

# Interview with Nicole Pope

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## SPEAKERS

Nicole Pope, Hannah Macintyre

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**H** Hannah Macintyre 00:02

Hello, and welcome to mediumship matters with me, Hannah McIntyre. And I am super excited about today's guest, who is my colleague and friend, Nicole Pope. Hi, Nicole.

**N** Nicole Pope 00:16

Hello, Hannah, thank you so much for having me. So happy to be here.

**H** Hannah Macintyre 00:20

Thank you, thank you for coming on. I'm really, really excited to talk to you. Now, I know you for a variety of different reasons. But mainly because you are a teacher on the medium ship matters school. And I know that your lessons have been going down a storm of all the students, I keep seeing all the feedback in your classroom, everybody is loving it. But I don't actually know your story. So how did you start your journey with mediumship? What got you involved in this?

**N** Nicole Pope 00:50

Good question. So I was not one of those people who saw spirit felt spirit when I was little that which wasn't part of my journey. But what was super unique about me was that I was obsessed with mediumship shows. So even as a little girl, I would see the shows on TV, you know, the ones with the person in the middle, and they'd have everyone on the risers? Yeah. Like even at age 10. I was so drawn to these shows. And I grew up a Catholic, right. So I believed in heaven and the afterlife. And I just thought it was really boring. What happened when you went to heaven, right? Like, it's just eternity and doing nothing. So it just made sense to me that the spirits would want to come back and visit their loved ones. So that was my Avenue, my initial avenue to understand what what on earth are spirits doing. So I would watch those moving those shows with such awe and such love. And even as a young girl, I would sob through every

single one of those episodes that I watched. So that was the very beginning of my journey, I would say fast forward quite a few years. And right after I had my daughter, many, many years later, I had a colleague of mine that said, hey, you need to go check out this medium. It's this no name medium up in Maine, which is a few hours away from where I live. And she's incredibly accurate, you need to go see her. So I'm like, Okay, that sounds super cool. So I go in, I booked the appointment with her. And she has a one year long waiting list. So I'm waiting a year for this appointment, she has my first name, my phone number, and you pay by cheque at the end of the session. And I show up there a year later, after a few hours drive. And to tell you the impact that 60 minutes had on my life, it was earth shattering. Because the information she told me in that one reading, were so many different relatives that she pulled through. So so many specific pieces of evidence. And it just it blew my mind. So I walked out of that session. With that medium knowing without a doubt the spirit world was real. And they have awesome advice to give for all of their loved ones here still on Earth. So that really just got me into the spiritual world and making making me understand that there is a direct link for me, and then I absolutely love this. And then fast forward six years later, my son is totally terrified of going upstairs and downstairs in my house. Terrified, will not do it by himself. He's eight years old at this point, it's not really an age appropriate thing. He won't sleep without all of his lights on. And he sleeps under a blanket. So his head is under the blanket. So I finally get him to fess up that he can actually see spirit with his eyes, like literal shadow people with his eyes in the room. So, you know, if I didn't go that medium six years ago, I don't think I would have believed it at all. But instead I was like, okay, they're real, they exist. Let me do a little research and see what I can do to make him not so terrified of being in our own house that he's lived in his entire life. Yeah. Obviously a lot of fear mongering on the internet, right. So there wasn't a lot of good research for me to find on the internet. I didn't really believe any of the fear based tactics. But what I did was call this local medium that I went to, and she gave me some advice didn't really work. But that's a whole other sub subject. But she gave me some advice. And at the end of that advice, she she was like, you know, you can do this, right? And I was like, Excuse me What? And she's like, you're a medium you can you can do what I do. Why don't you come? I have an eight week class coming up. Why don't you come learn how to do it. I'll teach you how to do it. And I was like, Yes, that sounds amazing. So I sign up for her class. And literally on day one, I was reading spirit. It was crazy. It was crazy. So that was just a long time coming. I feel like spirit has been tapping me on the shoulder most of my life saying Hey, pay attention. I'm here. I'm here and then until I had to go fold Mama Bear Mon. Yeah. When I really finally opened that door and let them in and learned it. So it's been a super fun journey.

