



Mediumship Matters Podcast Transcripts

Season 3 Episode 61 - Who's In Charge?

Welcome to Mediumship Matters!

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! How are you doing? Today, I want to dive into some deep reflections on mediumship, expectations, and the mystery of spirit communication. This episode is all about questioning the way we work as mediums and exploring whether we, as mediums, are actually the ones choosing the spirit communicators, rather than spirit choosing them for us.

The Tower Card & The Never-Ending Evolution of Mediumship

◆ Recently, I've been feeling like I'm living inside the Tower card—everything breaking down so that it can be rebuilt stronger. ◆ No matter how long I've been doing this, the evolution of mediumship never stops. ◆ One of my biggest struggles? My relentless pursuit of excellence—sometimes I suck all the joy out of it by constantly thinking I'm not good enough.

💡 “The more we push, the harder it becomes. Surrendering to the experience is key.”

Who Decides Which Spirit Communicator Steps Forward?

This is a huge question—one that has been rattling around my mind for a while.

◆ We've been taught that spirit decides who steps forward—but what if it's actually us? ◆ A recent experience made me question this:

- A woman in a course desperately wanted to hear from her husband.
- Nobody could connect with him.
- Then I tried, and there he was—immediate, clear, full of energy.
- So why hadn't anyone else been able to bring him through?

💡 Are we, as mediums, simply landing on the first communicator we find?

The Blindfolded Flower Metaphor—How Mediums Find Spirit

Imagine you're blindfolded in a massive sports hall filled with 30 different flowers.

◆ Your goal is to find the flower that will make your sitter happy. ◆ As you walk, you reach out blindly and grab the first flower you find. ◆ But is it the right one?

💡 “Are we as mediums just landing on the first spirit we connect with, rather than waiting for the ‘right’ one?”

If spirit is omnipresent—if they can be everywhere at once—then shouldn't we be able to ask for specific communicators?

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Why Don't Sitters Just Ask for Who They Want?

◆ In readings, sitters are often told, “Just let spirit decide who comes forward.” ◆ But why is this an absolute rule? ◆ If a sitter wants to hear from their mum, why can't we start by calling for her, rather than waiting to see who shows up?

💡 “Is it time to rethink the way we approach spirit communication?”

Spirit Personalities—Do ‘Louder’ Spirits Come Through First?

◆ In demonstrations, I often connect with big, vibrant personalities first—is that because they're stronger or just more noticeable? ◆ The same happens in life—at a party, we naturally gravitate towards certain people. ◆ Could it be the same in the spirit world?

💡 “Are we choosing communicators based on energy compatibility?”

The Challenges of Mediumship—Why It's Not Always Mind-Blowing

◆ Sometimes, readings are absolutely incredible—full of deep evidence and emotion. ◆ Other times, they feel flat, awkward, or incomplete. ◆ It's SO easy to doubt yourself when this happens, but spirit connection isn't always perfect.

💡 “Mediumship is unpredictable—it's about surrendering to whatever happens.”

Are Mediums Holding Themselves Back?

◆ I've noticed that some mediums are afraid to say ‘I don't know’. ◆ But is it better to pretend we know everything, or admit that we're still learning? ◆ Spirit work is a journey, not a destination—we should be questioning and evolving all the time.

💡 “We need to stop acting like we have all the answers—true mediumship is about constant discovery.”

Final Thoughts—Let's Keep Questioning Everything!

This episode has been full of big, juicy questions—and I don't have all the answers. But that's what I love about mediumship.

💡 Key takeaways: Are mediums choosing the spirit communicators, rather than spirit choosing for us? Should sitters be allowed to request specific loved ones? Do ‘louder’ spirits come through first? Is mediumship really about trust and surrender rather than control?

I'd LOVE to hear your thoughts on this—send me a message or let's discuss it in The Gateway!

And as always—have a bloody marvellous day! 🚀