



Mediumship Matters Podcast Transcripts

Season 4 Episode 23 - Interview with Starseed Akasha

Exploring Light Language, Star Seeds & DNA Activation with Myra Antonia

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, I am beyond excited to introduce our special guest, Myra Antonia from Star Seed Akasha. If you haven't come across her work yet, prepare to have your mind expanded! Myra is a multi-dimensional channeler, a star seed shaman, and a light code carrier—and today, we're diving deep into some incredible topics, including light language, DNA activation, frequency shifts, and the bigger cosmic picture of our existence.

Let's get into it!

What Is Light Language & How Did Myra Discover It?

Myra's journey with light language started unexpectedly.

- She had always been aware of symbols, codes, and frequencies, but the spoken aspect didn't emerge until 2019.
- During lockdown, she started sharing her experiences on Instagram, embracing the full expression of her soul's voice.
- At first, she resisted it (as we often do with the things that challenge us most!), but it soon became an unstoppable force.

“At first, I thought—what is this? But once it started, there was no stopping it. It was like something I'd been waiting for my whole life.”

Myra describes light language as a vibrational expression beyond words, designed to bypass the conscious mind and work directly with our energy fields and DNA.

Seals, Frequency Fences & DNA Suppression

One of Myra's most fascinating areas of work involves removing energetic seals and distortions that affect our consciousness.

- She believes that, just as Earth has an energetic grid, we inherit energetic imprints from birth.
- These seals and frequency distortions make it difficult for us to raise our vibration and access higher consciousness.
- They interfere with our ability to receive cosmic life force energy, keeping us in a limited state of awareness.

“These energetic implants reverse our DNA, slow down our cellular regeneration, and ultimately shorten our lifespans. But we can override them—we are the masters of our experience.”

- Through her work, Myra helps people clear these distortions and activate their true potential.

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Are We Supposed to Live Longer?

A bold idea Myra presents is that our human bodies were designed to last far longer than they currently do.

- She believes that our original blueprint includes a minimum of 12 DNA strands.
- Currently, most humans operate with only 2-3 strands activated.
- The so-called 'junk DNA' that scientists talk about? It's actually dormant, waiting to be reactivated.

When we unlock these DNA codes, we can:

- Access higher levels of consciousness.
- Increase self-healing abilities.
- Expand our spiritual gifts.

This is where light language and frequency healing come in—helping us remember and restore our full potential.

The Free Will Paradox: Are We Really Free?

One of the most mind-bending discussions we had was about free will vs. destiny.

- Myra believes that while we appear to have free will, there are greater cosmic structures at play.
- Every soul will eventually return to Source, whether by choice or through the natural evolution of consciousness.
- She describes Earth as a multidimensional game, where all experiences (light and dark) serve the purpose of growth.

“Everything is ultimately for our evolution—whether we realise it or not. Even the biggest challenges are part of a greater plan.”

The Power of Dragons & Andromedan Energy

In the session, Myra also introduced the energetic presence of dragons.

- These high-frequency beings help with spiritual empowerment and transformation.
- Some reptilian beings have a negative reputation, but Myra explains that not all are harmful.
- The white dragons from Andromeda came through during the episode to assist in energetic clearing and activation.

“Dragons are incredible allies. They work at a soul level, helping us dissolve distortions and reclaim our power.”

Are We Stuck in a Reincarnation Cycle?

A fascinating theory Myra shared is that human souls may be caught in a reincarnation loop, unable to fully ascend due to energetic manipulation.

- She suggests that certain forces benefit from keeping souls in a cycle of rebirth.
- Emotional spikes—especially fear-based programming—create energy that can be harvested.
- The key to breaking free? Raising our frequency, stepping out of fear, and reclaiming our sovereignty.

“Fear is an illusion. When we vibrate beyond it, we become untouchable.”

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Channelling Light Language: A Live Activation

To end the episode, Myra shared a live channelling of light language designed to:

- Clear distortions in the energy field.
- Activate dormant DNA codes.
- Empower listeners to step into their highest potential.

The experience was powerful and deeply felt. Even if you've never encountered light language before, I encourage you to listen and feel the energy.

“Light language doesn't have to make sense—it's about resonance. Just let yourself receive.”

Final Thoughts: Owning Your Spiritual Power

This conversation with Myra was absolutely mind-expanding. Here are some key takeaways:

- We are far more powerful than we've been led to believe.
- DNA activation is real, and light language helps unlock it.
- Fear is a control mechanism—when we step beyond it, we reclaim our true power.
- Dragons, star beings, and higher-dimensional guides are ready to assist us—if we ask.
- The best way forward is through self-awareness, love, and conscious frequency shifts.

I am so grateful to Myra for sharing her wisdom, and I can't wait for her to join us again!

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

Keywords for SEO: Light language activation, DNA activation, star seed awakening, multidimensional healing, frequency healing, quantum energy, spirit guides, soul evolution, dragon energy, Andromeda beings, zero point energy, Akashic wisdom, consciousness expansion, self-empowerment.