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Hannah Macintyre 04:56

So your son is okay now. He is

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Nicole Pope 04:59

He can. So

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Hannah Macintyre 05:00

how do you how did you sell that, um,

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**Nicole Pope 05:05**

I wanted at the same time that I was in, in that eight week class with my first mentor, I was teaching him at the same time. So it's teaching how to shut down how to kick them out how to set those spiritual boundaries. And I was also teaching him how to talk to them, because I was convinced these were just past loved ones. And he was to the point where he could actually ask them names, and he would hear the names in his head and tell me the names of all of these past loved ones in his room tonight. And I'm like, well, that's your uncle. Here's a picture of him. You know, this is what he looked like. So it was, it was crazy. It was crazy. Oh, my goodness,

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**Hannah Macintyre 05:39**

amazing. I also just want to draw attention for British listeners, that you drove three hours to see a medium, because that's people in England, or like you're in the town next to my town, and that is a 15 minute drive. I'm not gonna come and see you until you're in my town. And I'm like, forgiveness. I've always you guys, you go so far.

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**Nicole Pope 06:04**

It's so funny, because I remember sitting down at the very beginning of that mediumship session, and she's like, Well, why are you here? And I'm like, I don't know. And she's like, No, but like, why are you here? And I'm like, I have honestly no idea where I'm here. I feel like I need to be here. I need, I feel like I need to show up. So there was definitely something that pushed me to drive those three hours, which was amazing. I took the day off. It was wonderful. And do this reading. Yeah,

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**Hannah Macintyre 06:29**

incredible. I love it. And I know that mediumship is a big passion of yours very passionate teacher, and wanting everybody to understand that it's there for them as well. What do you think makes a good medium?

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**Nicole Pope 06:48**

I say everything that comes from the heart. So I would say it's the integrity that makes a really good medium. Because what sold me about my first experience with a medium was that instead integrity, that high quality of reading and that ethics that came behind it, and being able to give that siddur a feeling that it's all about them. And if and here's the people and hear the message that's that they say so I always try to take that with me into all of my client readings, because I want my clients to know that this reading is about them, I'm going to pull in the best evidence that I can, I'm going to try to give you them the messages that they need for closure. So I would say just just working from that heart centred focus, and that high integrity to do the best job that you can for your client. I think in my mind, that's what makes a really good medium.

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**Hannah Macintyre 07:36**

Yeah, I love that. I will also venture forth, because I know you that I also think that what makes a good medium is professionalism, which I know isn't like sexy, fun sounding. But they're they're, you have always impressed me with your you approach it with like it's a business. You have boundaries, ethics, the way you present. It's all it's all. It's all part of it, which I think adds to it as well as your heart led healing stuff that's in there. It certainly makes me very happy as a Capricorn, to see that kind of, you know, unprofessionalism, and I know that you obviously you do your one on one readings, you do readings online, demonstrate in person and online, you've got your virtual Dems that you're going to be doing once a month. So if anyone's interested in watching you work, I'll put a link to your site in the show notes. But what do you think? What? What draws you to platform or audience readings is I think you would call it what What draws you to that? Why aren't you just sitting in your comfort zone of doing one on one readings?

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**Nicole Pope 08:48**

What what's super interesting for me is the platform is where I'm most comfortable. So you kind of talked about the professionalism, right. I'm actually a business school graduate. I'm currently in a STEM career, I'm across this engineer by day and I go in front of executives and large groups of people all the time. So for me personally, the one on ones are a little more jarring. It's not that I'm not good at it, and I can't handle it. But but those are a lot more intimate. You need to be able to you can feel the one on one emotions much more intensely. And you want to do just this amazing job for this sitter with one on one, which you know, you should do but on the other side, the demonstrations are a lot faster, the energy is a lot a lot better, because you're, you're harnessing the energy of everyone in the room. So as long as you're a good platform medium, everyone is there on that ride with you and all of their vibrations are elevated at the same time. So you're feeding off this energy of the audience. And ironically, it's the same in the business world. You're feeding off that energy of the audience watching you and paying attention to you and being invested in what you have to say. So for me, the demonstration is all about, number one, that energy which makes the session flow and it makes the evidence better but also the At opportunity to read for so many more people at a time, not everyone needs a 45 minute reading or an hour. Sometimes they just need that little Hello, there's this one thing going on. And also, it's more for more affordable for those people as well. So I think there's just so many pros with a platform demonstration than one on one. And I think the platform for me has always been that gateway to do them one on one. So it's a really good starting place. If folks are interested in learning more about mediumship, how does it actually work? Maybe you're maybe not getting a message, but kind of witnessing the spectacle of it all? And witnessing is this the type of medium that I like, so then you can set up the one on one so so to me, it's platform comes first. And if you're a student, and it set up the one on one with the medium, if you're interested in them,

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**Hannah Macintyre 10:46**

completely agree. And I think some people are platform mediums. And some aren't, as you know, on the platform medium, I love it. Nothing beats it from my point of view. But equally, I know that there are one on one mediums that they can't think of anything worse. So we all

have our own parts to play in our own experiences in it. How? What could what advice, can you give somebody who's wanting to do platform mediumship, about how to make a successful event?

