



Mediumship Matters Podcast Transcripts

Season 4 Episode 33

Mediumship, Spirit Communication & Questioning Everything

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

How are you doing? The energy is finally lifting, and if you haven't felt it yet—hang in there, it's coming! After weeks of heaviness, doubt, and resistance, it was a relief to finally have a moment of clarity. A little walk through the autumn trees, a deep breath, and for the first time in ages, I just thought, Ahh. No overthinking, no questioning what I'm doing wrong, just a moment of peace. And we should never underestimate how powerful those moments are.

In today's episode, we're talking about mediumship demonstrations, evidential spirit communication, energy alignment, and questioning everything we think we know. Let's get into it!

Demonstrating Mediumship: Tunbridge Wells & London

Last week, I demonstrated in Tunbridge Wells—one of my absolute favourite venues—and for the first time ever, in London!

Tunbridge Wells: A Place of Magic

This venue is special. The building was originally owned by a scientist experimenting with sound and electricity, so it's got this crackling energy in the air, like it's holding onto something unseen. There's also a giant pipe organ, which, of course, I attempted to play—only to find it was locked. Much to Amanda's despair, I spent the evening humming the Phantom of the Opera theme because, well, I had to.

What really made the night, though, was the audience interaction. People weren't just nodding or saying yes/no—they were sharing stories, adding context, and really engaging with the spirit communication. It made such a difference to the flow of the night.

Side note: If you're one of my students, you'll be thinking, "Macintyre, you told us to only say yes, no, maybe, or don't know!" And you'd be right! When you're learning, you need to hold your power and keep your focus. But as you progress, you develop the ability to keep building energy, even when a sitter shares extra details. It's all about practice!

London: A Green Room & A Spirit Interruption

The London event was not profitable, but it was brilliant. The energy was electric, and I am so grateful to everyone who travelled to see me.

For the first time ever, I had a green room. I won't lie, it was freezing cold, slightly depressing, and had a hole in the window—but it was mine. And, more importantly, I had my own toilet. Yes, it was drafty. But it was mine.

- During the interval, I was on said toilet (stay with me), reflecting on how thirsty I get when demonstrating. Whether it's nerves, energy shifts, or something physiological, evidential mediumship makes me incredibly thirsty.

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And then, as I sat there, a spirit stepped forward.

Now, you all know my stance—spirit rarely interrupts you when you're not working. But this lady was different. She urgently needed to connect with her granddaughter in the audience. She had dementia, had been placed in a home, and towards the end of her life, had lost recognition of her family, causing them great distress.

I wasn't sure if this was real communication or just my energy reaching too far, so I made a deal with her: If this is real, come back when I'm on stage. And I left it at that.

Fast forward to the second half of the demonstration—she came back.

I had to pause my usual spirit guide Q&A and explain to the audience that, for the first time ever, I had a spirit interrupt me while I was on the toilet. And sure enough, her granddaughter was there, and every detail was validated.

Mediumship is weird and wonderful. You never quite know what's going to happen!

Energy Sensitivity & Public Transport After a Dem

After the event, Amanda and I caught the late train home. Now, post-demonstration, I am WIDE open energetically. And, of course, we found ourselves on a train full of very drunk people.

One girl, barely older than my daughter, stumbled to the door and was violently sick. I wanted to help her, but the sheer volume of vomit surrounding her was overwhelming.

I felt guilty for not stepping in. I kept thinking about her all night—was she okay? Did she get home safely? And that's when I realised:

Maybe I shouldn't be taking public transport after a dem. My energy is just too open.

This is something all working mediums should consider—where do you go after a demonstration, and how do you protect your energy?

Questioning Everything: What Is Mediumship Really About?

Lately, spirit has been pushing me to rethink everything I thought I knew.

- Why does spirit communicate in evidential form?
- If our soul is multifaceted, why do spirits take on their old earthly identity?
- What is the true purpose of mediumship?

We accept a lot of things in spiritual work without questioning them. But what if we allowed ourselves to experiment, to be curious, to challenge old perspectives?

“Maybe spirit needs YOU to explore things in a new way, so that new paths can open for others.” Mediumship is not set in stone. It evolves. And I believe we are being called to move beyond old paradigms and explore what's possible.

Final Thoughts: What Do YOU Think?

I want to hear from you. Why do you think spirit communicates the way they do? What is the purpose of mediumship?

Message me on Instagram, Facebook, or email me your thoughts—I'd love to start a deeper conversation around this.

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

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