, not the number of times you click 'Share'!

And don't even get me started on those ridiculous text messages from so-called mediums saying, "Spirit has a message for you—call this premium-rate number." NO. Spirit doesn't work like that. If you're on those mailing lists, just block them. They're scams designed to prey on vulnerability.

Mediumship Matters Podcast Transcripts

Charging for Mediumship – The Eternal Debate

Ah yes, money. Another one people love to give me grief over. “If it’s a gift from God, why do you charge?” Well, let’s break it down.

- **Time & Investment:** I’ve spent thousands of pounds developing my mediumship. It’s not just “a gift” – it’s a skill that needs training and refinement.
- **Business Costs:** Website, advertising, insurance—it all adds up.
- **Balance:** I work 50% free and 50% paid. I do free lives and events as often as I can while still making a living.

People wouldn’t expect a brain surgeon to work for free just because they have steady hands. So why should mediums? Yes, mediumship is sacred work, but we still have bills to pay!

A Beautiful Reading & A Heartbreaking Reality Check

I had the most emotional reading this week—one of those that really reminds me why I do this.

A woman’s dad and her baby came through together. The love, the comfort, the absolute certainty that they were still with her—it was overwhelming. We were both in tears.

Then I went online and saw that dodgy medium manipulating people for shares, and it burst my bubble. But maybe I needed that reminder—because we have to be vigilant about the integrity of this work.

My Shamanic Experiences – A Wild Ride

Now, onto something totally different—shamanism. My friend Lorraine reminded me that I’ve mentioned my shamanic experiences but never really gone into detail. So here we go!

First off, I’m not an expert. I did a year-long course (six weekends spread out), and let me tell you—I thought it would be drumming, fire circles, and chatting with spirit animals. NOPE. It was brutal.

Shamanism is about being fully present in your human experience. It’s not floating off into the ether—it’s about looking at your crap, facing your shadows, and pushing through.

I trained with Lynn Gosney & Bruce Scott at Cae Mabon, and it was tough love at its finest.

- They weren’t interested in ego fluffing—just real, raw self-work.
- It was about honouring our land, not pretending to be Native American.
- Every session pushed me beyond my limits, in ways I never expected.

The Ultimate Spiritual Slap One of my biggest lessons happened at session four. They told us to be at the opening ceremony at 9 AM. I thought I was there. But nope—turns out I’d just been faffing about, chatting with the other students.

So when we finally got called to start, they made us drive all the way back towards my house before explaining, “You missed the ceremony. We started without you.” OOF. That hit hard.

- At first, I was fuming. How unfair! But by the next day, I realised—it was all on me. I hadn’t shown up fully, and that lesson rocked me to my core. It changed how I approach my spiritual practice forever.

Mediumship Matters Podcast Transcripts

Final Thoughts

If you want to really grow spiritually, shamanic work is powerful. But it's not fluffy, easy, or all love-and-light. It's about stripping yourself bare, facing your fears, and coming out the other side stronger.

And if you're looking for true integrity in mediumship—be discerning. Trust your instincts. If a medium spends 90% of their live asking you to share and 10% actually working with spirit, that tells you everything you need to know.

As always, if you've got questions, email podcast@hannahmedium.co.uk—I love hearing from you!

Take care, keep growing, and I'll catch you next time!

•