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Nicole Pope 11:18

I would say anyone that's interested in platform, I think you need to tackle the one on one stuff first. So I think you need to go into the weeds and the details and understanding how do I do very good readings, how do I understand the energy. So I feel like you can't do platform until you've had the expertise of doing all of the practice and all of the mediumship. So probably several years in the making, to be honest with you. So besides the mediumship skill, which I'll kind of put aside because I just chatted about, I would say the next thing you can do is get comfortable standing in front of audiences. So if you don't have that a way to do like, that's the number one fear, right as your platform done is standing up in front of an audience of 4050 100 200 people. And it is very uncomfortable for someone that's new to that space. So I would honestly sign up. Not sure if it's the thing in the UK, but Toastmasters. Where, where it's public, it's groups that get together and do public speaking. And it's learning how to public speak together. And it's just taking those individual components that make a demonstration successful and finding these different avenues to get very good at it. So finding different avenues to do the public speaking, maybe to, you know, maybe you need to understand how to use the technology and set up a microphone, because some venues don't come with that right? Go go buy it, go practice it, go take a class. So it's just kind of this combination of skill sets that you kind of need to learn one on one and then bring them all together for the demonstration.

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Hannah Macintyre 12:42

Yeah, absolutely a complete, if you can't stand in front of a group of people and talk, you're certainly not going to be able to stand in front of a group of people and have the vulnerability of mediumship. Because that's even harder. You don't know what you're going to say or how it's going to land or who you're going to work with or any of that stuff. So that's really, really good advice. I'm not sure if we have Toastmaster in the UK, but we certainly have drama club groups, local drama groups and things like that, which are the same thing. It's learning to become a spirit and become an energy and channel all of that or becoming a character. Same difference.

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Nicole Pope 13:19

Yes,

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Hannah Macintyre 13:20

I love that. So you're obviously very passionate about platform demonstrating I completely agree with you, it's a really great way for people to just get a little taster. And mediums like you say are so different and individual. And that's really, really important. And now I've seen Ed

platform live, and it is absolutely phenomenal to watch really, really exciting because you are a great communicator, not just with the spirit world, but with the way that you share information. Do you feel like your corporate job got you ready for that?

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Nicole Pope 13:57

Oh, 100% 100% I have had to present in my corporate job. Excuse me since day one. I've been working with executives since day one of my career. So being able to perform well under pressure and present information in the right way is something that I have learned over my very long corporate career, I've actually had to take several different classes on presenting for success. So it shows it's so funny though, because Spirit sends you all the things you need to be successful. So even though I come from a very, very different background, in a database career, everything that I've done has led me up to the being a successful platform demonstration medium which is so funny. It's so funny.

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Hannah Macintyre 14:47

A grey is when you look back you would never have known this was the path but when you look back you can see it so clearly. Can't you all the little deep dives. I love it. I find that really interesting because I have conversations a lot with my friend Sue, about this very thing that, you know, she says, Well, she was always a presenter, she was always talking to people, she understands language and how to use it. I obviously came from a drama background. So can get me off the stage, whether you wanted to or not, you've got presentation experience. But I do think that is that calling to do this kind of work. And, like you say is important because people come and it is a good night, don't get me wrong, but they come not realising how profound I think sometimes platform mediumship is going to be. So when you're doing your platform and everything like that, what what would you what do you wish that everybody in your audience knew? What would you what piece of information would you give them before they started?

