



Mediumship Matters Podcast Transcripts

Season 6 Episode 5 - Cake

NPCs, Spiritual Hierarchies & Finding Your Flavour

Hello and welcome to Mediumship Matters with me, Hannah Macintyre! Today, we're diving into a slightly unconventional topic that's been bubbling away in my brain for months—NPCs (Non-Playable Characters), spiritual hierarchies, and how we perceive our journey versus others.

So, grab a cup of tea (or a slice of cake—trust me, cake is coming up), and let's get into it!

Do Some People Lack a Soul?

I first came across this concept through Dolores Cannon, and it completely threw me. The idea is that some people on Earth are not individual souls but part of a collective consciousness, here simply to “fill the gaps.”

- They don't evolve, don't experience soul growth.
- They aren't here for lessons—they just exist.
- They're essentially human background characters.

My initial reaction? Oh, this makes so much sense! It explains why some people seem unmoved by new information or just repeat the same patterns over and over.

But then, spirit did what they always do—made me sit with it longer. And that's when things got interesting...

The Flip Side: What If I'm the NPC?

As I dug deeper, I realized something uncomfortable: To some people, I am an NPC.

- I'm saying things that don't land with them.
- My words might as well be white noise to their experience.
- They don't resonate with my beliefs—so to them, I am the one who doesn't “get it.”

That was humbling. It made me step back and ask: Is this concept of NPCs just another way to judge people?

The truth is, we all exist in different levels of awareness, but that doesn't mean one is better than the other.

Are We Creating a Spiritual Hierarchy?

One of the biggest traps in spirituality is the subtle hierarchy that sneaks into our thinking:

- “I'm more awakened than them.”
- “They just don't get it.”
- “I'm here to teach and elevate others.”

The moment we start thinking our way is the best way, we create exclusion and division—which, ironically, is the opposite of what spirituality is meant to be.

And let's be honest: No one likes being told they're lower down on the “spiritual food chain.”

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The Cake Analogy: Finding Your Flavour

Spirit gave me the perfect way to understand this—cake.

Imagine life as an endless, multi-layered wedding cake.

- Every flavour represents a different way of experiencing life.
- Some people are chocolate fudge—deep, intense, rich.
- Others are light vanilla sponge—simple, comforting.
- Then there's carrot cake, lemon drizzle, fruitcake—each unique, each perfect for the right person.

The important thing? No flavour is better than another.

Some flavours resonate with you, and some don't. But that doesn't mean they're wrong—just different.

Respecting Different Journeys

If someone doesn't vibe with your spiritual path, it's not because:

- They're "low vibration."
- They're an NPC.
- They're "not awake."

It's just not their flavour. And that's okay!

And if you find yourself judging others' paths, ask: Would I want someone else telling me my way is wrong?

Because, trust me—someone out there thinks you're the NPC in their story.

Law of Attraction & Privilege

This all ties into another big topic—the Law of Attraction.

- I love manifestation, but let's be real—it's been hijacked by privilege.
- It's easy to say "You can manifest anything!" when you already have a stable life.
- But try telling a starving child in a war zone that their situation is about mindset.

We need to acknowledge:

- Yes, mindset matters—but it's not the only factor.
- Yes, we co-create—but circumstances exist.
- Yes, we have power—but not at the expense of dismissing real struggles.

Let's not turn spirituality into an elitist club that only works if you "believe hard enough."

Final Thoughts: Shine Your Own Light

Here's where I've landed:

- We are all different flavours of cake—embrace it.
- Respect other people's journeys without trying to "convert" them.
- Spiritual growth isn't a competition—there's no leaderboard.
- The Law of Attraction is powerful, but context matters.
- You're never going to be everyone's cup of tea (or slice of cake), and that's okay!

I'd love to hear your thoughts—have I made you rethink the NPC concept? Are you now craving cake? (If so, my job here is done. 😊)

Until next time—trust spirit, trust yourself, and keep evolving.

Love,

Hannah x

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Keywords for SEO: Spiritual hierarchy, non-playable characters in spirituality, mediumship growth, spiritual judgment, finding your spiritual path, different soul journeys, law of attraction myths, NPC theory, embracing diversity in spirituality, spiritual enlightenment misconceptions.