



Mediumship Matters Podcast Transcripts

Episode S7, Episode 37 - Ethical Mediumship and the Heart of Service with Courtney Dawson

Mediumship, Ethics & Spiritual Truth: A Deep Conversation With Canadian Medium Courtney Dawson

An inspiring and revealing discussion between spiritual teacher & evidential medium Hannah Macintyre and internationally respected psychic medium, minister & teacher Courtney Dawson.

Introduction: Meeting Courtney Dawson — Medium, Minister & Advocate for Ethical Mediumship

In this heart-centred and candid conversation, Hannah Macintyre welcomes Courtney Dawson, an ordained Spiritualist minister, evidential medium, spiritual teacher, and host of The Connected Spirit podcast. Courtney is known for her grounded approach, her commitment to ethical mediumship, and her lifelong connection to the spirit world.

A Lifetime of Spirit Encounters: Courtney's Early Psychic Awakening

Courtney's connection to the spirit world began astonishingly early. Raised in a Christian home with strict beliefs about the afterlife, she had no language for what she was experiencing. Yet, from as young as one or two years old, she:

- Saw spirit children in her bedroom
- Witnessed them playing, hiding, and interacting
- Experienced them as solid and physical — not misty or translucent
- Became confused only when they suddenly vanished

These moments imprinted on her memory with crystal clarity. Although she didn't understand them, they were real.

In her teenage years, without internet, mentors, or metaphysical resources, the overwhelming influx of emotions and psychic impressions became too much. She suppressed her mediumship as best she could, though her psychic awareness never fully shut down.

A Turning Point: Divorce, Reiki & the Reawakening of Her Mediumship

At age 30, Courtney went through a difficult divorce — a life event that became the catalyst for her spiritual gifts to resurface with full force.

A friend suggested Reiki. Courtney had no idea what to expect, but the session ignited everything:

- Heightened clarity
- Intensified spiritual sensitivity
- Renewed contact with the spirit world
- An inner knowing that she could no longer ignore her calling

Spirit began guiding her through a series of synchronistic events, leading her directly into the heart of her mediumship journey.

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The Night Everything Changed: A Parking Lot Reading That Altered Her Life Path

Courtney attended a mediumship demonstration at a local Spiritualist church — having never seen a medium work before. As she waited for a friend in the parking lot, she suddenly saw a spirit man with two women crossing toward the church.

He spoke to her, asking her to deliver a message.

She tried to ignore him, but he followed his daughter and granddaughter into the church. Inside, an evidential medium and spirit artist delivered stunning portraits and messages. Meanwhile, Courtney saw spirit people emerging objectively from the wall behind the platform — matching the portraits exactly.

The persistent spirit man pressed her to deliver his message.

Trying desperately to avoid it, she made a deal with spirit:

- “I’ll only give the message if they cross the street with me.”
- → They did.
- “Fine. Only if they parked beside me.”
- → They had the same car, the same colour, and their key fob lit up right next to hers.

Courtney delivered the message in the parking lot — her first ever reading — and it was exactly what the family needed.

In that moment, she knew why she’d had spiritual encounters her entire life.

Finding a Spiritual Home: Training, Mentorship & Ordination

After the parking lot experience, everything accelerated:

- Spirit communication intensified
- She sought guidance at the same Spiritualist church
- Ministers recognised her gift instantly
- She joined their development circle
- She eventually trained for seven years
- And later became an ordained Spiritualist minister

Her mentor played a crucial role in helping her understand the work, navigate fear, and heal emotionally.

Developing Mediumship: The Commitment, the Surrender & the Inner Work

Courtney describes mediumship development as:

- A lifelong process
- Deep personal work
- Requiring surrender and trust
- Often involving healing past trauma
- Intensely emotional
- Sometimes overwhelming

She openly shares her experience of:

- A painful divorce
- Her children temporarily living with their father
- Moments of deep grief and breakdown
- Spirit comforting her with visions and presence
- Experiencing spirit as a constant source of unconditional love

Her mediumship evolved alongside her healing — a truth she believes applies to all mediums.

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Courtney's View on Ethical Mediumship: What the Industry Needs Now

Ethics are central to Courtney's work and teaching. She believes the mediumship world is missing some crucial foundations. Key issues she identifies:

1. Lack of Evidence in Readings

A true evidential medium must provide information that clearly identifies the spirit communicator.

Without it, doubt remains — and that undermines the purpose of mediumship.

2. Psychic Information Disguised as Mediumship

General statements like:

- “Who's the grandmother with heart problems?”
- “Who knows a woman who smoked?”

...are psychic, not mediumship.

3. Fishing for Information

Mediums should never ask recipients to give details they can then feed back.

4. Fear-Based Predictions

Spirit does not deliver messages of doom, fear, or disaster.

In thousands of readings, Courtney has never seen spirit bring harmful or frightening predictions.

5. Over-Reliance on Tools & Rituals

Some teachers online claim you must use:

- Cards
- Crystals
- Pendulums
- Candles
- Incense
- Rituals

...but Courtney emphasises:

“You only need one connection first — the connection to yourself.”

Mediumship is natural. The tools are optional, not required.

6. Spiritual Codependency

She warns against:

- Students becoming reliant on mentors
- Followers becoming dependent on spiritual influencers
- People feeling they can't connect without external props

Spirit wants empowerment, not dependence.

A Conversation About Fraud in the Industry

During the podcast, Hannah reveals new information she has uncovered regarding allegations of fraud involving a prominent historical medium. Courtney responds with honesty, shock, and openness.

This conversation highlights:

- The importance of transparency
- The need to question narratives
- The courage to face uncomfortable truths
- The importance of ethical standards in all spiritual work

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Courtney's Holiday Events & Offerings

Courtney hosts two powerful end-of-year experiences designed to bring comfort, healing, and connection during the emotionally intense holiday season:

✨ Bringing Heaven Home for Christmas (Nov 22)

Her signature annual event featuring evidential mediumship demonstrations.

This event sells out every year and offers:

- Messages from loved ones
- Deep healing
- Hope and connection
- Comfort through grief

✨ Christmas Connection: Guided Meditation & Q&A

A 60-minute guided journey to help participants:

- Feel the presence of their loved ones
- Experience signs through thought, sensation, or feeling
- Deepen their personal connection with spirit

Tickets are available at mediumcourtneydawson.com/events

How Courtney Grounds & Unwinds

Despite her busy spiritual practice, Courtney stays grounded through:

- Annual trips to Maui
- Daily dog walks
- Time in nature
- Reading with a cup of tea
- Physiotherapy and exercise
- Having lots of personal downtime
- Scheduling and batching her content to avoid burnout

And yes — she admits to being a midnight Teemu shopper with a large collection of pyjamas!

Quick-Fire Round With Courtney Dawson

- One word clients leave with: Peace
- Earliest spirit memory: Spirit person picking carrots in the garden while she was on a swing at age two
- Morning or night? Night owl
- Phrase she repeats to students: "This isn't about you."
- If not a medium: She'd be a lawyer
- Podcast/book recommendations:
 - Medium in the Middle
 - Mediumship Matters (Hannah's show)
 - The Ring of Chairs by Janet Cyford

What's Next for Courtney Dawson?

Courtney hints at a major new project in development for The Connected Spirit School — aimed at offering a safe, grounded community space away from the noise of social media.

She's running three mediumship circles this year and expanding her offerings to support more students worldwide.