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Nicole Pope 15:49

I like to start out my demonstrations. I think it's pretty basic for most mediums, but but for me, I like to explain how it works. I'd like to talk about the energy and how sometimes I can get the information wrong. So I want to make sure that they know not to be afraid to say no, if something doesn't resonate. Most recently, it's just the biggest thing I think I want everyone to know is that if you're there in the audience, there is a reason that you're there in the audience, just because you aren't the one getting the reading, it doesn't mean that you don't have things that you're going to take away from this. And I have to remind everybody over and over again, in my my demonstrations, that there is a reason why I pulled this grandfather through, he was 82 he served in the military. He had a spouse that lives after him and you know, 10 people raise their hands from some of this evidence. And it's, it's important to, to remind them that there's a reason that they gave me the information the way they did, because this is a little wink from spirit saying this, these are all your grandfather's and they all want you to know that they're watching over you. So that's I think the biggest thing that I want everyone to take away

is just because the reading is not for you, it doesn't mean you're not going to find value in it and and and I want everyone to walk away with that sense of spirit is around them all the time, no matter who they are in the audience and whether they get the reading or not

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Hannah Macintyre 17:09

completely agree it amazes me sometimes the lip or you call them winks, I call them little hellos, same thing that they that they can bring, because there is it's so complicated and clever from spirit side, isn't it that they know the bits of evidence that we're able to receive as mediums but also the relevancy that we'll have in the audience, people often come up to me and in the breaks, I'm sure they do with you as well. And they say, Well, that might be for me, I couldn't take this and this, but I could take this, this and this and you say it wasn't for you, because I know where I am. But that will be your loved one saying hello to you. And they're always like, Oh, look, it's amazing. So clever.

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Nicole Pope 17:50

It's so true. It's so true.

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Hannah Macintyre 17:52

So what about preparing for a one on one reading with you? What advice would you give somebody for that?

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Nicole Pope 18:00

The only thing I ask my clients to do is come open for the reading right? Be open to receiving so if you've had a death recently and you're hoping that person comes through, but you're still stuck in grief, probably not the best time to have a reading but I all I do is ask my sitters to just come come ready and willing to receive whatever messages come through. But that's basically basically it I'm sure that my clients and any mediumship clients are already nervous enough coming into these appointments and wondering who's going to come through what are the messages that I'm going to receive so my number one advice is just relax before the session don't worry about who's going to come through because Spirit is just so knowing and so present they're going to know who needs to come through and what message you need to receive. So just relax I think is just the advice I give

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Hannah Macintyre 18:45

I love it I love it. So talk to us about because I know that you love to share on your social media some of your like wow moments with the spirit I love to watch them talk to us about some moments that you've had that have been like oh yeah.

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Nicole Pope 18:50

**N** NICOLE POPE 18:59

Oh my goodness. There are so many. I think the thing that that surprises me personally the most and maybe I'll circle back into what happens in the reading is after my readings spirit always loves to give me these winks as like thank you I take them as thank you you might interpret them differently but after I do readings I will always see little winks from Spirit to help me know that I did a good job and I gave them that I was supposed to give and that is by far the coolest thing about being a medium for me besides obviously helping my clients but being able to walk away the next day and see you know talking to a cat an evidential mediumship reading and then in the cats talking about how the cats always been held his whole like picked up like put everywhere like always picked up and then the next day on social media I'll see an image of a cat that's like picked up like like there's something weird about the energy there and how spirit likes to bring in these these validation apps Words. There have just been so many Hannah in terms of the readings, and what what has blown my mind to be honest with you. But I think the ones that blow my mind the most are, I got one, there was this woman that I read, she found me on YouTube. And she was just incredible. This is a woman that was a survivor, she had cancer she did, she had this really tough life, she's physically disabled. And she's in a wheelchair, and just being able to pull her mother through for her and give her validation about who she is, and how how much she's watching over her and give her all these amazing evidence like, it's providing that confidence in that love for my clients that they're just longing for. Because some people are in a really tough spot when they book these mediumship sessions and being able to give them that sense of love. And that sense of closure from their loved ones is life changing for them. So it's hard for me to pull out one specific reading because I think all of my readings with my clients, I walk away with something special that they take away that was so meaningful for them. Because I want to be that same medium that I met many, many years ago that changes their life. And I just hope that I can help change change not from an egocentric perspective, but I hope I can change their lives so that they know they're supported and their loved ones are still alive on the other side.

