



Mediumship Matters Podcast Transcripts

Episode S7, Ep 38 – Suicide, Spiritual Contracts, Mediumship Doubt & When Readings Go Wrong

A deeply honest and vulnerable episode of Mediumship Matters with Hannah Macintyre.

A New Chapter: “Spiritual Slaps” Launch Day

In this episode, Hannah opens with excitement (and a hefty dose of vulnerability): her new book, *Spiritual Slaps Volume One: Beginnings*, has gone live.

This first volume is her autobiographical story of mediumship development — not just the teaching and mechanics she normally shares, but her personal background, emotional journey, and lived experiences with spirit.

She invites listeners to read the book now so they can join a January Spirit Social gathering where she’ll answer questions, dive deeper into the stories, and talk openly about the lessons within.

Topic 1: Suicide, Spiritual Perspective & Pre-Birth Plans

Listener Alice asks a deeply sensitive question:

Her father died by suicide, and she wants to know what Hannah believes about suicide from a spiritual lens — especially the question of pre-birth planning.

Hannah’s Answer: It’s Both

Hannah’s perspective is nuanced:

- Yes, some deaths may be pre-agreed on a soul level, including suicide.
- Yes, free will also exists, and people make choices that influence the moment and method of their passing.
- Both truth and mystery coexist, and no single model fits every soul.

She explains that suicide often gets judged because it’s sudden or shocking, but many of us slowly shorten our lives through choices such as:

- Smoking
- Stress
- Unhealthy habits
- Long-term self-neglect

There are also people who defy logic:

Individuals who smoke heavily for decades yet live to 105.

Others develop cancer after a few years of smoking.

These contrasts suggest that some souls have fixed exit points, while others have multiple possible pathways.

Does spirit force a contract?

Hannah shares that she cannot picture spirit treating a pre-birth plan like a strict contract:

“I can’t imagine spirit saying, ‘You signed this, so you must go now,’ unless the soul is still choosing it in that moment.”

Some people leave before they are ready. Others struggle for years. It is complex — and deeply human.

Mediumship Matters Podcast Transcripts

What About Suffering After Suicide?

Hannah is clear and compassionate:

- No one who dies by suicide gets stuck.
- They do not suffer in the afterlife.
- Their healing is instant from our perspective, because spirit exists outside time.

They do feel the sadness left behind — but they are not in pain, not lost, not condemned.

She sends Alice love, holding space for the grief and heartbreak of such a loss.

Topic 2: “Why does mediumship come easily to some and not others?”

Listener Lisa feels overlooked by spirit.

Her sister has constant spiritual experiences, while she feels like spirit ignores her — even though she’s open, interested, has ADHD, and works hard on development.

Hannah relates completely.

Mediumship comparison is a thief

She admits that listening to mediums like Courtney Dawson describe objective spirit encounters can trigger her own doubt:

“I feel like I’m always standing there with my hand up waiting for a high-five from spirit — and they’re just leaving me hanging like an absolute twat.”

Many mediums — even experienced ones — feel this way.

The Analytical Mind Problem

Hannah’s analytical mind is:

- her superpower (makes her a strong teacher and writer)
- and her curse (kills the magic and second-guesses everything)

Where others simply accept their experiences, analytical mediums tend to:

- deconstruct
- doubt
- explain away the magic

Mediumship isn’t supposed to feel easy

She reminds Lisa:

- Many mediums who describe dramatic encounters only experienced them early on.
- Most don’t have objective clairvoyance long-term.
- Teaching is often harder for those who had it easy — because they can’t explain the “how.”

You’re not blocked.

You’re not unwanted.

You’re just wired differently — and that wiring has a purpose.

Childlike wonder vs. sceptical caution

Hannah reflects on a ghost-hunting show and how expectation shapes experience:

Some are open like children and experience magic.

Others (like herself) are more cautious, which creates a heavier filter between them and spirit.

Neither is wrong — but each creates a different developmental path.

Mediumship Matters Podcast Transcripts

Topic 3: When a Medium Fails You — A Listener's Troubling Experience

A second listener, another Alice, shares a disappointing (and expensive) mediumship session:

- The medium did a “clarity call” first.
- Asked Alice to bring a necklace, pen, and notebook.
- Asked personal questions about her life, work, partner, and children.
- Then repeated everything she'd already been told.
- Offered tarot instead of evidential mediumship.
- Claimed Alice's “third eye was closed.”
- Made random predictions (e.g., MOT due because the Chariot card appeared).
- Suggested another paid session to “connect to spirit guides.”

Alice left feeling gaslit, foolish, robbed, and unsure whether to trust mediums again.

Hannah's Response: You're right to feel angry — and you're not alone

Hannah acknowledges everything wrong with this reading:

- The medium didn't attempt evidential mediumship.
- She repeated Alice's own words back to her.
- She weaponised “third eye” language.
- She used tarot to fill space.
- She failed to deliver the service Alice booked.

Red Flags to Look For

Hannah offers clear advice:

- Avoid mediums who say “We'll just see what comes.”
- Avoid those who mix modalities without warning.
- Avoid anyone who wants excessive personal info beforehand.
- Avoid those who shame clients with concepts like “your third eye is closed.”

Mediumship is a service — not a vibe, not a personality show, not a guessing game.

Why speaking up is hard — especially for British clients

Hannah admits that, like many Brits, she wouldn't have spoken up either:

- We don't like confrontation.
- We tend to hope it improves.
- We often feel too awkward to stop a session halfway.

Alice did nothing wrong.

She simply encountered someone untrained, ungrounded, and unaware of her own limitations.

The “third eye blocked” nonsense

Hannah rejects the idea outright:

“When my friend brought my grandfather through — the moment that changed my life — I didn't even have a third eye. It was so blocked there was a brick wall with plaster over it. Didn't stop her.”

A client's energy should never stop a medium from connecting.

Ever.

Topic 4: Mediumship Doubt, Insecurity & the Vulnerability of Practice

Listener Magdalena shares that she often feels like a beginner, even after many readings. Before evidential sessions, she must convince herself she can actually do it.

Mediumship Matters Podcast Transcripts

She tells a story where a spirit said:

- “You are very nicely dressed,”
- then talked about anxiety,
- leaving her concern that she was giving “fluff.”

Months later, she learned:

- The woman did have an anxiety appointment that day.
- She had asked her mother if she looked appropriately dressed to meet her ancestors.

It was perfect, evidential, and meaningful — but Magdalena had no idea at the time.

Hannah’s Response: Mediumship is always vulnerable

She stresses:

- Mediumship never becomes predictable.
- You never know why something is said.
- You often don’t see the validation.
- Every session requires surrender.
- Confidence comes only from repetition.

The only real difference between advanced mediums and beginners is experience.

Mediumship is the only profession where:

- You cannot prepare fully
- You cannot control the content
- You cannot rehearse
- You cannot guarantee results
- You are judged in real time
- You are delivering information not meant for you

It’s an act of bravery every single time.

Closing Thoughts & A Request

Hannah wraps up by thanking listeners and asking, from the heart:

- Please rate and review the podcast
- Please review her books on Amazon
- These small actions help her visibility and allow her to keep doing what she loves