



Mediumship Matters Podcast Transcripts

Season 3 Episode 37 - Ending The Physical Experience Early

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? I hope you enjoyed yesterday's episode with the amazing Lynn Gosney—what a woman! And last week's chat with Amanda was just as brilliant. Honestly, I love having guest episodes, and I want more.

So, if you know someone working in spirituality with integrity, please send me an email at [✉️ podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk).

◆ I'm particularly keen to speak with an End-of-Life Doula, so if you know one, send them my way! ◆ Also, a quick rant—I keep getting mass-produced guest pitches from people clearly not aligned with this podcast, and I am NOT interested in that! I want real, authentic voices.

Listener Question from Lee

Lee writes:

“Hi Hannah, first of all—thank you so much for your podcast! It has been a joy and comfort in my life this past year. I love my car journeys to work and the gym with you. I've learned so much about spirituality and have been able to reflect on my own beliefs and development. I truly appreciate it!

Now, my question: When someone is murdered, their life is cut short through another person's actions. Does this mean their soul was always meant to transition that way? Or was their journey unfairly interrupted?

I've also been struggling with this regarding animals. When we decide to put an animal to sleep, are we forcing their soul to leave before it's ready? Or is it always meant to happen at that moment? I hope I'm making sense!”

Lee, what an incredible question! And yes, you absolutely make sense. Let's break it down into two parts: murder and animals.

Murder & the Soul's Journey—Was It Meant to Happen?

I know this might be frustrating to hear, but I believe the answer is both.

◆ Some souls choose a journey that includes a tragic or violent passing, no matter how heart breaking that sounds. These experiences ripple through families, communities, and even history, creating deep lessons for those left behind.

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◆ Others, however, may have free will choices that lead them into dangerous situations. For example:

- If your instincts tell you don't get in the car with someone who feels unsafe, but you do it anyway—that might be an avoidable tragedy.
- If someone chooses to walk home alone in a dangerous area, their soul might not have planned for that, but free will played a role.

I don't believe every single death is preordained. I think there are multiple pathways a soul can take.

However, once a person transitions to the spirit world, they are not in pain. They may feel regret or frustration about the way they passed, but once they are home in spirit, they are in a state of peace, love, and understanding.

The true suffering is left to those of us still on Earth, grieving their absence.

Animals & Euthanasia—Are We Ending Their Lives Too Soon?

Now, this is fascinating because my understanding of animal souls is slightly different from human souls.

- ◆ Animal souls transition differently. Spirit has shown me that animals move between lives much faster, almost like a quantum leap. They can reincarnate into new physical bodies instantly—sometimes even multiple at once!
- ◆ Animals don't have the same “cut short” experience. Unlike humans, animals don't cling to life the way we do. Their souls seem to flow between physical forms more effortlessly.
- ◆ They always express gratitude. Every time I connect with an animal in spirit, they thank their humans for the choice to end their suffering. There is never anger or resentment—only love and appreciation for the peace given to them.

What About Spirit Signs from Animals?

You know how we say that robins, cardinals, and butterflies are signs from spirit? Well, have you ever wondered... what happens to the animal's soul when a loved one in spirit “borrows” it to send a message?

My theory? Animal souls are far more fluid than human souls. They aren't attached to just one physical existence the way we are. They can move freely between dimensions, multiple beings, and even work collaboratively with spirit to bring us signs!

It's as if their spiritual doors are always open.

- ◆ This is why animals seem so deeply connected to the spirit world. ◆ They can be here and there at the same time. ◆ And they have no fear of transitioning—because they just know it's natural.

Honestly, I think animals are far more spiritually advanced than we are! (Well, until you see your dog eating something disgusting in the park, and then you do wonder... 🤔)

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Final Thoughts—Trust the Flow of Life & Death

If there's one thing I want you to take from this episode, it's this:

💡 Souls are always taken care of. No matter how someone transitions—murder, euthanasia, illness, or accident—their spirit is okay. 💡 There is no punishment or “stuck” state. The idea that souls get trapped or lost is rooted in fear-based beliefs, not reality. 💡 Animals don't fear death like we do. Their souls move effortlessly between worlds, often helping us long after they've passed. Thank you so much for this thought-provoking question, Lee. I'll probably be thinking about it for days!

✉️ If you have questions, email me at podcast@hannahmedium.co.uk.

Thanks for listening, and as always—have a bloody marvellous day!