



Mediumship Matters Podcast Transcripts

Season 2 Episode 107 - Perfectly Imperfect Manifesting Part 1

Introduction

Hannah Macintyre: Hello and welcome to Mediumship Matters! How are you doing?

Today, we're diving into manifesting, the law of attraction, and the energy of trust—but let's be honest, if there's anything I've learned from doing this podcast, it's that spirit always has its own plan. So let's see where we end up!

The Reality of Manifesting & Energy Seasons

When I first planned this episode, I was in a completely different headspace.

- One week, I'm hustling, creating, and thriving.
- The next, I'm forced to slow down, and that's when all the doubt creeps in.

Sound familiar? This is the real truth about manifesting that people don't always talk about.

◆ When things aren't happening instantly, we start questioning:

- Am I doing something wrong?
- Why is it taking so long?
- Is spirit punishing me?

But here's the thing: Trusting the journey is hard, and spirit knows that.

Balancing the Present & the Future

One of the most powerful things you can do in manifesting is to have one foot in the future you want to create while also acknowledging how far you've already come.

- Look at where you were a year ago.
- Celebrate the small shifts and growth you've experienced.
- Understand that everything unfolding now is preparation for the road ahead.

Even if you haven't ticked off everything on your list this year, you're still making progress. And that matters.

The Journey from A to B (And Why It's None of Your Business)

When we set a goal, we see it like this:

👉 Point A: Where we are now.

👉 Point B: Where we want to be.

But the route between A and B is NOT a straight line. It's full of:

- Twists & turns
- Unexpected detours
- Moments that make NO sense at the time

And the irony? How we get there is none of our business.

- Spirit is taking us the most direct route, even if it doesn't feel like it. That's why trust is essential.

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Overcoming the Fear of “Is This Right for Me?”

Many of us hesitate because we're stuck in the loop of:

- Am I aiming too high?
- Am I trying to create something that isn't meant for me?
- If it's meant to be, shouldn't it be easier?

But let me tell you:

✳️ **The universe isn't Amazon Prime.** ✳️

- Just because something takes longer than expected doesn't mean it's not happening.
- Energy doesn't work like overnight delivery—it's about growth, alignment, and readiness.
- Holding doubt slows things down—but that's human, and spirit understands that too.

Creating Space for Manifestation

If your life is already too full, too busy, too chaotic, how is spirit supposed to bring in what you're asking for?

Spirit often shows me this image:

- ◆ We are a pint glass.
- ◆ We're asking spirit to pour more in.
- ◆ But the glass is already full.

There's no space for more.

So, before manifesting more into your life, ask yourself: 🍷 What needs to go?

- 🍷 What am I holding onto that's keeping me at capacity?
- 🍷 Am I making room for the things I actually want?

Final Thoughts & Takeaways

🌟 Key Lessons from This Episode:

- Manifesting isn't instant. Trust the process, even when it feels slow.
- Celebrate how far you've come. Acknowledge your progress.
- The journey from A to B is spirit's job, not yours. Let go of the need to control every step.
- Fear and doubt are normal. Don't let them stop you from moving forward.
- Create space for what you want. If your energy is full, spirit can't bring in the new.

So here's your homework: 🍷 Take a moment today to look back at your journey this year.

- 🍷 What progress have you made? Where have you grown?
- 🍷 And most importantly—what space can you create for what's coming next?

Thank you so much for listening! If you enjoyed this episode, please leave a review and share it!

And if you're ready to step into your power and create the life you desire, check out my courses and mentorship programme at www.hannahmedium.co.uk.

Until next time—keep shining your light! ✨