**H** Hannah Macintyre 21:22

That's the thing, when no one ever asked me that question, I can think of all the good evidence I've received. I never think about what I've given, but I could go well, I had this. And this really meant something because of this, but it won't. It's never a bit of evidence I've given because you are, you know, doing your job. But you can talk about the bits and the emotional reaction within you, which is a different thing. So you just mentioned cats there. And I know obviously you've got a class on animal communication that coming up on the school. So talk to us about that has that been always a part of your mediumship journey was that something that unfolded at a different time for you,

**N** Nicole Pope 21:56

I would say it was towards the later of my development, I think I had to get people down first, to be honest with you, but But you end up reading the energy of animals the same exact way that you read people just because they have fur and they don't have vocal cords does not mean that they don't, they can't transmit that energy and give evidence of who these animals are to them. And actually last night, I was just reading for somebody and she was an evidential medium, and she's like, I want to hear from my horse, I want to hear from my horse Dakota. So I was able to pull out all of the information about this horse Dakota and how this was a really funny fresh like horse and how she would treat it shoot your give sugar treats to this, like



peppermints to this horse, and just being able to provide all of that evidence from a pet perspective. And also give that closure right because these aren't just animals based on who you know, in the current world or in the physical world. Because once they move into the spiritual world, they can give you that evidence and talk about the closure. And you know, my sitter last night was really upset that when the horse had to be put down, she couldn't walk that horse to go get put down. So she has a tonne of regret for that for not being able to be there at the moment of this horses passing into the spiritual world. So you know, in the horse was able to come through and say I didn't want you there anyway, right? I I'm so glad I got to say goodbye to you in this comfortable, safe space, where I felt like myself, because once I left your energy and left to go get the injection. He wasn't himself and he didn't want her there. So just being able to give her that closure for it. So it's so similar to reading people. It's just, you don't expect to just see a horse in your head though or you don't expect to see your head right. It's just It's surprising, but it's the same. It's the same day.

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Hannah Macintyre 23:45

Oh, yeah, it's an it's still quite a new thing with me. And I'm like, where's your owner? Animal? Why are you here alone? Have you got anyone with? No you haven't? Okay, great. Because I'm still watering. I like to practice everything till it's been practice beyond practice. And all the funds been sucked out of it. And then I'll say that I can do it. But until that point, it's still very, very unknown. Where when you what is the best three tips you can give somebody that's trying to develop their mediumship

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Nicole Pope 24:22

believe in yourself, you have to believe in yourself, you have to trust yourself. And that journey can probably take the longest part of your journey, because when you are experiencing the subtleness of spirit, it feels like you're making it up. So you really need to sit time with yourself and know how your energy is and be open and accepting to some of the stuff that comes in the door. For me personally, the confidence was my biggest hurdle to overcome. But there are some really cool ways around it track how good you do track how many spirits you get in how many are taken, how many are not taken. What do some do some because I'm a data person, right? I'm a data geek. So Write down, you know, what types of spirits? Do you have trouble with? What types of spirits are you good at work at the stuff that you're not good at. So I would say the confidence is is key. And again, tracking that will help you with that. Number two, and this this was not something I that was me during my mediumship journey. But I did it before the mediumship journey, because I experienced this later in life, but you need to work on yourself and your shadows, because there are so many things in the spiritual world that are triggering. And you mentioned professionalism, you need to show up to your clients as your best self, you need to essentially put you and your ego aside for all of your clients. So if you are not in the mental space, to be able to push down your triggers and put them to the side, because it's not about you, it's about your sitters, you will you will struggle with this. So that would be the second one is deal with your demons, your inner demons and your traumas. And, number three, have fun, have fun, the spiritual world doesn't exist when you are down in the dumps and beating yourself up all the time. So you need to remember that this is fun. And the spiritual world is funny, right? Like they are this ball of fun, they want you to have a good time. They don't want you to show up like this is the corporate nine to five job and be miserable every single day doing this job. So do come into all of your practice sessions, all of your readings with

your centres it like in a good mood, with highest potential and feeling good about yourself. And you know, laugh, laugh, laugh in these sessions, because it is a chance for not only for you to reconnect with, you know, your your past loved ones and your sitters past loved ones, but it's also this this opportunity to create some more memories as well. And you can't do that if you're kind of in this depressed state where in taking everything too seriously. So I'd say those are my three biggest things that I would say, I'm not gonna work on. Yeah.

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Hannah Macintyre 26:51

Good. How do you manage to keep that lightheartedness, when you're dealing with something that is very, very tragic? Like, I mean, the ones that sprang to my mind are a baby that passes or someone has taken their own life. How do you navigate that?

