



Mediumship Matters Podcast Transcripts

Season 1 Episode 36

What Makes Good Evidence?

Evidential mediumship, spirit communication, personal connection, presence of spirit, mediumship evolution, healing messages, authentic readings, spiritual growth, natural mediumship.

Hannah Macintyre:

Hello, beautiful souls, and welcome back to Mediumship Matters with me, Hannah Macintyre. Here we are with Episode 36 (or maybe Episode 35.2... I've lost count, but who's keeping track?). Today, we're diving deeper into our conversation about what makes a good medium, focusing specifically on what makes good evidence in mediumship. Now, this is a personal topic—every medium has their own approach, and every sitter has their preferences. But here's my take.

Beyond Names and Dates

If you've ever tried to book a reading with me, you'll notice my website clearly states: I don't work on names and dates. Why? Because for me, mediumship is about bringing through the presence of the spirit world—not ticking off a list of facts.

Back in the day, mediums were taught to deliver evidence like a shopping list: names, ages, dates of death, and so on. While that has its place, I believe mediumship has evolved. Spirit communication is far more dynamic than rattling off bullet points.

The Essence of Connection

Take my Nana, for example. She was complex, loving, difficult, and absolutely fabulous. If I had the chance to connect with her through a medium, would I want the medium to say, "She died at this age. Her birthday was in March"? No! That doesn't capture who she was.

What I'd cherish is the essence of her:

- Her obsession with family history and the joy she found in tracing our family tree.
- The way she taught me to do the twist on the Isle of Wight.
- Her sharp, unfiltered opinions about the neighbours (always entertaining).
- The hilarious chat we had about pubic hair during a shopping trip—yes, really.

Those are the moments that define her. That's the presence I want to feel when she comes through. Mediumship should be about capturing those precious, personal memories—the quirks, the laughter, the energy that made them them.

Personality Lives On

One of the most magical things about spirit communication is realising that our loved ones don't become angelic, softly-spoken beings when they pass. They're still themselves!

When I cross over, I'll still be chatty, bossy, emotional, and a little bit controlling (just keeping it real). Spirit retains personality. Yes, they evolve and grow, moving beyond ego-driven behaviours, but their essence remains. That's what makes spirit communication so exciting.

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The Spirit World Isn't One-Dimensional

Spirit doesn't operate like we do in the physical world. Here, if I'm talking to my mum, I'm just talking to her. In spirit, they can be with everyone simultaneously. Time and space don't apply the same way.

So, when you ask your mum in spirit to watch over your child, you're not taking her away from being with you. She can do both—and more—all at once. Isn't that incredible?

What Makes Good Evidence?

Good evidence isn't just facts and figures. Yes, it's wonderful when a medium can validate names, dates, or specific events. But what truly matters is:

- **The Presence:** Feeling your loved one's energy like they're right there with you.
- **Personality:** The quirks, humour, and unique traits that made them special.
- **Memories:** Shared experiences that flood you with emotion and connection.
- **Emotional Impact:** Leaving the reading feeling loved, supported, and seen.

Sure, it's cool when dates come through accurately, but the love is cooler.

The Purpose of Mediumship

At its core, mediumship is about healing and hope. Spirit messages often boil down to three simple, powerful truths:

- We're with you.
- We love you.
- We're proud of you.

That's what most spirits want to communicate. Yes, there might be apologies, validations, or specific messages, but it always comes back to love.

Names and Dates: Do They Matter?

If I get a name or date during a reading, I'll absolutely share it. But I don't seek them out because they're not the most meaningful evidence for me.

For example, if your Nan's name was Mary, that's lovely. But wouldn't it be more powerful to hear about the time she baked your favourite cake, her laugh that filled the room, or the way she always forgot where she put her glasses?

Names matter when there's purpose behind them—like acknowledging a grandchild named after them or reconnecting with a sibling they're reunited with in spirit. Random names without context? Less impactful.

Mediumship Is Like Flipping Through a Family Album

Remember flipping through your Nan's photo album as a kid? She'd sit beside you, pointing at each photo, sharing stories, laughing, and reminiscing. That's what mediumship should feel like.

A medium is like the person sitting beside you, flipping through the spirit world's photo album, sharing memories, emotions, and connections that remind you: they're still here.

Final Thoughts:

Good evidence isn't just about facts. It's about presence, personality, and emotional connection. When you leave a reading, you should feel like you've spent time with your loved one, not just ticked off a checklist.

What do you think makes good evidence? I'd love to hear from you! Email me at podcast@hannahmedium.co.uk or connect on the Mediumship Matters Facebook page.

Thank you for listening, for your support, and for being part of this beautiful journey. Until next time, stay curious, stay open, and remember: They're with you. They love you. They're proud of you.

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