



Mediumship Matters Podcast Transcripts

Season 4 Episode 36 - How are the spirits we work with chosen?

Mediumship, Ascension & The Reality of Demonstrating

Hello and welcome to Mediumship Matters with me, Hannah Macintyre!

How are you doing? The energy is shifting again—not quite smooth sailing, but definitely different. If we believe this is all part of our ascension into a new energy stream, then it makes sense. You can't rise while carrying dead weight. So, the clearing-out process continues! In today's episode, I'm diving into mediumship demonstrations, spirit communication, energy flow, audience engagement, and the ongoing challenges of live mediumship. Let's get into it!

Canterbury Demonstration: The Audience Energy Factor

Last week, I demonstrated in Canterbury—my second to last show of the year. Every year, I say, I want to go out with a bang! And yet, every year, something reminds me that mediumship doesn't always work like that.

It wasn't a bad night, but it was a difficult audience. Not in an unkind or disengaged way—just very hard to place the spirits.

And here's something that always amazes me: How little control a medium has over an audience's engagement.

What Affects the Energy of a Demonstration?

- The first spirit of the night sets the tone. If it's a hesitant connection, that energy can ripple through the room.
- The audience's willingness to participate. Some people only come for their message and check out when it's not them.
- The balance between persistence and letting go. If a message isn't landing, do I hold firm or move on? It's a fine line.

For example, my first spirit of the night was a father. He died of smoking-related causes and came through strong. Yet no one put their hand up.

Finally, after a long pause, someone hesitantly said, "Well... he smoked a pipe."

Now, maybe I said cigarettes specifically (which is on me), or maybe they didn't realise a pipe still counts as smoking. Either way, it completely shifted the energy.

When one message takes too long to land, people disengage. And once that happens, it's hard to pull them back in.

Why Don't People Put Their Hands Up?

- This fascinates me. If you're at a demonstration, and I give ten pieces of correct evidence—why wouldn't you claim it just because one tiny detail feels off?

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Some examples from the night:

- A grandchild was named after a spirit—yet their relative didn't put their hand up until I'd worked for ages.
- A spirit described their occupation, cause of death, and name—but the sitter hesitated because I said “father” instead of “father-in-law.”

Mediumship doesn't exist in a vacuum. It's a collaboration. And that includes the audience.

This is why I talk so much about learning how mediumship actually works. The spirit world doesn't hand me a perfect transcript—I receive impressions, feelings, and symbols that I have to interpret.

Should Sitters Choose Who Comes Through?

At the end of the night, someone asked: “Why don't you just ask us who we want to hear from?”

And it's a fair question!

But here's how I see it:

- A sitter is like a key. When they open their energy, they unlock a frequency where all their loved ones exist.
- I can't “force” a specific spirit to step forward. Sometimes, the right one comes instantly. Other times, it's someone unexpected.
- Spirit personalities matter. Loud, confident spirits are easier to pick up on, just like in life!

If you go to a one-on-one reading, the medium has time to navigate your energy, adjust, and focus on specific loved ones.

A demonstration is different. It's fast-paced, dynamic, and relies on who is most present in that moment.

If you desperately need a message, book a one-on-one. Don't rely on a demonstration for closure.

Why Do Some People Never Get Messages?

A woman in the audience asked: “I've been coming to demonstrations for years. Why has my loved one never come through?”

Here's the reality:

- Time is limited. I only have a few minutes per connection. Not everyone will get a turn.
- Spirit knows who is truly ready. Some people think they want a message, but when they see someone else receiving one, they realise they aren't emotionally prepared.
- The audience's collective energy plays a role. If the night's vibration isn't aligned with a specific spirit, they may hold back.
- Some spirits let others go first. If they know you're okay, they may step aside for someone else in more need.

This is why mediumship isn't just about what we want—it's about what's needed.

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Do Souls Need Healing?

A thought-provoking Instagram post caught my eye recently—someone offering soul healing sessions. And it got me wondering... Do souls actually need healing?

- When we pass, we return to the spirit world—a place of unconditional love.
- If there's no time in spirit, doesn't that mean healing is instantaneous?
- Why would spirit need US to facilitate their healing?

I genuinely want to know—if you're a soul healer, what does that mean to you? Is it more about deep emotional healing in this lifetime? Or are we somehow sending healing energy back to spirit? Let me know your thoughts!

Physical Mediumship: Are We Expecting Too Much?

This is a big one.

I've been questioning what we expect from physical mediumship—and whether our expectations are based on real experiences or past fraud.

- Victorian physical mediumship was FULL of fraud. Most of the famous photographs are clearly staged.
- Modern physical mediumship still relies on darkness. But why? We have night vision now.
- Some well-known physical mediums have been caught faking. So, how do we separate real from fraudulent?

Are we holding physical mediums to impossible standards based on historical deception?

Again, I want to believe. I just think we need to keep asking the hard questions.

Final Thoughts: Keep Questioning, Keep Learning

- Mediumship isn't perfect—it's a process.
- Spirit communication requires trust and flexibility.
- If you feel called to explore new ideas—follow that pull.

I love hearing your thoughts, so reach out! Let's keep evolving together.

Until next time—trust spirit, trust yourself, and keep growing.

Love,

Hannah x

Keywords for SEO: Mediumship demonstrations, evidential mediumship, spirit communication, why spirits don't come through, soul healing, physical mediumship questions, mediumship development, audience engagement in mediumship, spiritual ascension, energy shifts.