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Nicole Pope 27:10

Well, it's really interesting, because Spirit helps navigate that for me. So spirit will always have this roller coaster of emotions during every single reading. So they'll come in, it'll be you know, it'll be happy, it'll be sad, you'll be laughing. And oftentimes, they all happen after one another to make sure that the energy flows the right way. Because if you get too if you say too many negative things at once the vibration goes down, right, and then it's difficult to read. So I let spirit guide me through each of my sessions with my sitters. But also, I always keep the perspective that what I'm doing is a service to my clients, they actually came to me because they had a need. And it may be a very difficult circumstance, but there's, they need to heal, they need to connect, there's something about why they're here and why they want to talk to their past loved ones. So for me, I always like to spin the need from this is really depressing, I'm going to pull through your year know your ex boyfriend that committed committed suicide to I'm going to give you closure so that you can take that memory of him and bring it with you and know that he's with you and loves you and you can take that healing and move forward in your life. So So I don't think about the past, I think about the opportunity and the potential of the Senator and in the future and making sure that I'm pushing them towards what's going to be their highest and best self in the future.

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Hannah Macintyre 28:30

I love that. I love that. And what advice would you give for somebody that attends a lot of demonstrations and doesn't ever get a message in the truest you know, working with the medium? What would you say to them?

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Nicole Pope 28:47

That was a struggle, right? Because if you've been to this many demonstrations, and you're like, why, why hasn't my dad come through? I know my dad should have come through by now. So I would say the demonstrations, although I said you should be walking out of it with something. They're not about you. Right, like so I would, I would number one just say like it's not personal. Don't take this personal. Sometimes the need for other people is greater. Maybe you've had closure around his passing, maybe you are able to say goodbye. And there's other

people in the room that need the reading. Sorry, more than you right? Yes. In that case, I would recommend if you get to the point where you've been to a lot of different demonstrations and you're still not getting a reading and you want that reading go bucket, go book a one on one. Like there's no way around it. You can keep going to downs and it's like gambling, right? Are you going to win no, not guaranteed to win, but keep keep going if you want but I would say in that case, just take your money that you're spending on these demonstrations and put it towards a one on one and then you can really get into the weeds of what you want to talk about what you want to uncover. And then like super, super added bonus, you can probably pull in one or two spirits, right? Even more messages than the 10 minutes or seven minutes that you get in a demonstration.

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Hannah Macintyre 29:56

For sure for sure. I know it's this was one of the things that I'll get off As the most apt dems, and I think people, people believe it is not a horrible thing because it is unique, but people believe that their loss is unique. They believe that their love with their loved one is only them. And there's, you know, 50 6070 other people in the room, if not more, who all have that, if everybody had that feeling, what would Spirit do? Where would they go? You know? So it's fascinating. Now, what about the step into being a teacher? What advice have you got for people that because one of my things I'm always talking about on the potty is people setting up circles, we need good circles, we need unaffiliated circles. We need circles where people, you know, just experimenting, what advice would you give people that are feeling the call to step into their teacher power, but are fighting it a bit?

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Nicole Pope 30:50

I would say, if you've done the homework, and you've been doing this for a while, it's a natural step. Because the world needs more teachers from a spiritual perspective. They need more ethical, more high integrity teachers. So I would say don't be afraid to take that step. And if it's uncomfortable start where your comfort zone is, right? So I think some of my first classes on on the school on the mediumship matters spiritual school has been like all the different divination tools. I've been doing those for years, right? It's super easy for me to talk about those because I could teach you all day long about how to use runes and how to do tarot and oracle cards and how to use the dowsing rods, right? Because it's easy, and it comes to me. So I'd say start where you're comfortable. Don't be afraid to avoid the things that you don't feel comfortable, about, you know, wait to book those classes. But no matter where your expertise is, there's always a need in the marketplace. Someone is looking to learn that from you. So I'd say put what you know, out there and people will come it's just like, feel the dreams, right? Like, if you see it, they will come like that's exactly what's gonna happen.

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Hannah Macintyre 31:57

Amazing. And while you're talking about Oracle and tarot, do you have a favourite deck? What's your favourite one?

N

Nicole Pope 32:04

Should I have to pick one?

H

Hannah Macintyre 32:05

I know I'm sorry.

N

Nicole Pope 32:08

So I am a big fan. I I'm I have lots of tattoos, which are all hidden under the clothes because I live in a corporate environment. But I really love the tattoo Tarot. That one. One really, really resonates with me and then my favourite oracle that I do for probably myself because what I use for my sitters is different than myself. I really love the Cosmo ivisions Oracle deck, it's green. It's this green one right here on the screen if you're watching the video, but it's just such a cool, the whole basis of this deck is it takes the Tarot but it flips it. So it's instead of it starts with a fool. It starts with death. And this is the life in between your lifetimes. So all of the different 70 tarot cards, they kind of flip them on their on their head and say this is now your journey in the spiritual world before you get reincarnated again. So it's such a cool deck. There's so many vivid pictures and things to look at. I highly recommend it.

