



# Mediumship Matters Podcast Transcripts

Season 1 Episode 27

## Interview with Carrie from Serendipity Wellbeing

Keywords: Mediumship, Spiritual Journey, Crystal Healing, Angelic Guidance, Spiritual Awakening, Energy Healing, Spirit Guides, Oracle Cards, Meditation, Spiritual Life Coaching, Holistic Therapies, Empowerment, Divine Timing.

Welcome to Mediumship Matters

Hannah Macintyre: Hello, lovely listeners, and welcome back to Mediumship Matters with me, Hannah Macintyre. Today, I'm beyond excited because I have the wonderful Carrie from Serendipity Wellbeing joining me. I stumbled across her on Facebook, which feels like divine intervention given how social media algorithms work these days. Her energy, integrity, and the way she delivers her messages instantly drew me in. Carrie, welcome to the podcast!

Carrie: Thank you so much for having me, Hannah! I'm thrilled to be here.

Meet Carrie: The Journey Behind Serendipity Wellbeing

Hannah: So, tell us a bit about yourself and what you do.

Carrie: I'm the founder of Serendipity Wellbeing, which started as a simple Facebook page. I was training to be a therapeutic counsellor but had a massive spiritual awakening that redirected my path. I realised I was meant to support and empower people spiritually, not just through traditional counselling. Now, Serendipity Wellbeing encompasses crystal healing, angelic guidance, holistic therapies, spiritual life coaching, and intuitive readings. My journey has been spirit-led, and I feel incredibly blessed to do this work.

Crystal Club: A Journey of Healing and Empowerment

Hannah: I've seen your Crystal Club online. Can you tell us more about it?

Carrie: Absolutely! The Crystal Club started over a year ago and brings together people passionate about crystals. Each month, we focus on a specific crystal, setting intentions, meditating, and exploring its healing properties. It's more than just learning about crystals; it's an empowering and healing journey. Members receive a crystal by post and participate in weekly online sessions, connecting from all over the UK.

The Power of Spiritual Life Coaching

Hannah: You're also a spiritual life coach. How does that fit into your work?

Carrie: Spiritual life coaching is about supporting people on their personal growth journeys. It's not about training mediums; it's about helping individuals connect with their higher selves, heal, and find empowerment. Some of my clients have gone on to mediumship, while others apply spiritual principles to their everyday lives, even in non-spiritual careers. My background in education and mentoring has shaped this work, and I feel honoured to guide others in this way.

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## Angelic Connections: A Divine Partnership

Hannah: You work closely with angels. How did that connection develop?

Carrie: I've always been fascinated by angels, even as a child. My spiritual journey deepened when I started feeling distinct energies around me, different from spirit guides. I trained in angelic card reading and healing, which opened up profound connections with Archangels like Michael and Zadkiel. One unforgettable experience was seeing Archangel Michael—everything turned blue, and his presence was overwhelming in the best way. That encounter inspired me to create my upcoming course, Exploring the Archangels, to help others connect with these incredible energies.

## Daily Practices for Spiritual Connection

Hannah: Do you have a daily practice to maintain your spiritual connection?

Carrie: Meditation is my cornerstone. It helps me cleanse my energy, receive guidance, and stay grounded. I also pull oracle cards daily for personal insight. It's essential to maintain our own well-being to support others effectively. Sometimes, I meditate for healing, guidance, or simply to fortify my energy.

## Advice for Spiritual Seekers

Hannah: What advice would you give to someone just starting their spiritual journey?

Carrie: Don't ignore the nudges. If you feel drawn to explore spirituality, follow that curiosity. Divine timing is everything. Find teachers or communities that resonate with you, and don't be afraid to ask questions. Trust your instincts—energy connects us all, and you'll be guided to the right people and experiences.

## Oracle Cards: Tools for Guidance

Hannah: What are your favourite oracle cards?

Carrie: I love working with animal spirit guides by Diana Cooper and the Sacred Destiny cards by Denise Linn. They're visually rich and powerful, providing profound messages with simplicity. I always remind my students that cards are just tools—the real connection comes from spirit and intuition.

## Final Thoughts & How to Connect with Carrie

Hannah: Thank you, Carrie, for this inspiring conversation. How can people find you?

Carrie: You can find me on Facebook under Serendipity Wellbeing or visit my website at [www.serendipity.online](http://www.serendipity.online). I also offer live readings on Facebook and have upcoming courses, including Exploring the Archangels and my spiritual life coaching program.

Hannah: Thank you again, Carrie! It's been an absolute joy. To our listeners, thank you for tuning in. Until next time, keep shining your light!