



Mediumship Matters Podcast Transcripts

Season 3 Episode 79 - Finding The Right Teacher

The Reality of Mediumship: Validation, Teaching & Growth

Hello, everyone! Welcome to Mediumship Matters with me, Hannah Macintyre. How are you doing? Finally, we've reached May, and it feels like a shift in energy has arrived. It's been a heavy few months, and I know I'm not the only one feeling a sense of relief. So many of you have reached out saying, "Something's lifted, something's changed." And yes, I feel it too!

The Power of One-on-One Readings

I've been doing lots of one-on-one readings recently, and what an experience it has been! First off, I have to say—if you've had a reading with me in the past month, thank you. You have been the most open, willing, and engaged sitters. You've created truly magical spaces for Spirit to work, and I'm beyond grateful.

That said, these readings have also been a lesson in the unseen impact of mediumship. There have been moments where I've given information that, at the time, didn't feel significant to me—but turned out to be huge for the sitter. For example, I did a reading for a young woman who had never had a reading before. She was very reserved, and I left the session thinking, Oh dear, that wasn't great. But later, I got a text from her stepmother saying, "You've changed her life. She's completely blown away!"

One of the biggest takeaways? Just because it doesn't feel like magic in the moment doesn't mean it isn't magical for the recipient.

Spirit's Evidence & The Validation Trap

One thing that keeps coming up is the importance of validation. Mediumship isn't about our ego, yet we so often look for external validation. In that reading, I told the sitter that her grandfather was met in spirit by his brother. She said yes, but later in the car, she told her stepmother, "That can't be right—he only had sisters." Then, when she relayed the reading to her father, he responded, "Oh no, he did have a brother. A half-brother who died young."

That moment? Pure proof that Spirit was working. It wasn't in the sitter's energy—I wasn't reading her mind. That information came straight from Spirit, and that is what we, as mediums, live for.

Mediumship as a Performance?

- I often compare mediumship to singing. When a singer performs, they may or may not feel the energy that moves the audience to tears. I wonder—do performers always know when they've created a once-in-a-lifetime show? Or do they pick apart their own performance, focusing on what could have been better?

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We, as mediums, often do the same thing. We analyse, we critique, we focus on what didn't land. But what if we never truly know how impactful our work is? What if our biggest successes feel mundane in the moment? That's the beauty—and the challenge—of working with Spirit.

Choosing the Right Mediumship Teacher

Now, let's talk about something important: finding the right mediumship teacher.

I've seen some shocking teaching methods in the spiritual community, and I want to help you avoid the wrong teachers. Here are some red flags to watch out for:

- **Teachers Who Don't Demonstrate** – If someone is teaching mediumship but refuses to demonstrate their own abilities, be cautious. If they can't do it themselves, how can they teach you?
- **Ego-Based Teaching** – Mediumship is about service, not status. If your teacher seems more focused on proving how great they are rather than nurturing your growth, they're not the right teacher.
- **Gatekeeping Information** – Some teachers operate like a pyramid scheme, dangling "secrets" they never actually teach. If they're constantly pushing you into another paid level before giving you what was promised, question it.
- **Toxic Criticism & Manipulation** – I once had a teacher tell me, "You're not as good as you think you are" in front of a classmate. It shattered my confidence. A good teacher lifts you up, challenges you constructively, and helps you grow.
- **Jealous or Competitive Teachers** – Believe it or not, I've seen teachers refuse to acknowledge students' spirit connections out of jealousy. If your teacher isn't celebrating your successes, they aren't the right mentor for you.

The Shift in Mediumship Teaching

We're entering a new era of mediumship. The old, rigid ways of teaching are breaking down, and the new wave is more open, expansive, and supportive. We don't need to do things the way they were done in the 1950s. We are evolving.

Mediumship is about connection—both to Spirit and to yourself. The best teachers understand that their role isn't to create clones of themselves, but to help each student find their own voice in this work.

Final Thoughts

- **Trust your journey.** If a reading doesn't feel incredible to you, it doesn't mean it wasn't life-changing for your sitter.
- **Validation isn't about your ego.** Spirit speaks whether or not you get immediate confirmation.
- **Find the right teacher.** If a teacher makes you doubt yourself more than they uplift you, they're not the right fit.
- **Mediumship is evolving.** Be open to new ways of working and teaching.

Thank you for listening! If you have a question, an experience to share, or just want to say hello, email me at podcast@hannahmedium.co.uk or voice note me on WhatsApp (number in show notes!). I'd love to hear from you.

See you next time!

—Hannah