



# Mediumship Matters Podcast Transcripts

## Season 6 Episode 4 - Interview with David Hale

David Hale: Drag, Development & Dems

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

Today, I am absolutely thrilled to be joined by an incredible medium, someone I've connected with a lot online, and who has been incredibly patient while I finally got myself organised to have this conversation. The wonderful David Hale is here!

David is a UK-based demonstrating medium, a podcast host, an author, and someone whose journey into mediumship has been anything but ordinary. We're going to dive into his unique path, his time as a drag performer, the highs and lows of development, and the lessons he's learned about stepping onto the platform.

Let's get into it!

David's Journey: From Drag to Demonstration

David didn't have the classic "I saw dead people as a child" experience. His connection to mediumship came later in life—not through spirit standing at the foot of his bed but through fascination.

- ✓ He grew up in a Catholic household, attending church weekly, but it never really resonated with him.
  - ✓ At 14, he left the church for good after his mum gave him the choice to explore his own beliefs.
  - ✓ He was drawn to psychic fairs, stage mediums, and TV shows like Most Haunted—but rather than being scared, he was intrigued by what mediums could do.
  - ✓ A psychic told him he had ability, but at the time, he brushed it off.
- Then life took him in a different direction—he became a drag queen for 12 years.

How Drag Shaped His Mediumship

One of the things I love about David's story is how his drag experience gave him an unexpected foundation for platform mediumship.

- 💡 Drag taught him stage presence.
- 💡 It helped him feel comfortable being seen.
- 💡 It gave him confidence performing for an audience.

But there was a key difference—

- 🎭 In drag, he had a persona to hide behind.
- 👁️ In mediumship, it's just him, raw and real.

David admits that while he loved performing, platform mediumship is a whole new level of vulnerability—because there's no wig, no costume, no character to fall back on.

But his stage experience helps—because even when nerves creep in, he knows how to own the stage and keep an audience engaged.

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## Starting the Mediumship Journey

David's real development started when he was 34.

✓ He had a moment—one of those YouTube rabbit hole nights where you start watching one thing and end up somewhere unexpected. ✓ He saw a medium on TV, and something clicked —“Remember what those people did for you when you were younger? Maybe it's your turn.” ✓ He called a psychic hotline (twice!) and was told he was psychic. ✓ He Googled how to develop (as we all do at some point!). ✓ He found a mentor online and later joined a spiritualist church circle. Like many of us, he had moments of impatience, but he knew he had to push himself beyond his comfort zone to grow.

## His First Reading: A Shock & A Lesson

David's first reading was on Halloween 2017—and it freaked him out (in a good way!).

- ◆ He asked a sitter to bring a photo, but instead of connecting with the person in the image, he felt someone else entirely.
- ◆ Turns out, it was the sitter's grandmother.
- ◆ Earlier, while meditating, he'd seen a cross appear on a wall—he later found out her surname meant 'cross' in Spanish.
- ◆ He also picked up the exact area of pain that led to another family member's passing.
- ◆ The sitter was so moved he called his mother in Spain immediately after, both of them crying on the phone.

And what did David do? Panic.

“I thought—was that real? Was it a fluke? Did I make him cry for the right reasons? Did I just traumatise someone?”

It was a powerful moment—a confirmation that mediumship is real, but also a stark lesson in how much it impacts people.

## Taking the Leap to Platform

Like many of us, David's journey from development to demonstration involved a push from spirit... and a little nudge from a mentor.

- ◆ He sat in circle for years, feeling stuck.
- ◆ He started offering free readings to practice.
- ◆ Eventually, he started charging (still questioning whether he should!).
- ◆ Then Bill Hughes appeared—watched David work online, reached out, and said, “I've got four dates for Bognor Spiritualist Church. Pick one. You're doing it.”

Cue sweaty palms and existential dread. But he did it. And now? He's hooked.

## The Truth About Platform Mediumship

David and I completely agree—platform mediumship is brilliant... but brutal.

- ✓ It's exhausting. You need a day to recover.
- ✓ The fear never fully leaves. Every time, there's a moment of “what if nothing comes?”
- ✓ It requires energy, confidence, and the ability to engage an audience.
- ✓ You have to be okay with being seen, vulnerable, and sometimes failing.

And honestly? It's not for everyone. And that's okay.

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## David's Advice for Developing Mediums

David's top three tips for anyone developing their mediumship:

- 1** Don't compare yourself to others. Everyone's timeline is different.
- 2** Find what works for you. Circles aren't for everyone. Explore different styles.
- 3** Go with what resonates. Not all teachings will fit. Take what aligns, leave what doesn't.

"You'll read five books on mediumship and get five different opinions. Trust what feels right for you."

## Final Thoughts: What David Wants Everyone to Know About Mediumship

If he could beam a message into every home in the world, it would be this:

💡 Understand the mechanics. Mediumship isn't about seeing ghosts 24/7. It's an altered state, a blend, a process. 💡 It's not easy. It takes work, self-reflection, and resilience. 💡 Mental health matters. Mediumship is mentally and emotionally demanding—you must take care of yourself. "If you're not good, you can't give good mediumship. Simple as that."

## Find David Online

David hosts 'Coming Down to Earth with Spirit', a podcast exploring real, honest mediumship without the fluff. He also runs a TV show on Spiritual Psychics TV, and his book, Coming Down to Earth, cuts through the nonsense and tells it like it is.

Check out his website (linked in the show notes) for demos, videos, and ways to work with him.

David, thank you so much for being here—it's been a blast!

Love, Hannah x

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