H

Hannah Macintyre 33:05

And that's the cost my Cosmo visions

N

Nicole Pope 33:07

customer fishy, same ease. Yeah to,

H

Hannah Macintyre 33:10

to that I've not heard of this is dangerous to ask this question on the podcast, because I've got so many already Nicole, and I'll just keep going. So what is obviously you've got your virtual dems, once a month, you're doing loads of work on the school, you've got your readings, you've got your demonstrations, but where are you setting your sights next? What's next for you?

N

Nicole Pope 33:32

That's a really good question. I think I'm just kind of building up the demonstrations. I think eventually, hopefully next year, I'd like to start doing some more one on or classes related to mediumship. Because I'm still formulating those in my head. I'm not quite there yet. But I would like to start doing more teaching in the new year, doing a lot more classes and helping people because I just, I'm so in awe of people that think that mediumship is this really, really big hurdle and that you need to take a million classes in order to do it. Yesterday on our mediumship matters, spiritual school practice circle, our dear Cheryl joined us and she never

done anything like this. And I just you know, I told her how to very quickly just open up to the spiritual world. And give me a reading and she was really uncomfortable. Like just do it. Just say everything that comes to your head. And then she was able to just give a reading right then and there for me. And for her. She felt crazy, right? Because that's what happens when you do mediumship you're like, Well, I'm seeing all these things, and I'm just gonna say everything, or you're hearing or whatever. But she gave me like, and I'm like, yes, everything you said resonated. So I think it's just making it much easier for folks to understand because that is definitely my journey here. In the spiritual world, especially coming from a process engineer background, my job day to day right now is to take very, very complex processes and make them very easy to understand and make them very simple and cut out all of this stuff that doesn't make sense. All these added steps that don't add any value to the process. So I truly see myself as that from a spiritual teacher person. because I just want to cut out all of the BS from all of these processes and help everybody just understand that it is so basic, and it's so easy. And all you have to do are these three steps and you'll be able to connect with spirit. So that's why it's taken me a long time because it is a lot to cut through.

H

Hannah Macintyre 35:16

Yeah, sure. Teaching perspective. Go ahead. In your opinion, do you believe anyone can do it to you? Yeah,

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Nicole Pope 35:25

no hesitation. Yes, anyone can do it. It's like basketball. This is what I tell everybody. It's just like basketball. Everyone can play basketball, how good I how good you are at it depends on how much you practice, right? And there's going to be naturally people that are more talented at it. And that's okay. Because if you are practising every single day, and that person that's naturally talented at it isn't practising every day, and they don't really care for it, who's going to be better, it's going to be the person that practices every day. So you get out of it, what you put into it, but everybody can do it.

H

Hannah Macintyre 35:54

Completely agree, practice is so key. And I know in the time that I've known you, you've always been, you know, a relentless practice that I was the same. I remember my teacher saying to me, right, you need to go and get some practice students. And then a month went by and I write well, I've done 100. And she was like, you've done what I was like, Well, I made a spreadsheet and I ticked it off. You said, practice? Because you don't it doesn't I mean, it is natural. But you have to find your own way in it, don't you and your own style.

N

Nicole Pope 36:27

You do because what I've what spirit has shown me is that our energy are like fingerprints, everyone has a very, very unique energy to them. And that's part of the mediumship journey is understanding your energy and understanding how you receive the information from spirit. And that's probably the hardest part of the journey because not everyone reads the information the

same way. Some people hear it, some people see it some people is a combination of all these things. Some people just know it and it just comes out of their mouth, right? And you need to figure out and test the waters on what works for you. So don't don't think that other people are doing it better than you. It's just that they've honed their craft and they know where their energetic sweet spot is to get the right information.

H

Hannah Macintyre 37:11

I love it. Thank you so much for coming on and chatting to everybody. It's been amazing. And I know the students are gonna love to listen to this. And like I said, I'll put a link to your website so everyone can follow you and your socials and watch your your monthly virtual Dems and all of that stuff that you've got going. And it's been great to chat. Thank you.

N

Nicole Pope 37:33

Thank you so much for having me, Hannah. Appreciate it.